



A
COMPREHENSIVE REPORT
ON
NATIONAL CAMPAIGN
ON
HOMOEOPATHY
FOR
MOTHER & CHILD CARE
(2007- 2012)



CENTRAL COUNCIL FOR RESEARCH IN HOMOEOPATHY
New Delhi



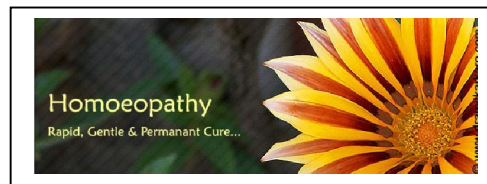


NATIONAL CAMPAIGN

ON HOMOEOPATHY FOR MOTHER & CHILD CARE

HOMOEOPATHY: A BRIEF INTRODUCTION

The Homoeopathic system of medicine is one of the fastest growing complementary/ alternative (CAM) medical systems in the world a system of medicine, based on the principle of "treating like with like". Homoeopaths treat patients and not the diseases and take into account a range of physical, mental and lifestyle factors of patients for the selection of medicines. Hence, Homoeopathy is tailor made for individualized treatment. Homoeopathic medicines stimulate the body's own defense system and allow the body to heal itself. Such medicines are very safe, gentle and do not have toxic side effects. This system, which was first introduced in Germany and came to India in the early nineteenth century, has taken roots in the country and gained mass acceptance, as well as, official recognition. Homoeopathy is unique in that the preventive aspects are given as much importance as the curative. It is also cost-effective and safe.

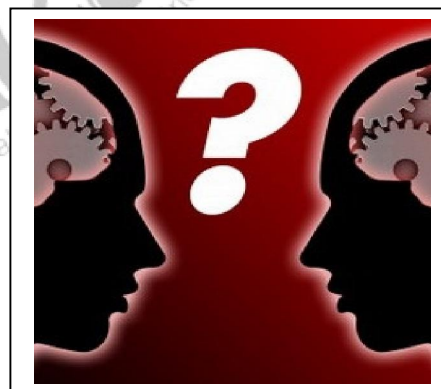


It is a fact that no single medical system can manage all the health care needs of society and every system of medicine has its own areas of strength and weakness. The Allopathic system has effective treatment options in the management of acute infections, accidents and emergencies, surgical conditions, etc. The traditional Indian system of medicine (Ayurveda) is known for its efficacy in managing the life style diseases, etc. Similarly, Homoeopathy has its unique strength in the treatment for allergic disorders, respiratory complaints, gastro- intestinal problems, skin diseases, behavioral problems, etc.

Women and children constitute about 67% of India's population and their health is one of the most important public health issues confronting the country today. Despite all the efforts put in by various Governments, the health indices still display a grim healthcare situation in India. Of particular concern is the morbidity and mortality associated with childbirth in women and with infants and young children.

HOMOEOPATHY AND ALLOPATHY: THE CRUCIAL DIFFERENCE

The cardinal difference between Allopathy and Homoeopathy is in the dosage of the medicine employed in treatment. Through a process of *Potentization* or *Dynamization* (a combination of the successive processes of dilution and succussion), the drug loses its material substance and acquires 'potency'. The higher the dynamization, lower the amount of the crude material substance in the medicine and higher the potency of the final product. In employing remedies according to the principle of Similia, the quantity of the dose is guided by the biological phenomena known as "*Arndt-Shultz Law*" which states that "Weak stimuli increase physiologic activity and very strong stimuli inhibit



or abolish activity." Needless to say, there is only one unique remedy which will be similar at one point of time. Hence Homoeopathy believes in the administration of a single medicine at a time.

Homoeopathic treatment of every individual is indeed a challenge which has to be taken up individually. The objective of a homoeopath is to alter or modify the disordered state of internal balance which will allow the individual to adapt well to the environment in the bio-psycho and social sphere. He also takes support of ancillary measures like diet, regime, nutrition, exercise and wherever needed and indicated is able to appreciate surgical measures.



STRENGTHS OF HOMOEOPATHY IN MOTHER AND CHILD CARE

- Highly beneficial for many diseases related to women and children
- Medicines can be safely administered for various ailments throughout pregnancy without any adverse reaction/side effects
- Can be used during childbirth to contain problems associated with labor and is effective for post-delivery and lactation complaints
- Effective for various diseases of children
- Compliance is good especially in children as the medicines are sweet and palatable
- Simple method of administration
- No drug resistance, no drug dependency and no known side effects
- Treatment is cost effective

SPECIFIC AREAS OF STRENGTH IN PREGNANT WOMEN

The conditions particularly amenable to homoeopathic treatment are:

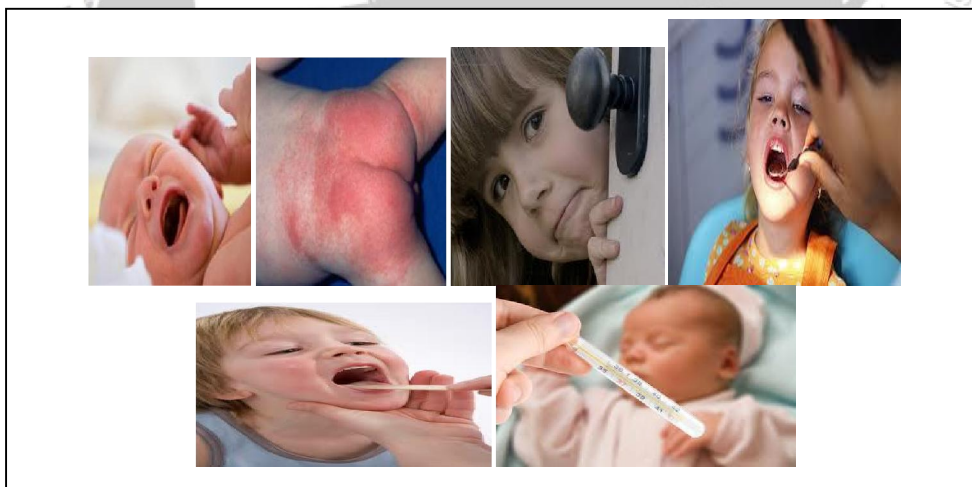
- **During pregnancy:** morning sickness, cough, urinary tract infections, vaginal itching, anxieties and fears, backache, constipation, cramps in legs, flatulence, heartburn and indigestion, piles, recurrent abortions, toothache, etc.

- **After childbirth:** healing of soft tissues, anemia, breast engorgement, deficient secretion of milk, cracked nipples, constipation, retention of urine, painful urination, etc.



SPECIFIC AREAS OF STRENGTH IN INFANCY AND CHILDHOOD

- **Neonates and infancy:** constipation, diarrhea, colic, diaper rash, dentition troubles, eczema, common cold, etc.
- **Childhood:** acute infections, cough and cold, fevers, diarrhoea, vomiting, fears and phobias, temper tantrums, warts, tonsillitis, nocturnal enuresis, injuries, childhood asthma, constipation, urinary tract infections, behavioral disorders and learning disabilities, etc.



These complaints can be successfully treated in Primary Health Centers or homoeopathic Out Patient Departments (OPDs) of hospitals by trained homoeopathic practitioners.

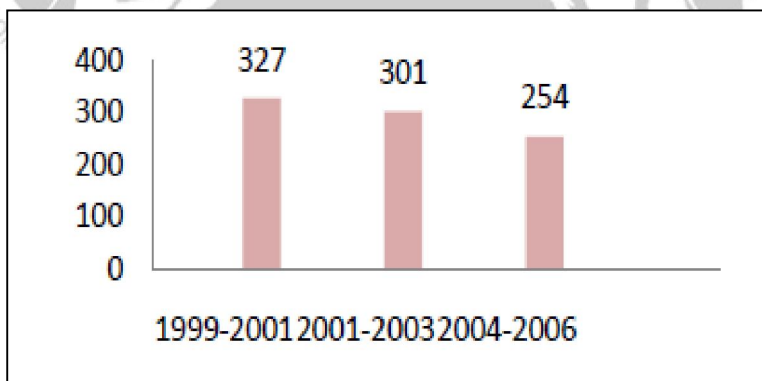
HEALTH STATUS OF WOMEN AND CHILDREN IN INDIA

The health status of women and children in the country remains extremely unsatisfactory even after sixty years of Independence. Of particular concern are the morbidity and mortality associated with childbirth in women and also the high morbidity and mortality of infants and young children.



Considering that women and children constitute **66.7 %** of the population, this is one of the most important public health issues confronting the country. In absolute terms too, the numbers are exceptionally large given that there are around 68.6 crores of women and children who are affected. The maternal mortality rate, i.e. the number of maternal deaths per 100,000 registered live births for India is 301.

The National Health Profile 2006 indicates that 45.9% of children under the age of 3 years are underweight and 38.4% of children are stunted. 79.1% of children in the age group of 6-35 months are anemic. The age specific mortality rate for children in the age group of 0-4 years is very high at 17%. It is estimated that under-nutrition and anaemia are contributory factors in over 50% of under 5 deaths. The major causes of infant mortality continue to be prematurity and low birth weight, poor intra- partum and newborn care, diarrhoeal diseases, acute respiratory infections and other infections. The neonatal mortality rate in India is 37 per 1000 live births, post-natal mortality rate is 21 per 1000 live births and infant mortality is as high as 58 per 1000 live births.



NEED FOR NATIONAL CAMPAIGN

In order to highlight the strengths of AYUSH systems, the Department of AYUSH decided to launch a number of national campaigns to focus on specific disease conditions. The National Campaign on Homoeopathy for Mother and Child Care was one of these campaigns. The National Campaign also aimed at sensitizing policy makers, medical professionals of other systems and the common man about potential role of Homoeopathy in treating mother and child health problems.

GOVERNMENT INITIATIVES

The Government of India has over the years taken a number of initiatives to improve the health status of women and children. In order to effectively improve the health status of women and Children, Government of India during 1997-98 launched the Reproductive and Child Health (RCH) Program. The RCH Phase II which began in April 2005 focused on the reduction of maternal and child morbidity and mortality with emphasis on rural health care.



The National Health Policy (NHP) on AYUSH (Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy) envisages the promotion of good health and the expansion of health care through preventive, promotive and curative interventions through Indian systems of Medicine and Homoeopathy and the phased integration of these systems with modern medicine. The policy recognizes the fact that the Indian Systems of Medicine offer a wide range of treatment that are cost-effective and efficacious. Their inherent advantages such as accessibility, affordability and broad acceptance by the public have to be harnessed for the provision of preventive and curative health care. The AYUSH systems have inherent advantages such as natural plant-based products, low cost, absence of drug toxicity, etc. The holistic nature of these systems is another major advantage.

Recognizing the importance of health in the process of economic and social development, the Government of India launched the National Rural Health Mission (NRHM) in 2005 to provide accessible, affordable and quality health care to the rural population and especially the vulnerable sections of society. The health of women and children is high on the priorities of the NRHM with a reduction in child and maternal mortality and universal access to services related to women's and children's health being two of the key objectives of the Mission. Another key objective of the NRHM is the mainstreaming of AYUSH Systems (Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy) in the health delivery system of the country.





OBJECTIVES OF THE NATIONAL CAMPAIGN

Primary objectives

- To sensitize all stake holders, i.e. Policy Makers, Program Evaluators, Opinion Makers, Homoeopathic, Allopathic and other physicians and NGO's regarding the strengths of Homoeopathy in Mother and Child Care
- To provide a platform for exchange and orientation of knowledge among Homoeopathic, Allopathic and other Physicians concerning the scope of Homoeopathy in Mother and Child Care

Secondary objectives

- Establish linkage among the Educational/Research Institutions, N.G.O's and the clinicians to disseminate the efficacy of Homoeopathy in addressing the health issues pertaining to Mother and Child Care
- Promote greater awareness among Homoeopathic, Allopathic and other practitioners in dealing with issues related to Mother and Child Care
- Create avenues for coordination amongst practitioners of different streams of medicine (AYUSH and Allopathic) for promotion of Mother and Child Care, so that certain complicated conditions related to Mother & Child Health could be jointly dealt with
- Involve practitioners of other systems of medicine to convey strengths of Homoeopathy in Mother and Child Care, so that they can advise their patients to avail of the services of Homoeopathy in the conditions where their therapy is contra-indicated or has limitations
- Determine the applicability of community-based participatory approaches for the future development and implementation of a comprehensive Mother and Child health care program using Homoeopathy

TARGET GROUPS

- Policy & opinion makers
- Medical practitioners
- Common man

EXPECTED OUTCOMES

- Increased awareness of the potential role of Homoeopathy in the management of Mother & Child Health among target group
- Greater awareness of the strengths of Homoeopathy for Mother & Child Health amongst practitioners of all the systems of medicine which would result in an integrated health care approach
- Homoeopathic practitioners will be better equipped to utilize the knowledge acquired from the Campaign in the conditions related to Mother & Child Health
- A significant improvement in Mother & Child Health as a result of homoeopathic treatment



STRATEGY FOR THE NATIONAL CAMPAIGN

Multimedia Campaign

- Advertisements- Electronic & Print media (Newspapers, Magazines, particularly dealing with Health, Homoeopathy & Women & Child issues), Video Films
- Web pages on Mother & Child Care
- Newsletter on Mother & Child Care
- Reference Manuals & Handbooks for the practitioners & resource persons
- IEC material (for the professionals & common man): brochures, posters, handouts, leaflets, video, CD's, etc.
- Interaction with experts (panel discussion)

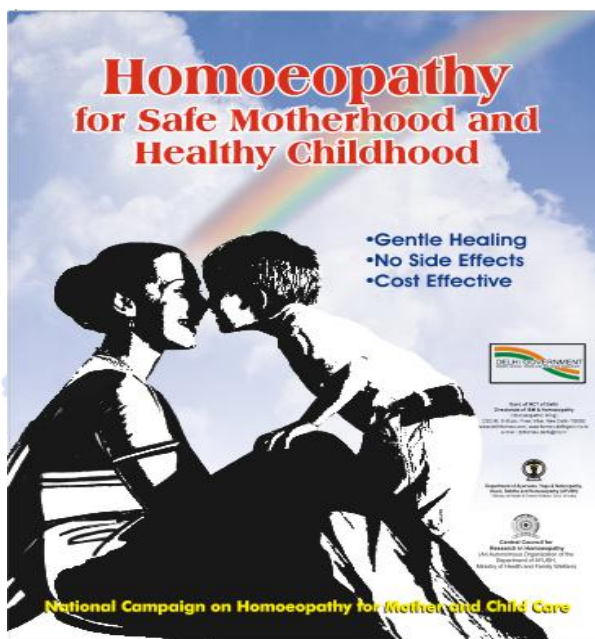
Three Tier Workshop at National, State & District Levels

- The National Workshop was held on 5th & 6th November, 2007 at India Islamic Cultural Centre, New Delhi
- Theme of Workshop: Homoeopathy for Healthy Mother & Happy Child
- Workshop conducted at State level by the State Health Societies & at District Level by the District Health Societies

Other Strategies

- Exhibitions
- Preparation of separate homoeopathic kits for management of health problems related to Mother & Child

NATIONAL WORKSHOP ON HOMOEOPATHY FOR HEALTHY MOTHER & HAPPY CHILD



An Introduction

In the first phase of the campaign, a National Workshop on “*Homoeopathy for Healthy Mother & Happy Child*” was organized at India Islamic Cultural Center, New Delhi during 5th & 6th November, 2007. The workshop was coordinated by the Central Council for Research in Homoeopathy, an autonomous organization of the Department of AYUSH, Ministry of Health & Family Welfare currently Ministry of AYUSH. The workshop was structured to maximize the exposure of the participants to the strengths of Homoeopathy & sensitize them for better policy & program coordination & implementation in order to integrate Homoeopathy at all levels i.e. State & District level with respect to Mother & Child Health Care. This was the beginning of a series of State Level & District Level campaigns proposed for propagating the strengths of Homoeopathy. The workshop aimed at providing a platform for the exchange of information & establishing linkages between the stakeholders so as to carry forward the national campaign.

The participants of the workshop included policy makers, allopathic physicians & homoeopathic physicians. Representation was also seen from homoeopathic pharmaceutical industry, homoeopathic publishers & non-governmental organizations (NGOs) dealing with health care. A total of 292 delegates from India & abroad, including 64 policy makers, 41 allopathic physicians & 163 homoeopathic physicians participated in the workshop. There were 12 representatives of homoeopathic industries & 12 from NGOs from all over India.

The resource persons at the workshop were representatives of these groups of participants. They included homoeopathic physicians from India & abroad, allopathic physicians who further studied Homoeopathy & are practicing Homoeopathy, Policy Makers including

Health Secretaries & Mission Directors of National Rural Health Missions (NRHM) or their representatives.



The introductory session at the workshop was a plenary session, was chaired by Mrs. Anita Das, Secretary, Department of AYUSH who introduced Homoeopathy & its role in Mother & Child Care to the audience. Also, the concept of mainstreaming of AYUSH was introduced to the participants. The breakaway groups on the first day of the workshop gave emphasis on concept clarification & identification of group specific problems and issues. Resolutions were made by individual groups taking into consideration the future role they are expected to play in carrying forward the National Campaign. On the second day of the workshop only plenary sessions were held where the resource persons shared specific success stories with the participants. The plenary sessions resulted in formation of resolutions whilst creating avenues for coordination & future cooperation.

The workshop also aimed to assist the participants in acquisition of practical knowledge that would lend them to the future capacity to replicate this workshop at state & district levels & become active participants in the Mother & Child Health programs in India, through Homoeopathy.

INAGURATION & VALEDICTORY SESSION

The National Workshop was inaugurated by Hon'ble Union Minister of State for Health & family Welfare, Smt. Panabaka Lakshmi on 5th Nov 2007 by garlanding the statue of Dr. CFS Hahnemann & lighting the lamp. Other dignitaries on the dais were Smt. Anita Das, Secretary, Department of AYUSH; Shri Verghese Samuel, Joint Secretary, Department of AYUSH; Dr. Diwan Harish Chand (Guest of Honour) & Prof. Dr. C. Nayak Director, CCRH.

The Valedictory Session on 6th November 2007 was graced by the Honourable Union Minister for Health & Family Welfare, Dr. Anbumani Ramadoss as the Chief Guest. He emphasized the need for integrating the various Indian Systems of Medicine & Homoeopathy with the mainstream healthcare delivery in the country. Other dignitaries present on the dais

were Smt. Anita Das, Secretary, Department of AYUSH; Dr. S.P. Singh, Advisor, Homoeopathy, Department of AYUSH; Shri Verghese Samuel, Joint Secretary, Department of AYUSH; Prof. N.K. Ganguly, Director General, ICMR and Prof. Dr. C. Nayak, Director, CCRH.



RELEASE OF PUBLICATIONS ON MOTHER & CHILD CARE

Specific resource material & literature were prepared for the workshop. The commitment of the Government of India was reflected by the presence of Honourable Union Minister of State for Health and Family Welfare & Union Minister for Health & Family Welfare. On the occasion, three publications related to the National Campaign on Homoeopathy for Mother & Child Care, namely '*Manual on National Workshop on Homoeopathy for Healthy Mother & Happy Child*', '*Strategic Development of Homoeopathy for Mother & Child Care*' and '*Homoeopathy for Mother and Child Care- An Overview*' were released.



RELEASE OF HOMOEOPATHIC KIT FOR THE COMPLAINTS OF THE MOTHER & CHILD

During the workshop, Honourable Union Minister for Health & Family Welfare, Dr. Anbumani Ramadoss, Chief Guest released the *Homoeopathic Kit for the complaints of the Mother & Child*. The kit included homoeopathic medicines with their indications in common conditions related to the Mother & Child Health.





RESOLUTIONS / RECOMMENDATIONS OF THE WORKSHOP

Shri Verghese Samuel, Joint Secretary (AYUSH) presented the following recommendations made in the workshop

1. Homoeopathic medicines are effective for certain common diseases and conditions relating to the mother and the child where no hospitalization or expensive investigation procedures are required and as such, there is a strong case for popularizing and utilizing the system at the primary and secondary health care delivery system level.
2. A focused and carefully targeted awareness program needs to be organized to inform and educate the public and practitioners of other systems of medicine about the strengths of Homoeopathy in the area of Mother and Child care.
3. Financial and technical support for the Information, Education & Communication (IEC) activities should be provided to the State Governments by the Government of India.
4. The State Governments must set up more Homoeopathic Indoor and Outdoor treatment facilities in existing allopathic hospitals under the NRHM. Alternatively, the State Governments could obtain funds from the Department of AYUSH under the Centrally Sponsored Scheme (Hospitals and Dispensaries) for the purpose.
5. The administrative set up for Homoeopathy in the State Governments requires to be strengthened.
6. The Homoeopathic Medical Colleges, NGOs working in the health sector and social service sector should be involved in the campaign.
7. There should be a National Task Force under the Department of AYUSH with representatives from the State Governments to plan and coordinate the campaign.
8. The Panchayati Raj institutions and Urban Self-government institutions should also be involved in the campaign.
9. Simple homoeopathic remedies for common ailments may be included in the School Health Programs.
10. A core group should be sent up consisting of experts of Allopathy and Homoeopathy to make recommendations regarding the specific conditions related to Mother and Child care which can safely and effectively be treated by Homeopathy. The core group will also make recommendations regarding the manner in which PHCs and CHCs in the public health care system and CGHS units will provide homoeopathic treatment for mother and child care.
11. There is urgent necessity to improve the quality of obstetric care and gynecological training given in homoeopathic medical colleges. Attachments to allopathic medical colleges for such training may be considered where the number of labor and gynecological cases is low in homoeopathic medical colleges.
12. A CME program for practitioners exclusively on mother and child care should be evolved and implemented at district level.

13. A dialogue with the Medical Council of India should be initiated to provide for admission of Homoeopathic graduates in PG courses of Preventive & Social Medicine and Community Medicine.
14. To set up Resource centers at central and state level.
15. Orientation modules on Homoeopathy for allopathic doctors should be prepared.
16. Need and demand outreach models of the kind used by the Dr. M.L. Dhawale Memorial Trust may be adopted in the states.



POST -WORKSHOP ACTIVITIES

Publications related to Mother & Child Health released during the Campaign

1. Handbook on Homoeopathy for 'Mother and Child Care'
2. Handbook on Homoeopathy for 'Mother and Child Care' (Hindi)
3. Training Manual Vol. 1 Homoeopathy for Mother and Child Care (Obstetrics)
4. Training Manual Vol. 2 Homoeopathy for Mother and Child Care (Pediatrics)
5. Training Manual Vol. 3 Homoeopathy for Mother and Child Care (General Topics)
6. Manual of National Workshop on Homoeopathy for Healthy Mother & Happy Child
7. Homoeopathy for Mother & Child Care: An overview
8. Mainstreaming Homoeopathy for Mother & Child Care
9. Strategic Development of Homoeopathy for Mother & Child Care



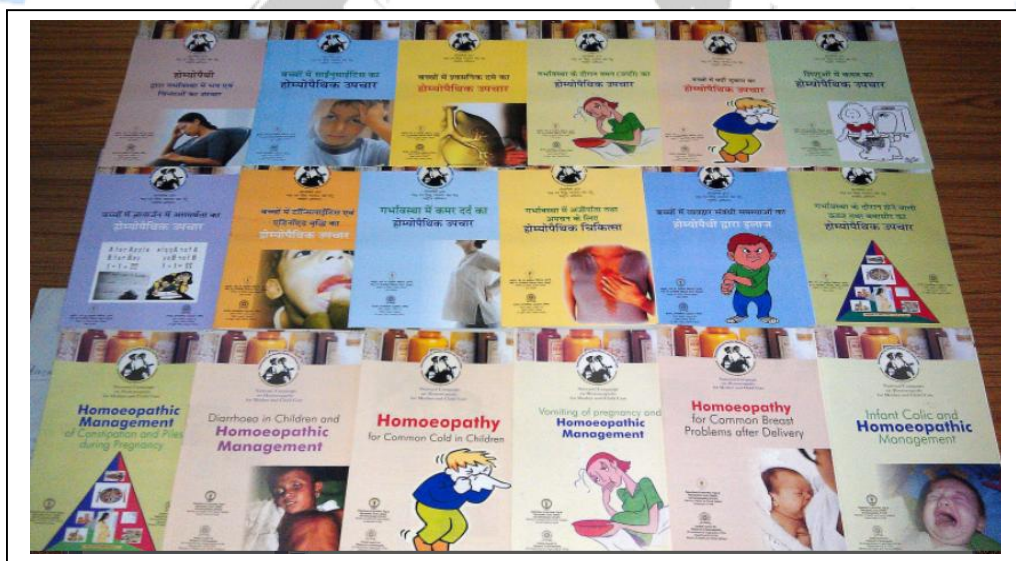
IEC Material & Video Spots

Aiming to create widespread awareness amongst masses, Council had designed IEC material on conditions related to Mother & Child Health. These handouts were distributed free of cost at Community Awareness Camps, MCH OPD Clinics & other events where the activities of Campaign were promoted.

Two video spots on *Homoeopathy for Mother & Child Care* & *Sweet Pills* were also developed with a purpose to promote Homoeopathy by means of visual media.

The following is the list of handouts prepared for the Campaign:

1. Homoeopathy for Heartburn and Indigestion during Pregnancy
2. Homoeopathic Management of Constipation and Piles during Pregnancy
3. Homoeopathic Treatment of Anxiety and Fears in Pregnancy
4. Homoeopathy for Common Breast Problems after delivery
5. Homoeopathic Management of Backache during Pregnancy
6. Vomiting of Pregnancy and Homoeopathic Management
7. Homoeopathic Management of Dentition Troubles in Children
8. Behaviour Problem in Children and Homoeopathy
9. Homoeopathy for Acute Bronchitis in Children
10. Homoeopathy for common cold in Children
11. Constipation in Children and Homoeopathic Management
12. Homoeopathy for Sinusitis in Children
13. Homoeopathy for learning Disabilities in Children
14. Infant Colic and Homoeopathic Management
15. Homoeopathy for Bronchial Asthma in Children
16. Homoeopathy for Tonsillitis and Enlargement of Adenoids in Children
17. Diarrhoea in Children and Homoeopathic Management



ACTIVITIES & ACHIEVEMENTS

Achievements- year wise

S. No.	Activity	2008-2009	2009-2010	2010-2011	2011-2012
1.	State Level Workshop	12	22	-	-
2.	State Level Training of Trainers	-	30	13	-
3.	District Level Orientation Program	-	37	56	-
4.	District Level IEC Activity	-	37	56	-
5.	District Level Training Program	-	21	34	-
6.	Community Awareness Camps through Homoeopathic Medical Colleges	-	-	920	320
7.	Community Awareness Camps through CCRH Units/ Institutes	-	-	179	240
8.	MCH Clinics through Homoeopathic Medical Colleges	-	-	96	57
9.	MCH Clinics through CCRH Units/ Institutes	-	-	26	26

TOTAL NUMBER OF PATIENTS BENEFITTED THROUGH NATIONAL CAMPAIGN

Sl. No.	Year	Patients benefitted from MCH camps and clinics conducted through homoeopathic medical colleges and CCRH research centers
1.	2010-11	2,93,072
2.	2011-12	1,30,923
Total		4,23,995

Status of State Level Activities

ANDHRA PRADESH



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program (TOT)	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	106
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical Colleges	8
5.	Total no. of patients screened through Camps & Clinics	17264

STATE LEVEL WORKSHOP

The workshop was organized by Department of AYUSH, Govt. of Andhra Pradesh on 24-25 March 2008 at the I.I.C.T. Auditorium, Habsiguda, Hyderabad.

Views of Chief Guest, **Smt. Panabaka Lakshmi, Hon'ble Union Minister of State for Health & Family Welfare Govt. of India:**

- Allopathic doctors use homoeopathic medicines but they don't agree openly
- In order to stabilize Homoeopathy, evidence based proofs are more important & thus more focus should be laid on this matter
- All ASHA workers should be given homoeopathic kits
- Press & media people should cooperate in the propagation of the AYUSH system



Views of Dr. Vijay Kumar, Commissioner, Dept. of AYUSH

- Homoeopathy has a better role in primary dentition problems in children than allopathy
- To involve other physicians from allopathic field in propagating homoeopathy
- In order to integrate homoeopathy with mainstream health care system of the country, department can initiate one year PG diploma for practicing allopathic doctors

Technical Activities

Many different topics of clinical significance were discussed through the course of two-day workshop. Topics like Scope & Limitations of Homoeopathy in Mother & Child Health, Socio-Economic impact on Maternal Health, Homoeopathic First Aid in Mother & Child Health, Scope of Homoeopathy in Paediatric Disorders were discussed with much enthusiasm from the participants. Dr. G.G.K. Narasimham, Principal, JSPS Homoeopathic Medical College, Hyderabad, spoke on the role of Homoeopathy in MCH.

Apart from the government organizations, there were few representations from the non-government organizations as well. For instance, Mrs. Vasupradha Kartik, Counselor & Psychotherapist, Bhiksha Foundation, Hyderabad, spoke on Prevention of disability, a holistic perspective. Mrs. B. Vijay Lakshmi, Central Development Active Computing (CDAC), spoke on Dissemination of Woman & Child Health related information through India Development Gateway portal. In the concluding session, Mrs. Piyush Antony spoke on UNICEF. The workshop ended with an open discussion with the moderators & other participants.

Resolutions/ Recommendations

1. To conduct the district level workshops for AYUSH physicians & sympathizers of Homoeopathy
2. Sensitizing the role of Mother & Child Health in Health Care delivery system at the grass root level by coordinating with N.G.O.'s
3. To implement the uniform drug policy in Healthy Mother & Child Care
4. To supply Homoeopathic medicines by the way of kits for implementation of Healthy Mother & Happy Child program

STATE LEVEL 'TRAINING OF TRAINERS' PROGRAM

Dept. of AYUSH, Govt. of A.P. conducted 2 State Level 'Training of Trainers' Programs during 5th to 9th Oct. 2009 & 1st to 5th Dec. 2009 at Hyderabad & Rajahmundry respectively. At Hyderabad, Dr. G. Janardhan Reddy, Member, Governing Body of Central Council for Research in Homoeopathy (CCRH) at the state resource center, J.S.P.S. Govt. Homoeopathic Medical College, Hyderabad appreciated the efforts of the Central Council for Research in Homoeopathy for its crucial role in implementation of the National Campaign & advised the trainers to utilize homoeopathy in reducing the infant & maternal mortality. He further explained the role of homoeopaths in various preventive programs.

Dr. Prasad, Surveillance Medical Officer & Consultant, World Health Organization stated that concerted efforts of homoeopaths & allopaths are needed in implementation of several national health programs viz. reducing the maternal & infant mortality rate including polio



eradication. He further added that huge manpower of homoeopathic practitioners has to be utilized in the right direction to achieve the objectives of the National Health Policy.

Dr. P Raghava Reddy, Member Secretary, A.P. State Campaign on Homoeopathy inaugurated the TOT Program at Dr. A.R. Govt. Homoeopathic Medical College, Rajahmundry

Both the programs were successful as the topics covered during the program were well appreciated by the participants.

Technical Activities

Some of the topics discussed in both the TOT programs are as follows:

- Normal Pregnancy & Care
- Antenatal Complaints
- Common disorders during pregnancy
- Hypertension in pregnancy
- Intra- uterine growth retardation
- Abortions- Types & Management
- Post- natal care & complaints
- High risk pregnancies
- Contraceptive methods and family planning
- Common psychological problems in Children & their Homoeopathic approach
- Level of prevention & scope & limitation of Homoeopathic physicians in prevention

DISTRICT LEVEL PROGRAMS

Dept. of AYUSH, Govt. of A.P. organized 4 District Level Orientation Programs along with IEC activities which were then followed by 4 District Level Training of Homoeopathic Physicians.

ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program & IEC Activity (4,4)	12/2/10	Govada, Guntur
	17/2/10	RASS Auditorium, Tirupathi
	20/2/10	Bathalapalli, Ananthapur
	22/3/10	Swashakthi College, Karimnagar
District Level Training Program (4)	09/11/09-11/11/09	Govt. Hom. Medical College, Kadapa
	16/11/09-18/11/09	Dr. Gururaju Govt. Hom. Medical College, Guduwada
	01/02/10-03/02/10	SVS Medical College, Mahaboob Nagar
	26/02/10-28/02/10	Maharaja Institute of Hom. Medical Sciences, Vizianagaram

The **first** District Level training program for Homoeopathic Practitioners on “Homoeopathy for Mother and Child care” was held at Government Homoeopathic Medical College, Kadapa from 9th to 11th Nov. 2009. Addressing the participants, Dr. Mohan Rao, Regional Director, spoke on the need for up gradation of the knowledge of practitioners of any medical system and need for acquaintance with the latest developments across the globe. He further emphasized on the need of these types of training or orientation programs and role of active participation of the practitioners to update their knowledge. He also highlighted the importance



of the integration and co ordination of the services of the all the systems of medicine to achieve the ultimate goal of Health for All. As a part of this, the first step of establishment of AYUSH unit in the premises of Primary Health Centers and Community Health Centers is a welcoming gesture by the Governments.

Dr. K.V. Seshaphani, Principal, Govt. Homoeopathic Medical College, Kadapa expressed sincere thanks to the Central Council for Research in Homoeopathy, New Delhi and Ministry of Health and Family Welfare, Govt. of India for the a privilege conferred to the institute for organizing the training program. While addressing the participants, he requested them to make best use of the training program and enrich their academic knowledge.

The **second** District Level training of Homoeopathic Practitioners was held at Dr. Gururaju Govt. Homoeopathic Medical College, Gudiwada from 16 to 18 Nov., 2009. The program was inaugurated by Dr. Krishna Prasad, Regional Deputy Director, Dept. of AYUSH, Govt. of Andhra Pradesh, who in his inaugural address stated that mothers & children deserve high priority in all areas of community services & especially in the treatment of their diseases. He applauded the efforts of the Central Council for Research in Homoeopathy in taking up the campaign on Homoeopathy for Mother & Child Care & also preparing training materials at par with allopathic training modules. He further stated that in his jurisdiction of 5 districts, all the medical officers would be instructed to concentrate on Mother & Child care programs with the sole objective of reducing the maternal & infant mortality rate.

The **third** District Level training of Homoeopathic Practitioners was held at SVS Medical College, Mahaboob Nagar, from 1st to 3rd Feb. 2010. The inaugural program witnessed the release of handbook on Homoeopathy, calendars & handouts highlighting the efficacy of Homoeopathy in Mother & Child Health care. Dr. E.N. Sundaram, Assistant Director, Drug Standardization Unit, CCRH addressed the participants & informed them about the activities of CCRH in implementing the National Campaign. Dr. C. Srinivas Reddy, Assistant Professor, J.S.P.S. Govt. Homoeopathic Medical College & Resource person from the State Resource Center, Hyderabad gave an overview of the aims & objectives of the training program.

The **fourth** and last of the District Level training of Homoeopathic Practitioners was held at Maharaja Institute of Homoeopathic Medical Sciences, Vizianagaram from 26th to 28th of Feb. 2010. The program started with the inauguration by Sri Murthy Garu, Chairman of Maharaja Institute of Medical Sciences & was followed by an introductory lecture on TOT program & its objectives by Dr. G. Srinivasulu.

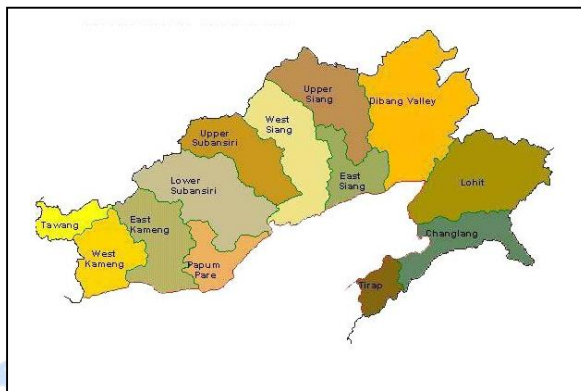
Technical Activities

The entire district level campaign turned out to be a big success considering the education & knowledge it imparted to many physicians all over Andhra Pradesh. Many learned doctors had presented papers on a wide variety of topics relating to mother & child health. Participants found it beneficial to attend the program & were keen on rendering their services to those in need.

Glimpse of activities in the state



ARUNACHAL PRADESH



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program (TOT)	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	23
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	2
5.	Total no. of patients screened through Camps & Clinics	5595

STATE LEVEL WORKSHOP

The Arunachal Pradesh State Health Society (AYUSH) organized two-day State Level campaign-cum orientation workshop on Homoeopathy for Mother and Child Care on 14 and 15, December 2009 at Banquet Hall, Itanagar, Arunachal Pradesh.

Shri Tanga Byaling, Hon'ble Minister Health & Family Welfare, Arunachal Pradesh inaugurated the workshop on 14th December, 2009. He addressed the gathering & highlighted the following:

- Growing acceptance and popularity of Homoeopathy in the State of Arunachal Pradesh
- Mass awareness about the various Indian systems of medicine for the benefit of the people of Arunachal Pradesh
- Availability of medicinal plants in the state
- Mass cultivation of medicinal plants which can be used for treatment of common ailments of mother and child and it can also serve as a source of income



Objectives

- To sensitize the stake holder's i.e. policy makers, practitioners of different systems of medicines, NGOs, media persons, etc. regarding strengths of Homoeopathy in mother and child care
- To provide platform for the exchange of information and establishing linkage between these stakeholders so as to carry forward the campaign at district and block level.

Views of dignitaries

Dr. B.V.S. Murty, Deputy Director of Health Services (AYUSH), Directorate of Health Services, Arunachal Pradesh

- Central Govt. is committed to promote Homoeopathy and infuse wisdom of traditional medicine with methodology of modern science
- Presently, 51 Homoeopathy, 13 Ayurvedic and 1 Unani dispensaries are functioning in the state of Arunachal Pradesh

Dr. Eswara Das, Director, National Institute of Homoeopathy, Kolkata, Govt. of India

- Appreciated the Govt. of Arunachal Pradesh for creating infrastructure for AYUSH in the state
- The State could be Model State for the Country in integrated approach to health care

Shri Y.D. Thongchi, Commissioner, Health & Family Welfare, Govt. of Arunachal Pradesh

- Role of homoeopathic medicine in dealing with the common ailments of mother during pregnancy, delivery, lactation period and ailments of infants

Total number of participants- 205 including 15 policy makers, 9 resource persons, 114 homoeopathic doctors, 15 allopathic doctors, 12 Ayurvedic doctors, 1 Unani doctor, 13 NGOs & 6 media persons.

Technical Activities

During the impressive presentations and discussions, the resource persons narrated the scope and limitations of Homoeopathy in common maternal diseases and infant/ children disorders and their optimum homoeopathic management. The following topics were covered during the workshop:

- Mainstreaming of Homoeopathy
- Role of Homoeopathic constitutional medicines for maintaining normal pregnancy
- Common surgical problems in pediatrics
- Common neonatal problems
- Homoeopathic approach for common Obstetric and Gynaecological cases

- The basic components of the new WHO Antenatal care Model
- Homoeopathy care: What it offers in children
- MCH intervention under NRHM
- AYUSH in the State of Arunachal Pradesh

Exhibition / IEC material

The Regional Research Institute of Ayurveda, Itanagar organized an exhibition of medicinal plants and booklets / poster on health care for mother and child. Same were distributed to the participants in the workshops.

Resolutions/ Recommendations

1. Physicians of different systems of medicine along with modern system of medicine should be posted to General / District Hospitals /CHCs/PHCs where there is cafeteria approach available for the patients to choose their system of treatment and will also get scope to easy cross referral of the cases to the appropriate system as per the need of the cases for the benefit of the patients
2. Sufficient and standard quality of homoeopathic medicines to be made available in every homoeopathic dispensary/ unit.
3. Every homoeopathic dispensary/ unit should have one day in a week for antenatal/mother and child care OPD
4. North East Homoeopathic Medical College, Itanagar may be integrated in mother and child care health program

STATE LEVEL 'TRAINING OF TRAINERS' PROGRAM

Arunachal Pradesh State Health Society, Dept. of AYUSH, Arunachal Pradesh organized five days Training of Trainers program from 6 to 10 July, 2010 at Seminar Hall of General Hospital, Naharlagun, Itanagar.

Total number of participants- 43; 24 Medical Officers (H) & Senior Medical Officers (H) from Govt. of Arunachal Pradesh, 6 participants from Homoeopathic Medical College & Hospital and 13 Resource Persons

The program was inaugurated by **Chief Guest Shri Nido Pavitra, Hon'ble Parliamentary Secretary, Health & Family Welfare, Govt. of Arunachal Pradesh.** Addressing to the homoeopathic physicians who had come from various districts of Arunachal Pradesh, he stressed on the following:

- Dedication of doctors in accomplishing their duties towards the people



- Emphasized on the importance of homoeopathic therapeutic system of medicine for treatment of common complaints during pregnancy and common ailments of infants and children, which helps to reduce infants and maternal morbidity and mortality rates
- After gaining the requisite exposure through the TOT program, all the participants should try to create awareness among the common people regarding the strengths of homoeopathic system, which is safe, affordable & effective
- Wealth of medicinal plants available in the state, in their kitchen gardens which would generate a source of income for the people

Dr. T. Basar, Director of Health Services, Govt. of Arunachal Pradesh, while giving his welcome address, advised the doctors to realize their duties towards the profession and requested to render their services with utmost care and dedication. He also emphasized on public awareness campaigns to achieve the goal of safe mother and healthy child in the state through integrated approach.

In his keynote address, Dr. B.V.S. Murthy, Deputy Director (AYUSH), Directorate of Health Services, Govt. of Arunachal Pradesh, informed about aims and objectives of the TOT program and said that the centre is committed to promote Homoeopathy and infuse the wisdom of traditional medicines with methodologies of modern science.

Dr. M. Jini, Chief Medical Officer, Arunachal State Hospital, Naharlagun, while extending his vote of thanks said that such training programs (TOT) on Homeopathy for Mother and Child Care would immensely benefit the participants through the lectures by experts and experienced resource persons, on various important topics, relating to mother & child health.

Technical Activities

Some important topics discussed in the TOT program are as follows:

- Common surgical problems in paediatric age groups
- Complaints complicating pregnancy- asthma, glycosuria, malaria, HIV/AIDS etc.
- Ante-natal complaints- Nausea, Vomiting, Pisa, Anxiety & Fears, headache, Backache etc.
- Post-natal complaints & care- puerperium; post-natal care, retention of urine, puerperal fever, etc.
- Infants & children- essential new born care, warning signs in young infants, birth defects etc.
- Complaints of urinary system in children- UTI, nephrotic syndrome, acute renal failure, etc.
- Skin disorders in children- tinea, scabies, molluscum, pyoderma, impetigo, etc.
- Birth spacing & family planning- contraceptive methods, counseling.
- Complaints of young infants- low birth weight, diaper rash, umbilical sepsis, hypothermia, etc.

- First Aid- resuscitation techniques, choking in children, bleeding control, hyperpyrexia etc.

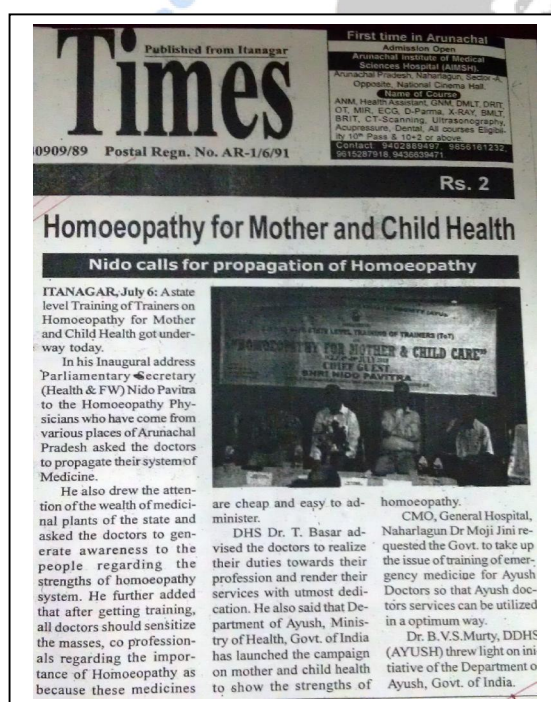
Exhibition/ IEC Material

Training manuals & three volumes of books on obstetrics, paediatrics & general topics and a number of other informative booklets on health care through homoeopathic medicines for mother & child were distributed amongst the participants.

Session wise assessment was done by the participants along with post training assessment which was done at the end of the program.

Press Release

Inaugural program of TOT was highlighted in the front page of 'Arunachal Front' & 'The Arunachal Times' on 7th July, 2009



DISTRICT LEVEL PROGRAMS

ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program & IEC Activity (3,3)	08/10/10	V.K.V. Auditorium, Lower Dibang Valley District
	21/12/10	Lower Subansiri
	02/12/10	Upper Subansiri

The District Level Campaign cum Orientation Workshop on Homoeopathy for Mother and Child Care was held on 8 2010 at V.K.V. Auditorium Roing, Lower Dibang Valley District, Arunachal Pradesh.

While speaking as Chief Guest, Shri Laete Umbrey, Hon'ble MLA said that since the district is a treasure of medicinal plants, establishment of AYUSH hospital is very much essential and such hospital will provide cheaper health services to the general public.

As Arunachal Pradesh is store house of medicinal plants and herbs, Dr. A. Raghu, the Guest of Honor advised the state Government to promote harvesting of these plants through various centrally sponsored AYUSH Schemes.

Total number of participants- 119

The topics discussed in the session were:-

1. Pregnancy Care
2. Plants used for preparation of homoeopathic Medicines
3. Constipation in children and homoeopathic management
4. New born care by Dr. N. Yirang

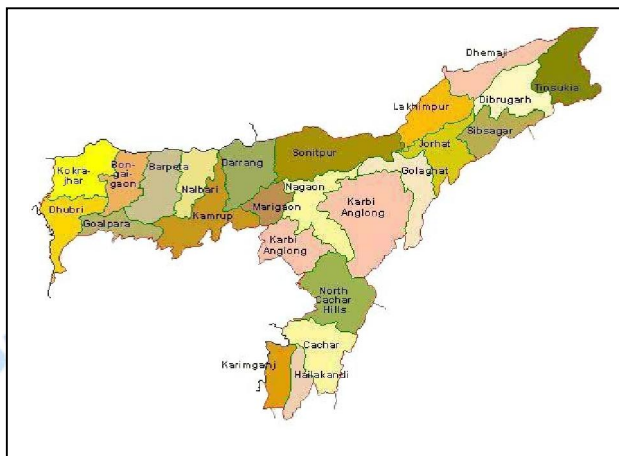
In his concluding remarks, Dr. A. Raghu, Chairman of Technical Session, expressed his happiness for organization of such workshop as all the topics discussed were very informative for the participants. He also gave a brief account on the use of Ayurvedic medicines for Mother and Child Care.

Glimpse of activities in the state





ASSAM



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop (TOT)	1
2.	State Level training of Trainers Program	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	11
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	2
5.	Total no. of patients screened through Camps & Clinics	5483

STATE LEVEL WORKSHOP

The State Task Force for Campaign on Homoeopathy for Mother & Child Care, Govt. of Assam had organized a two-days State Level Workshop which was held on 25 & 26 March, 2009 at Cultural Complex, Machkhowa, Guwahati, Assam.

The ceremony was inaugurated by Mr. J.C. Goswami, Commissioner & Secretary, Health & Family Welfare Department, Govt. of Assam and was presided over by Dr. D Hojai, Director of Health Services, Assam. Dr. D. Hazarika, Director of Medical Education, Assam released the Souvenir.

Views of dignitaries

Mr. Goswami in his inaugural speech stressed on the following points:



- Need for coordination among the professionals of the modern medical systems and Homoeopathy
- Integration of Homoeopathy with primary health care delivery system, since the prime aim of the campaign is to reduce the mother and infant morbidity and the treatment of common ailment of mother and child

Total number of participants- 200; Officials from State Government, Allopathic & Homoeopathic Medical Officers from different **PHC, CHC, DH** of the state, teaching faculties of Homoeopathic, Ayurvedic and Allopathic Medical Colleges, Research Officer of RRI (H) Guwahati, NGOs, General Practitioners and leading citizens of Guwahati.

Technical Activities

The State Workshop focused to sensitize the participants about the role of Homoeopathy in mother and child care.

STATE LEVEL 'TRAINING OF TRAINERS' PROGRAM

Five days 'Training of Trainers Program' on "Homoeopathy for Healthy Mother and Happy Child" was organized by the Program Management Unit, AYUSH under NRHM, Assam at the state Institute of Health and Family Welfare, Assam situated at Six Mile, Khanapara during 23rd - 27th January, 2010.

Total number of participants- 50; 17 Medical Officers (H) from State Health Services, 15 teaching faculties from three Homoeopathic Medical Colleges of Assam (at Guwahati, Nagaon and Jorhat), 14 homoeopathic Practitioners and 4 members of Board of Homoeopathic System of Medicine, Assam.

The training program was inaugurated by Dhuruba Hojai, Director of Health services, Assam. Dr. H.S. Islam, Dy. DHS (H) Program Officer (AYUSH) and Member Secretary, Task Force for National Campaign on Homoeopathy described the objectives of the training.

Technical Activities

Manuals of Obstetric and Paediatrics were given to the participants along with the training module prepared by Central Council for Research in Homoeopathy.

All the twenty five sessions for five days were conducted by renowned resource persons from Allopathic and Homoeopathic fraternity. The resource persons appreciated the training program and commended that the manuals prepared by the Central Council for Research in Homoeopathy, New Delhi are of high standard and very much useful. All the participants were highly satisfied by the deliberations of the resource persons in the field of Mother and Child Care.



DISTRICT LEVEL PROGRAMS

ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program & IEC Activity(2,2)	24/02/10	Assam Homoeopathic Medical College & Hospital, Haiborgaon, Nagaon
	26/02/10	Dr. J.K. Saikia Homoeopathic Medical College & Hospital, Club Road, Jorhat
District Level Training Program (2)	26 -28 March '10	Assam Homoeopathic Medical College & Hospital, Haiborgaon, Nagaon
	18- 20 March '10	Dr. J.K. Saikia Homoeopathic Medical College & Hospital, Club Road, Jorhat

The **first** District Orientation Program was held in Assam Homoeopathic Medical College & Hospital, Haiborgaon, Nagaon, Assam on 24th February, 2010. The aim of the program was to bring awareness on the utility and potential of Homoeopathy in the prevention and treatment of diseases of mother and child among general public, representatives of administration, non-governmental organization (NGOs), allopathic practitioners, paramedical personnel and health workers etc.

Total number of participants- 100

The 6 sessions of the orientation program were conducted by renowned resource persons, who were Homoeopathic and Allopathic faculty members and professionals. All participants expressed their gratitude for organizing such a program and enlightened them on scope of Homoeopathy in the field of Mother and Child Care.

Two District Level IEC Activities were inaugurated in the districts of Nagaon & Jorhat on 25th & 27th February 2010 respectively. Students from Homoeopathic Medical Colleges and volunteers carried on the IEC activities through poster campaign etc. in the college campus and places in both the districts.

Three days District Level Training of Homoeopathic Practitioners on “Homoeopathy for Health Mother & Happy Child” was held in Nagaon district on 26th, 27th & 28th March 2010 at Assam Homoeopathic Medical College & Hospital, Haiborgaon, Nagaon. The second program was held in Jorhat district on 18th, 19th & 20th March 2010 at Dr. J.K. Saikia Homoeopathic Medical College & Hospital, Jorhat. The manuals prepared by CCRH were distributed to the 20 participants for self study before the training program.

The **second** District Level Orientation Program was held at Dr. J.K. Saikia Homoeopathic Medical College & Hospital, Assam on 26th February 2010.

Total number of participants- 100

Five sessions were conducted during the day long program & were well received by all the participants. Many different conditions related to mother & child health were discussed at length, focusing on the role of Homoeopathy in those conditions.

Glimpse of activities in the state





BIHAR



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level training of Trainers Program	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	122
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	10
5.	Total no. of patients screened through Camps & Clinics	19543

STATE LEVEL WORKSHOP

Directorate of Indian System of Medicine & Homoeopathy, Dept. of Health, Govt. of Bihar, extended thanks to the Department of AYUSH, Govt. of India for assisting financially to organize the State Level Workshop. The Dept. also extended their sincere thanks to Central Council for Research in Homoeopathy, New Delhi and the National Institute of Homoeopathy, Kolkata for their support in organizing the Workshop.

Resolutions/ Recommendations

1. Propagation of the strengths of Homoeopathy in Mother and Child Care through all available networks of Health Infrastructure in the State
2. Request the State Government to strengthen the infrastructure in Directorate of I.S.M & Homoeopathy, Govt. of Bihar to achieve the objectives soon
3. Special request to Dept. of AYUSH, Govt. of India for consideration of Bihar so that the growth of AYUSH sector in Bihar could be improved
4. Maximum programs to be taken up in future for propagation of AYUSH in the State



5. Recommendation to the Department of AYUSH, Govt. of India to allot 2 seats in each subject in M.D. (Hom.) for homoeopathic doctors from Bihar, in National Institute of Homoeopathy, Kolkata because there are many B.H.M.S. students in the State of Bihar

STATE LEVEL TRAINING OF TRAINERS PROGRAM

Shri Ashwini Choubey, Houourable Minister of Health, Dept. of Health, Govt. of Bihar inaugurated the five day State Level Training of Trainers Program on 5th April, 2011 at State Institute of Health & Family Welfare, Sheikhpura, Patna. Mr. Amarjeet Sinha, Principal Secretary, Dept. of Health, Govt. of Bihar was present as the Chief Guest along with Mr. Sanjay Kumar, Secretary, Dept. of Health, Govt. of Bihar. Dr. S.S. Singh, Deputy Director (H), Directorate of ISM & H, Bihar, Patna welcomed the participants who came from different parts of the state.

Aim- To build capacity and skill of Homoeopathic Physicians to train other Homoeopathic Physicians to effectively manage Mother & Child Health related problems

Goal:

- a. Infant Mortality Ratio reduced to 30/1000 live birth by 2012
- b. Maternal Mortality Ratio reduced to 100/100000 live births
- c. Total Fertility Rate reduced to 2:1 by 2012
- d. Increase CPR (Couple Protection Rate) by 2012
- e. Decrease in unmet needs

Anticipated outcome- i) Increased awareness of the potential role of Homoeopathy in the management of Mother & Child Care problems & for maintaining good health among the target group

ii) Enhance the knowledge and awareness among practitioners of all the systems of medicine, which would result in an integrated health care approach for Mother & Child Health

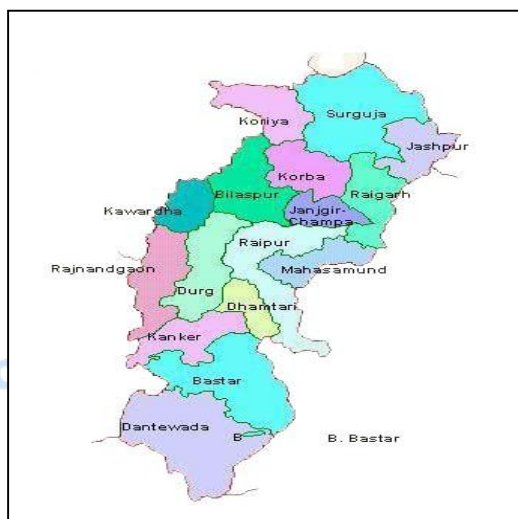
iii) Homoeopathic practitioners will be better equipped to utilize the knowledge acquired from Campaign in the management of Mother & Child Health conditions

iv) To generate & create awareness among the public on specialized treatment of Homoeopathy & take advantage from it

Glimpse of activities in the state



CHHATTISGARH



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.


S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	12
3.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	2
4.	Total no. of patients screened through Camps & Clinics	6213

STATE LEVEL WORKSHOP

The Department of AYUSH conducted two days State Level Workshop on 13-14 Feb 2010 at Hotel Babylon. This workshop was an effort to develop the strong roots of convergence and intersectoral coordination among the medical fraternity and utilizing the merits of each system of AYUSH and building a general consensus on the health issues which can be effectively treated by Homeopathy.

Objectives of Workshop

- To create awareness among the Ayurveda / Homoeopathy / Allopathic physicians on efficacy of AYUSH System
- Creating awareness about the strengths of Homeopathy for Maternal and Child health issues

- 
- To provide a platform for exchange and orientation of knowledge concerning the merit and scope of Homoeopathy among the Ayurveda / Unani / Allopathic practitioners
 - To discuss the feasibility of integration of Mother and Child health Care in the RCH program
 - To train the Homoeopaths on the scope and limitation for Homeopathy in mother and child problems
 - To propagate the alternate therapeutic modalities available in the existing health care system

Views of dignitaries

Shri Vikas Sheel, Secretary, Health & Family Welfare Department, Government of Chhattisgarh in his welcome address, stressed on the following:

- Importance & utilization of Dept. of AYUSH in public health system
- Developing a consensus with other Departments of Health to increase the utility of AYUSH systems in Public Health Care System
- Statistics of IMR and MMR has improved & is reaching close to the national average

While addressing the guests, **Dr. S.K. Nanda, Guest of Honor** said:

- Homoeopathic system is efficacious for the health of Mother and Child
- Availability of large resources in Homeopathy needs to be utilized in appropriate manner for serving the society in a better way
- Low health care costs incurred in Homeopathic system of medicine

Sansadiya Sachiv, **Shri Siddhanath Pykere, Guest of Honour** emphasized on the following points:

- Poor health awareness in the villages is an area of serious concern, leading to increased mortality
- To strategize methods for increasing awareness of basic health care and hygiene

Technical Activities

Six different sessions on Efficacy of Homoeopathy for Mother & Child Health Care were conducted during the workshop. Dr. Anil Khurana, Assistant Director (H), and Dr. Suniti Chugh, Consultant (Homoeopathy), CCRH Headquarters were invited as resource persons for the sessions. Dr. Khurana stressed upon *Integration of Homoeopathy with Health Care System*. He indicated that Homoeopathy being cost effective system of medicine, should be included in the health care delivery. Dr. Suniti Chugh made a presentation highlighting the global researches



conducted in the field of Mother & Child care. The following topics were covered during the workshop:

- Integration of Homoeopathy in Mother and Child Health
- Global Research in Homoeopathy in Mother and Child Health
- Homoeopathy in ANC Care and for Safe Delivery
- Safe Childhood and Homoeopathy
- Care and caution to be taken in Homoeopathic Practice
- Limitations of Homoeopathy in Mother and Child Health Care
- Successful case studies in Homoeopathy for Mother and Child Health Care
- Potentials of Homoeopathy in Mother and Child Health Care
- An attempt towards synergy of Homoeopathy and Primary Health care

Session for Policy Makers

Along with the Technical session, a parallel session of the policy makers was organized & the valuable inputs were received which were useful for planning extension of Homeopathic services for Mother and Child Health Care. Those in the policy making group were from diverse fields ranging from Directors, Policy makers, Implementers, Clinicians and Educationalists.

Agenda for the session:

1. Strategizing ways for implementation of Homoeopathy for Mother and Child Health Care at the grass root levels
2. Operational planning for the Campaign and promoting Homoeopathy in the state of Chhattisgarh
3. Utilization of Homoeopathy Human Resources in the health care delivery system
4. Methodologies devised for inclusion of Homeopathy in RCH Program

Exhibition / IEC material

IEC materials about the role of Homoeopathy in Mother and Child Health Care was published and distributed in the form of posters, banners and leaflets. The electronic and the print media persons were informed to propagate the Campaign & highlight it amongst general public.



Resolutions/ Recommendations

1. Community Medicine Wing needs to be developed in the State for propagation of cost effective therapy of Homeopathy
2. Village to be adopted for provision of care through Homoeopathy
3. Launch of the Campaign for Mother and Child Health Care at district level
4. Popularizing Homoeopathy in the State by extending support to the agencies working in Health Care through Homeopathy by Public Private Partnership. Homoeopathy Medical College and any other NGO shall be eligible to enter into an MoU with the Department AYUSH, Chhattisgarh
5. Induction of Community Participation in the villages, where village level homeopathic practitioners will be trained and used for propagation of Homeopathy for Mother and Child Health Care





DELHI



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level training of Trainers Program (TOT)	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	15
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	1
5.	Total no. of patients screened through Camps & Clinics	1024

STATE LEVEL WORKSHOP

Smt. Shiela Dixit, Hon'ble Chief Minister, Delhi launched the campaign on "Homoeopathy for Healthy Mother and Happy Child" in Delhi on 24th September, 2009, which was followed by a two-day workshop. The inaugural ceremony was presided over by Prof. Kiran Walia, Hon'ble Minister of Health & Family Welfare, Govt. of Delhi. Sh J. P. Singh, Principal Secretary (H & FW), Govt. of NCT of Delhi & Prof. C. Nayak, Director General, Central Council for Research in Homoeopathy, GOI, were the Guests of Honour.

Total number of participants- 250; delegates included Policy makers, 94 Allopathic physicians (Gynecologists, Obstetricians, Pediatricians, RCH doctors), Ayurvedic/ Unani physicians, and Homoeopathic physicians from Government, NGO & Private sector.





Objective of the workshop- to sensitize the diverse group of participants about the benefits of Homoeopathy in the provision of Mother & Child Health, which shall go a long way in reducing 'Mother & Child' morbidity and mortality in Delhi.

Technical Activities

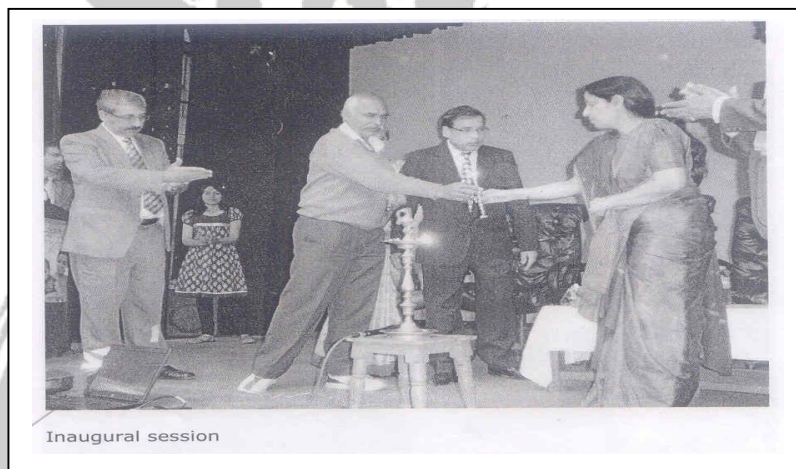
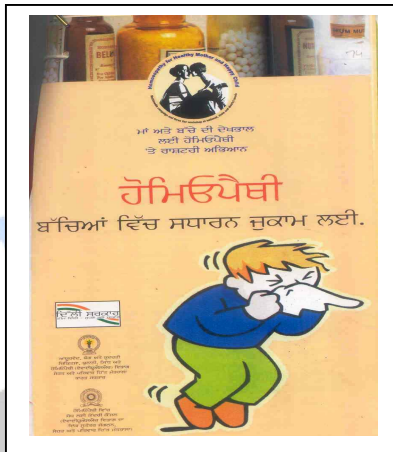
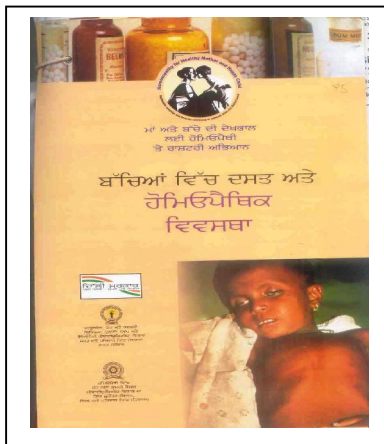
The workshop had five sessions in which 14 expert speakers from all over the country voiced their experiences and ideas about mainstreaming of Homoeopathy in health care sector especially in provision of Mother & Child Health.

Resolutions/ Recommendations

1. Improvisation by constitutional treatment with Homoeopathy in nutritional deficiencies like anemia which do not improve even with regular supplementation
2. Practical training should be given to Homoeopaths working in Government and Private sector in MCH Health domain
3. Homoeopathy has been found to be beneficial in the various stages of disease related to Woman/ Mother:
 - Pre-conception conditions
 - Specific antenatal conditions in first, second & third trimesters
 - Specific conditions in low risk labor
 - Puerperium
4. In the child health sector:
 - Integrated Management of Neonatal & Childhood Illnesses (IMNCI)
 - Introduction of Homoeopathy for School Going children
 - Adolescent Health is an area mainly not covered by any system of medicine unless they have some specific problem
5. Awareness about Homoeopathy may be increased through IEC campaigns/ activities at district level.
6. ASHA workers need to be sensitized about the Homoeopathic System of Medicine and the first aid ASHA kits should be provided to them.
7. Accessibility to homoeopathic health care facilities through cafeteria approach of Delhi Govt/ Co-location of health services. The website inaugurated by Hon'ble Chief Minister www.homeo.delhigovt.nic.in shall further the cause.
8. Collaborative research studies with well designed protocols are required to be undertaken for increasing the use of Homoeopathy in MCH.
9. Field studies with Homoeopathic interventions should be undertaken. Only such type of studies will be a living document to show the effectiveness of the services provided.

Exhibition / IEC material

6 posters and 17 handouts for the Campaign, in all 4 languages of Delhi namely English, Hindi, Urdu & Punjabi were released by the dignitaries on the dais.





DISTRICT LEVEL PROGRAMS

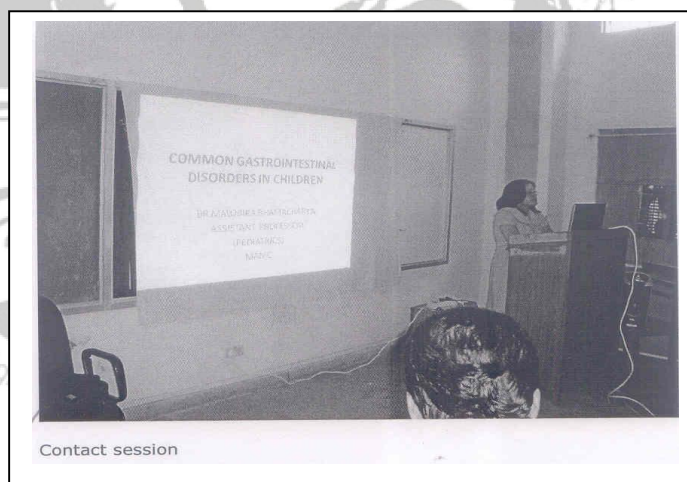
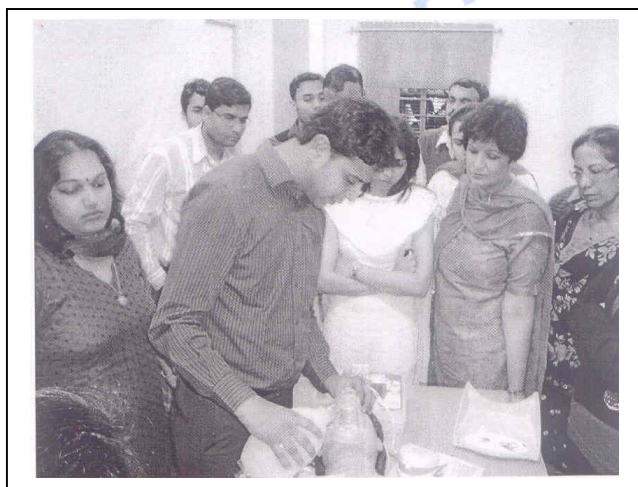
ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program & IEC Activity (9,9)	24/11/09	Auditorium, Baba Saheb Ambedkar Hospital
	29/01/10	Auditorium, Guru Gobind Singh Hospital
	16/02/10	Conference Hall, Jag Parvesh Chander Hospital
	23/02/10	Hedgawar Hospital, Karkardooma
	08/03/11	Auditorium, LNJP Hospital
	01/03/11	Sushrut Hall, Chaudhary Brahm Prakash Ayurved Charak Sansthan
	22/02/11	Conference Hall, Aruna Asaf Ali Hospital
	28/02/11	Auditorium, Nehru Homoeopathic Medical College
	14/03/11	Ayurveda & Unani Tibia College
District Level Training Program (09)	25 th - 27 th Nov. '09	Baba Saheb Ambedkar Hospital
	25 th - 27 th Jan. '10	Auditorium, Guru Gobind Singh Hospital
	17 th - 19 th Feb. '10	Jag Parvesh Chander Hospital
	24 th - 26 th Feb. '10	Hedgawar Hospital, Karkardooma
	4 th - 6 th Feb. '10	Nehru Homoeopathic Medical College
	9 th - 11 th March '11	Ahilya Bai College of Nursing, LN Hospital & MAMC Complex
	2 nd - 4 th March '11	Rao Tula Ram Memorial Hospital, Jafarpur
	23 rd - 25 th Feb. '11	Conference Hall, Aruna Asaf Ali Hospital
	17 th - 19 th Feb. '11	Auditorium, Nehru Homoeopathic Medical College

The Govt. of NCT of Delhi had organized many different activities in all districts of Delhi, starting from 2009 to 2011. It is one of those states which have managed to complete all the assigned activities to them.

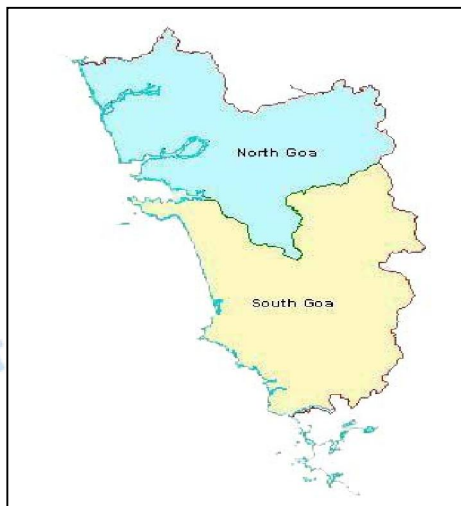
In all the district activities, training manuals were provided to all the participants about a month prior to the program for self study. All the programs comprised of 16 contact sessions spread over three days in which 21 Resource Persons including experts from the realm of Homoeopathy, Obstetrics/ Gynecology, Pediatrics, Dentistry, Skin, Nutrition and First Aid, interacted with the participants about the various aspects of Mother and Child Care through illustrative presentations. At the end of 3 days contact session, the participants were assessed regarding their understanding and grasping of the various topics relating to Campaign.

The core objective achieved during the District Level Training Program for Homoeopathic Practitioners may be summarized as:

- Polishing of Clinical skills of participants in dealing with pre-natal, antenatal and post natal complaints of Mother and Child disorders and ensure optimal application of basic knowledge care in mothers and children in light of homoeopathic concepts
- Developing better clinical acumen in charting out diagnosis, prognosis and complications of varied common disorders of mothers and children through interactive discussions, case studies and clinical experiences
- Comprehending the necessity and methods to effectively implement general management, first aid method



GOA



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	21
3.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	1
4.	Total no. of patients screened through Camps & Clinics	3285

STATE LEVEL WORKSHOP

Goa State Workshop on Homoeopathy for Mother and Child Care was conducted on 17th & 18th of November 2008 at M.P. Auditorium, Entertainment Society of Goa, Old GMC Heritage Precinct, Campal Panjim, Goa. The event was organized by Directorate of Health Services, Govt. of Goa in collaboration with Govt. of India, Ministry of Health & Family Welfare, Department of AYUSH and Shri Kamaxidevi Homoeopathic Medical College and Hospital, Shiroda, Goa.

Prof. (Dr.) Dileep Deobagkar, Vice-Chancellor, Goa University was the Chief Guest. Mr. Anand Prakash, Development Commissioner, Secretary to Health, Govt. of Goa presided over the function while Dr. Eswara Das, Director of National Institute of Homoeopathy, Kolkata was the Guest of Honour.



Views of dignitaries

Dr. Eswara Das, Director, National Institute of Homoeopathy, Kolkata stressed upon:

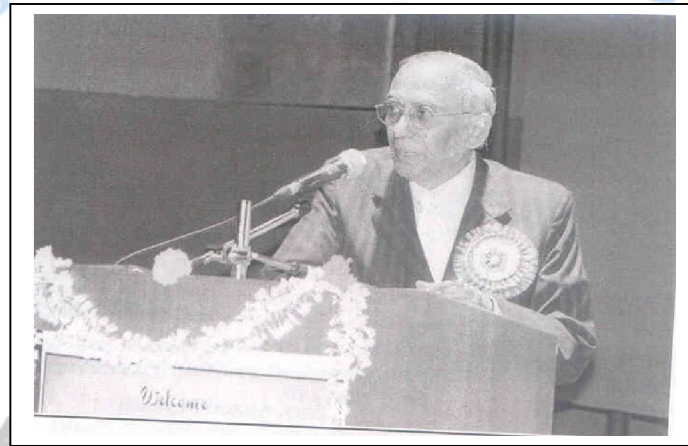
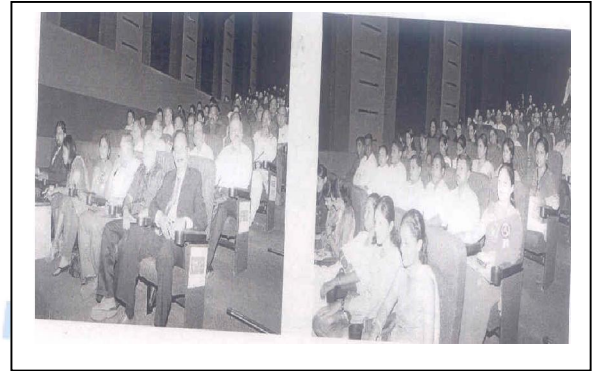
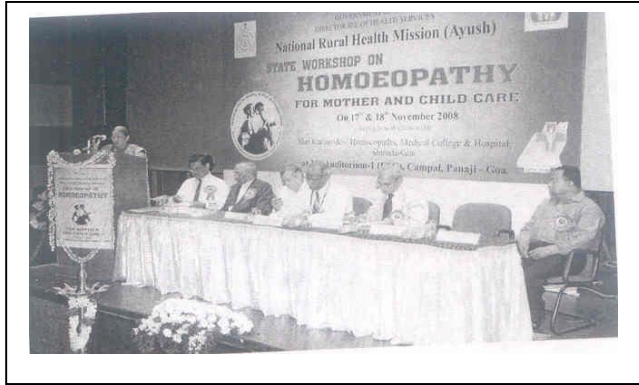
- Significance of Homoeopathy in the National Rural Health Mission
- Inclusion of other AYUSH therapies like Ayurveda for Anorectal disorders, Yoga for Mental disorders and Unani for Skin ailments
- Vital role of Homoeopathy in diseases related to Mother & Child Care due to holistic approach of treatment in Homoeopathy which is essential while treating a pregnant mother
- Homoeopathic medicines are safe during pregnancy and are indicated favorably in various medical problems encountered during pregnancy

The Vice –Chancellor, Dr. Dileep Deobagkar, appreciated the efforts of Govt. of Goa & Shri Kamaxidevi Homoeopathic Medical College and Hospital for organizing the Workshop. He emphasized upon:

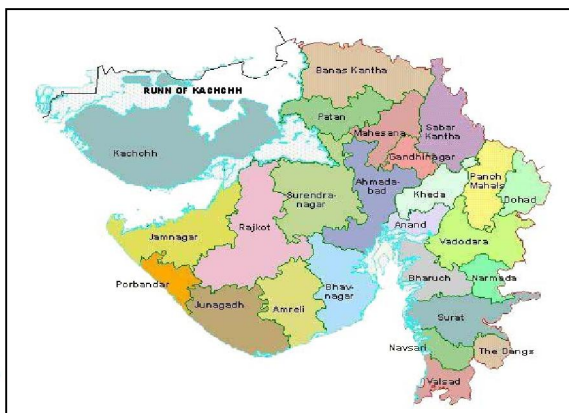
- Homoeopathic system of medicine being holistic in nature, cost effect and non-toxic, can be extensively promoted in the rural areas for Mother and Child Care
- Promoting Goa as an excellent center of Health Care in Homoeopathy
- Research in Homoeopathy to establish its effects on a specific basis
- Need for proper documentation

Resolutions/ Recommendations

1. Institution of Panchayat Raj in the state of Goa should be involved in Homoeopathy for Mother & Child Care services. Services of the homoeopathic physicians should be availed to organize homoeopathic medical camps, awareness talks and other related activities.
2. Health care services at sub-centre level be entrusted to homoeopathic physicians attached to **DHS** so as to provide basic health care facilities at the grass root level and thus reduce the excessive workload at PHC
3. The State workshop on mother and child care has approved the guidelines formulated for demarcation of clinical conditions to be treated in the sub-center level or to be referred to the PHC
4. MoU (Memorandum of Understanding) should be signed between State NRHM Cell and Shri Kamaxidevi Homoeopathic Medical College & Hospital for extended services and technical support considering the range of expertise available at the college
5. Organizing CME (Continuing Medical Education) program for homoeopathic physicians working at DHS in collaboration with Shri Kamaxidevi Homoeopathic Medical College and Hospital



GUJARAT



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	246
3.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	11
4.	Total no. of patients screened through Camps & Clinics	43633

STATE LEVEL WORKSHOP

State Workshop on 'Homoeopathy for Healthy Mother and Happy Child' was held at GCERT Auditorium, Gandhinagar, Gujarat on 16th & 17th January, 2009. The Workshop was organized by Directorate of India System of Medicine and Homoeopathy, Govt. of Gujarat and Department of AYUSH, Ministry of Health and Family Welfare, Government of India.

The workshop was inaugurated by Mr. Jay Narayan Vyas, Hon. Minister of Health and Family Welfare, Govt. of Gujarat. An array of scientific sessions was arranged during the workshop with the purpose of awareness about strengths of Homoeopathy in Mother and Child Care especially to the Allopathic Doctors, Media, NGOs and Policy Makers. The workshop was attended by Allopathic doctors comprising of Gynecologists, Pediatricians, Health Officials like **CDHOs, RDDs**, Additional Directors, etc.; Media persons, NGOs and teachers & practitioners of Homoeopathy.

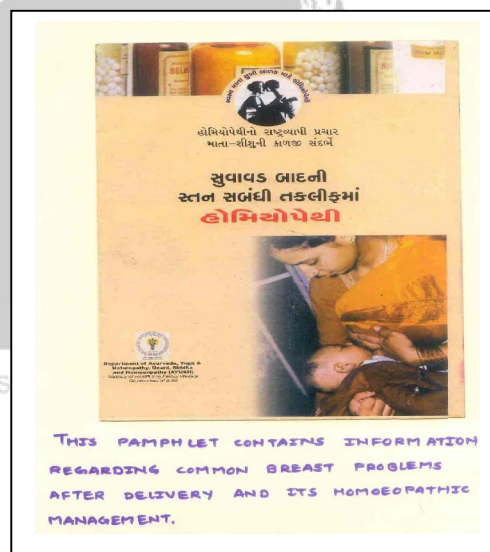
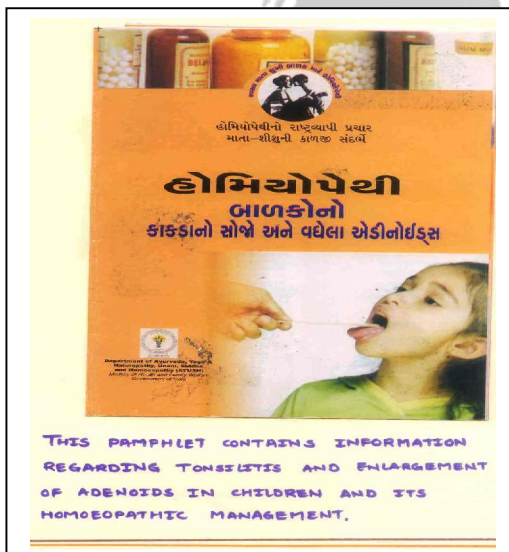
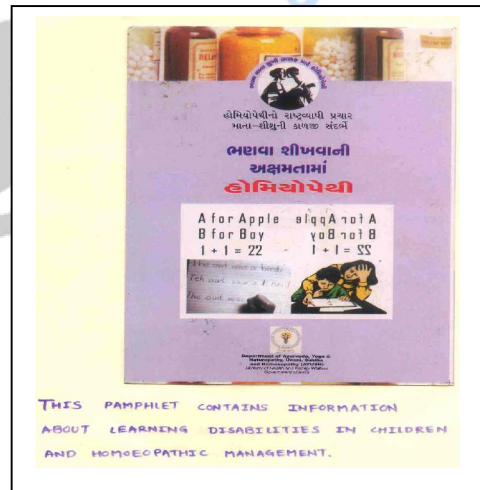
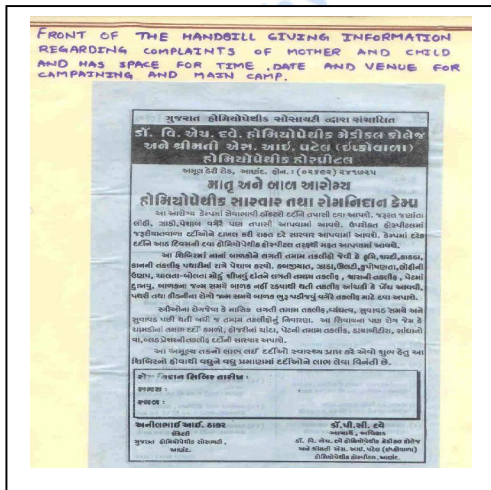
Gujarat Homoeopathic Network

There are 216 Govt. Homoeopathic Dispensaries and 05 Govt. Mobile Dispensaries. Government has made available facilities of Homoeopathic treatment in nearly 300

PHCs/CHCs under National Rural Health Mission. There are 04 Grant-in-Aid Homoeopathic Medical Colleges and 12 Self Finance Homoeopathic Medical Colleges offering 5 ^{1/2} years BHMS Degree and 3 years MD (Homoeo) course. This network will be utilized for effective implementation of Mother and Child Health Care through Homoeopathy.

Exhibition / IEC material

Handouts/ posters prepared by CCRH were printed & published in local languages & were released for creating awareness among common people. People were benefitted by the information published in the handouts. Flyers/ pamphlets were also published in local language to create awareness & inform the masses about the Community Awareness Programs.

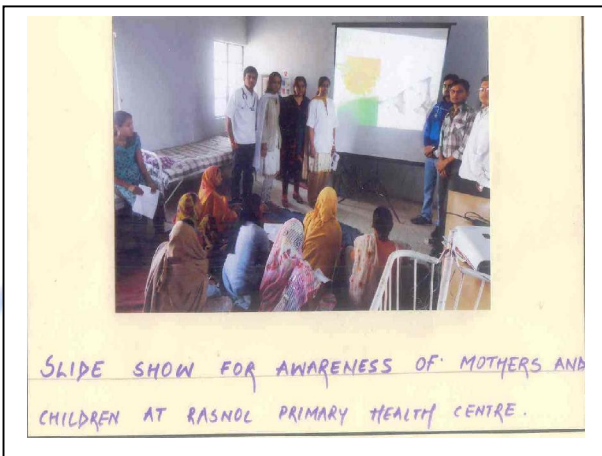




Resolutions/ Recommendations

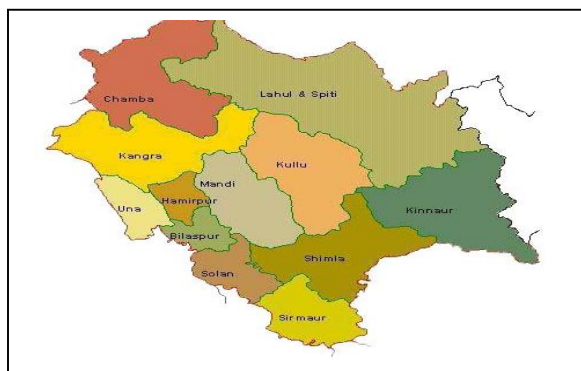
1. To establish the Government Homoeopathic College in the state, to be a model for the other colleges
2. Effective treatment of people living in the coastal areas of Gujarat with Homoeopathy. Homoeopathy has a significant role in treating the diseases originating due to different weather conditions in the coastal areas. Hence, proposed to establish a homoeopathic research centre in the state to find out the benefit of the system.
3. To recommend the State Govt. to initiate Projects like “Sickle Cell Anemia Control, Awareness & Crisis Management through Homoeopathy” in Adivasi areas of Gujarat.
4. Request the Govt. of India to start at least one Homoeopathic Dispensary in each of the 225 taluka's in Gujarat & thus be able to take Homoeopathy to the most interior of the areas.
5. Homoeopathy may be given equal importance in comparison with the treatment methods like Ayurveda etc. with respect to budget, dispensaries, hospitals etc.
6. State Government may establish a Homoeopathic Pharmacy in the public sector / Cooperative Sector/PPP mode.
7. Propose to State Govt. that it should make a provision for issuing necessary orders to accept the medical certificates and other documents duly signed by the qualified doctor in government, semi government institute, banks etc.
8. The State Govt. shall provide necessary grants to establish & maintain Maternal and Child Clinic, Special Wards for institutional deliveries in all Homoeopathic Medical Colleges in Private/Grant-in-Aid Sector in the state.
9. The State Govt. should implement the National Campaign on Homoeopathy in Mother and Child care throughout the state through Panchayati Raj institutions
10. The State Govt. may establish Homoeopathic Ward in all District Allopathic Hospitals through the NRHM/AYUSH scheme during the plain period

Glimpse of activities in the state





HIMACHAL PRADESH



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
5.	State Level Workshop	1
6.	State Level Training of Trainers (TOT)	1
7.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	41
8.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	2
9.	Total no. of patients screened through Camps & Clinics	4806

STATE LEVEL 'TRAINING OF TRAINERS' PROGRAM

Five-day 'Training of Trainers' Program was organized by the Department of Indian System of Medicine & Homoeopathy, Himachal Pradesh at Parimehal, Shimla from 15th to 19th March 2010.

Total number of participants- 50; homoeopathic doctors from Govt. & Private sector and staff members from Solan Homoeopathic Medical College & Hospital

At the outset, Dr. Surinder Mehta, Registrar, Council of Homoeopathic System of Medicine, Himachal Pradesh welcomed the Chief Guest Dr. Ajay Sharma, Director, Ayurveda along with other dignitaries who had come from different parts of the state.

Technical Activities

Participants were provided with copies of the modules a month in advance, to go through and acquaint themselves with the training methodology and relevant topics on Mother and Child health. Dr. Bindu Sharma, Assistant Director, RRI (H), Shimla, represented CCRH & her





topic Ante-natal complaints covered various sub-topics in depth like hyperemesis gravidarum, pica, anxiety, fears, headache, constipation, piles, varicose veins, pruritic skin conditions and abnormal vaginal discharges during pregnancy and their homoeopathic management.

All the sessions on all five days were found to be informative & focused more on managing the conditions related to Mother & Child Health Care through Homoeopathy. Queries relevant to the topics discussed were answered and participants shared their experiences.

DISTRICT LEVEL PROGRAMS

ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program & IEC Activity(4,4)	02/03/11	Hamirpur District
	07/03/11	Una District
	15/03/11	Sirmour District
	19/03/11	Solan District
District Level Training Program (3)	03 rd - 05 th March '11	Hamirpur District
	8 th - 10 th March '11	Una District
		Sirmour District
	21 st - 23 rd March '11	Solan District

Total number of participants- 80-90 in each district for the orientation program; comprising of homoeopathic doctors from Govt. & Private Sector, NGO's, Ayurvedic Medical Officers

- **20** in each district in training programs; only homoeopathic doctors

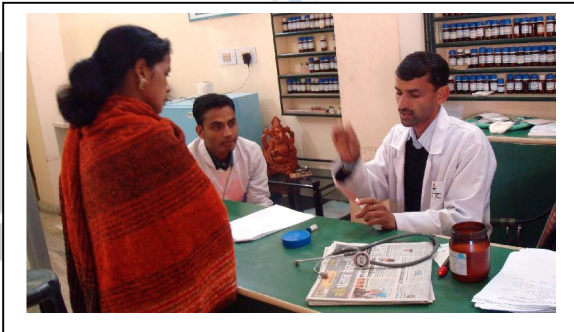
During the orientation & training program, about 25 lectures were delivered by homoeopathic experts, modern system physicians, Ayurvedic doctors, Dental Surgeons & Home Guard Commandants for First Aid on Mother & Child Health Care. All the participants were provided with copies of module for training program in advance, to go through & acquaint themselves with the methodology and relevant topics on Mother & Child Health Care.

All doctors participated with much enthusiasm & thanked the Dept. of AYUSH for organizing such a program & thus making Homoeopathy popular amongst the masses. All participants were of the opinion that such programs should be continued in future as well.

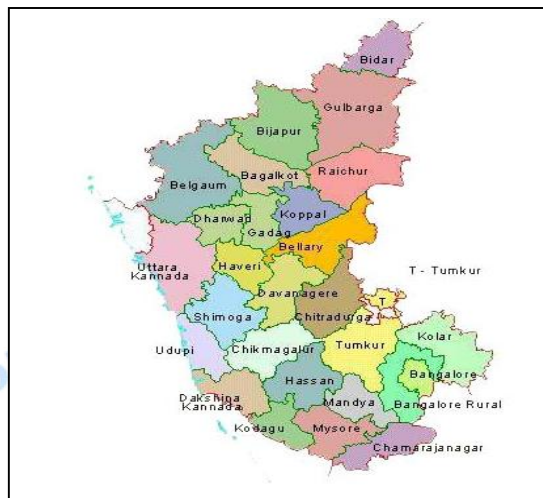
Resolutions/ Recommendations

1. Homoeopathic medicines are effective in treating many common diseases & has become very popular amongst the population & is being utilized well at primary & secondary health care level.
2. CME Program for homoeopathic practitioners should be organized at District Level in the entire state.
3. Homoeopathic system should be involved in other Health Programs, which are being run under NRHM.

Glimpse of activities in the state



KARNATAKA



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	Community Awareness Camps through Homoeopathic Medical colleges	91
2.	MCH OPD Clinics through Homoeopathic Medical colleges	7
3.	Total no. of patients screened through Camps & Clinics	22011

DISTRICT LEVEL PROGRAMS

One day District Level Orientation Program was held on 15/10/2010 at Kincha Hall, Bharatiya Vidya Bhavan, and Race Course Road, Bangalore. Govt. Homoeopathic Medical College was assigned to conduct the Program at District Level.

The District Level Program was conducted with objectives of updating the knowledge of policy makers, practitioners of difference systems of medicine and the common man, who usually remain unaware of the scientific developments, recent trends and advances in clinical practice & potentials of Homoeopathy in addressing the health related problems of Mother and Child **Health Care**.

Dr. Gayathri, Chief Health Officer of Bangaluru Mahanagara Palike, spoke on importance of Mother and Child Care and welcomed the Homoeopathic fraternity to take part in programs related and centered by Corporation hospital. She further added that all doctors must participate in the Polio Program & thus contribute in taking care of the diseased.

The sessions of the day were divided into three parts. The three sessions were as follows:

- **First session-** Antenatal and Postnatal Care & Homoeopathy
- **Second Session-** Paediatrics in Homoeopathy and concepts and avenues of referred cases between Different Systems of Medicine

➤ **Third Session-** Prevention and Homoeopathy- First Aid, Health Education and Nutrition in Homoeopathy

Dr. Veena, Assistant Professor of Obstetrics and Gynecology at Kempegowda Institute of Medical Science, Bangalore emphasized that antenatal supervision should begin as early as possible. Women should be encouraged to consult their doctors in order to establish a good rapport.

A skit in the form of a role play was befitting in between the session 1 and 2 which explained the behavior and physical symptoms of a Chamomilla child .The skit was enacted by students of Bhagwan Budha Homoeopathic Medical College, Bangalore. The session concluded with a valedictory function with Dy. Director of AYUSH, Dr. Shantakumari, who appreciated the event and asked all the participants to effectively take part in achieving the goal of Healthy Mother and Happy Child.





KERALA



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level training of Trainers Program (TOT)	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	12
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	2
5.	Total no. of patients screened through Camps & Clinics	1524

STATE LEVEL WORKSHOP

Two days workshop on 'Homoeopathy for Healthy Mother and Happy Child' was held in the Banquet Hall, Govt. Guest House, Thiruvananthapuram during 10-11 May, 2008.

Total number of participants- 185; 21 Policy opinion makers, 20 Allopathic Physicians, 129 homoeopaths, 15 participants from NGO's and Media persons.

The workshop was inaugurated by Honorable Chief Minister of Kerala, Sri V.S. Achuthandhan. The Hon'ble minister, Sri. N.K. Premacandran, Honorable Minister of Water Resources had presided over the inaugural function.

With a view to reaping the maximum benefit, it was decided to have follow up of this activity by conducting District level programs at Thiruvananthapuram, Kottayam, Ernakulam and Kozhikode districts. The program would be conducted through the homoeopathic medical colleges in these districts.



Views of dignitaries

One of the most notable achievements in the Valedictory session was the declaration by **Shri. Narayanan, President, Grama Panchayaths Association of Kerala**. Following were his points put forth:

- Introduction of 'Happy Mother and Healthy Child' theme in all the Panchayat Homoeopathic dispensaries throughout Kerala
- One recently constructed hospital in Kannor district will be dedicated to Mother and Child Care through Homoeopathy

Exhibition / IEC material

- **Quarter page** advertisement on Mother & Child Care was released in all 55 newspapers in the State by the State Govt.
- Series of **17 handouts** on conditions related to mother & child health, printed & provided free of cost by CCRH have been distributed to all participants
- **Special Stickers** prepared for exhibiting in all dispensaries, particularly consulting chambers, vehicles etc.
- **Electronic Logo** designed especially for the workshop & on such similar occasions in future
- **Website** was launched by Honourable Chief Minister





Technical Activities

28 presentations from Kerala and 9 presentations from outside the state were presented during the workshop. Some of the interesting sessions of the workshop are as follows:

1. Status of Homoeopathy in Kerala
2. Is there a role of Homoeopathic Interventions in Promoting mental Health in School children
3. Global Research on Homoeopathy for Maternal and Child Care – A Review
4. Kawasaki Disease
5. Homoeopathy in Pediatric Skin Disorders
6. Knowledge, Attitude and Practice regarding Integration of Homoeopathy and other systems of Medicine
7. Haemorrhoids in Child Bearing Women- Pilot Study Using Homoeopathic Medicines
8. Nephritic Syndrome
9. Gestational Diabetes and Homoeopathy
10. Homoeopathy in Lactation Disorders
11. Osteogenesis Imperfecta
12. Mental and Intellectual Development of Children through Homoeopathy

STATE LEVEL TRAINING OF TRAINERS PROGRAM

The first meeting of State Level Task Force was conducted on 22.12.2009. In the meeting, it was decided to conduct five days Training of Trainers Program on Homoeopathy for Healthy Mother and Happy Child from 4th Feb 2010 to 8th Feb 2010 at Maria Rani Centre, Gandhipuram, Sreekariyam.

Accordingly, a brochure on the subject was prepared and distributed, and effective contacts were made with the prospective trainees & trainers, as per the directions of the Department of AYUSH.

The workshop was inaugurated by Honorable Sri. Manoj Joshi, Secretary to Health and Family Welfare Department, Govt. of Kerala, on 4th February 2010. Dr. P. Sunny J. Jacob, Director of Homoeopathy presided over the program. All participants gained tremendously from the experience of the learned speakers & enhanced their knowledge related to different aspects of Mother & Child Health.

Total number of participants- 50; homoeopathic & allopathic doctors



DISTRICT LEVEL PROGRAMS

Out of different activities assigned at the district level, one District Level Training Program was conducted from 28th to 30th of September 2011 in Ernakulam District. The District Medical Officer (Homoeopathy) Ernakulam, planned & conducted "Three Days District Level Training Program" for the homoeopathic practitioners of Ernakulam District.

Deputy Director of Homoeopathy, Dr. C.V. Hemakumari inaugurated the three days Training Program by lighting the lamp. She talked about the importance of the program, & enlightened the audience about the scope of homoeopathy in the field of Mother & Child Care. Dr. Beena, District Program Manager of NRHM, Ernakulam District was the special Guest for the occasion. In her speech, she stressed upon the importance of quality health care for pregnant women & infants and appreciated the selection of speakers for the program.

Different topics covered during the program are as follows:

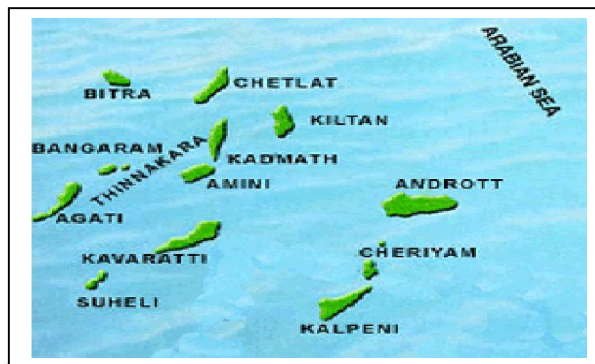
- High Risk Pregnancies
- Complaints & Complications of Antenatal Period, Mal presentations
- Role of Homoeopathic medicines for Maintaining Pregnancy
- Homoeopathic Management for Complications of Delivery & Limitations of Homoeopathy in these conditions
- Neonatal Diseases of New Born, Acute emergencies, Alarming Signs in New Born
- Disease Conditions of Children up to 10 Years
- Psychological problems of children; ADHD, Autism, Learning disabilities ,Night terrors



- Role and scope of homoeopathic medicines in the management of diseases of children & its limitations
- First Aid, Prevention, Immunization
- Nutrition of women & children, Lactation, Nutritional Deficiencies



LAKSHADWEEP



The island territory of India accomplished the following activities under the National Campaign thus contributing to the success of the National Campaign.

STATE LEVEL WORKSHOP

This workshop was launched in the Island territory of India at two different places on two different dates at Kavarathi & Agatti on 9th & 11th of November, 2009. The workshop was organized by the Directorate of Medical and Health Services, Mission Directorate of NRHM, Lakshadweep and Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India. The strengths of Homoeopathy were discussed with allopathic physicians, policy makers, print and electronic media and non-governmental organizations.

Aim of workshop

To propagate the inherent strengths and potent of Homoeopathy in Mother and Child Care

Dr. K.P. Hamzakoya, Mission Director (NRHM), Lakshadweep welcomed the gathering. The Workshop was inaugurated by Hon'ble Administrator of Union Territory of Lakshadweep, J.K. Dadoo. In his Inaugural speech, he shared his own experiences with Homoeopathy and emphasized the need of Homoeopathy as a therapeutic system to be implemented in this part of the country.

Exhibition / IEC material

- 4 posters & 8 handouts were translated in regional language
- Booklet on *Homoeopathy for Mother and Child Care- An Overview* was released

Plenary session

The plenary session of the workshop was conducted as a formal meeting with the Deputy Collector and other State Officials along with allopathic physicians & Officials of NRHM. In this session the officials and physicians of other systems of medicine extended their support to the proposed plan to **implement 9 homoeopathic dispensaries in all the major islands under NRHM.**



Technical Activities

The scientific sessions were held at the Higher Secondary School Auditorium at Kavarathi. Many informative papers were presented by doctors mainly from Lakshadweep & outside. Dr. T. N. Sreedhara Kurup, Deputy Director In charge, Central Research Institute (H), Kottayam, Kerala presented a paper on "Introduction to Homoeopathy and the Scope of Homoeopathy for Healthy Mother and Happy Child".

Interactive sessions with the participants and resource persons established that Homoeopathy will be well received in this part of the country and the policy makers and the physicians of other systems of medicine extended their full support in the successful implementation of the 9 new NRHM dispensaries in the major islands of Lakshadweep. Few other topics which were well appreciated by the participants are as follows:

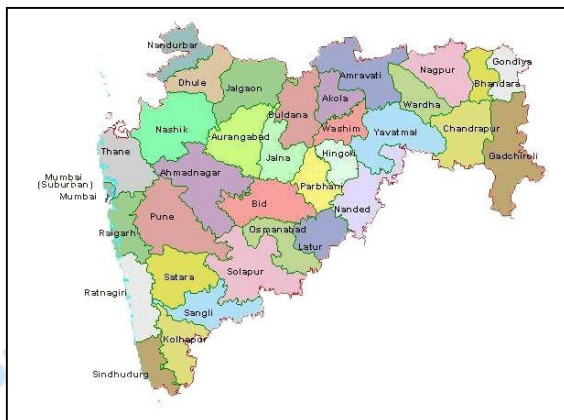
- Care of Newborn Child - A Mother's Perspective
- Female Infanticide and PNDT Act
- AYUSH System of Medicines in Lakshadweep
- Lakshadweep and Homoeopathy
- Role of Homoeopathy in Delivering MCH Services and the Implementing Process of State Campaign on Homoeopathy for Mother and Child Care

Resolutions/ Recommendations

- Homoeopathic medicines are safe to administer to the mother & child & have no side effects
- Campaign should be continued and must reach to the grass root levels



MAHARASHTRA



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
6.	State Level Workshop	1
7.	State Level training of Trainers Program (TOT)	1
8.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	238
9.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	22
10.	Total no. of patients screened through Camps & Clinics	49845

STATE LEVEL WORKSHOP

Maharashtra State organized a workshop on "Homoeopathy for Mother and Child Care". The two day State Level Interdisciplinary Awareness & Orientation Workshop was held on 28th & 29th Oct. 2009 at Mysore Association Auditorium, Mumbai. The workshop was inaugurated by Honorable Shri Milindji Mhaikar, Secretary, Medical Education & Drugs Department, Government of Maharashtra, who promised all round support for this noble cause.

Dr. R.K. Anand, a Parenting expert & Pediatrician, Head of the Department of Pediatrics at Jaslok Hospital and Research Centre, Mumbai, said, "Homoeopathy surely works and it is beyond *placebo* effect as it works on infants and animals".

Total number of participants- 400 approximately





Exhibition / IEC material

Information was circulated through the local newspapers in the entire state of Maharashtra as and when the activities were conducted.

Technical Activities

The technical session saw discussion on various topics related to Mother & Child Health. Learned speakers presented many interesting papers along with case studies. Some of the papers presented are as follows:

- Scientific & Artistic Aspects of Homoeopathy
- Neonatal emergency cases managed with Homoeopathy
- Case of **extreme preterm baby** with failure to thrive; managed successfully with Homoeopathy
- Case of Wilm's tumor in a 3 month old baby completely cured by Homoeopathy
- Research work on Hemophilia
- Case of Patent Ductus Arteriosus - A developmental defect in the heart, in a 6 month old baby, managed with Homoeopathy
- Cases of Malaria, Pneumonia & Swine flu managed successfully with Homoeopathy

Resolutions/ Recommendations

The State Task Force Committee along with the workshop delegates unanimously resolved the following recommendations

1. The workshop recommended to the Govt. of Maharashtra that the homoeopathic hospitals attached to the homoeopathic medical colleges should be financially assisted by the State/Central Government to establish Maternal & Pediatric clinics, wards, sterile labor rooms, appointment of full time Obstetrician & Pediatricians and most urgently to fill up the vacant posts of Honorary Homoeopathic Physicians and Houseman with proper Honorarium and to give stipend to the homoeopathic physicians and Registrar of Government Homoeopathic Hospital.
2. To request the State Government to rename the Directorate of Ayurveda as "Department of AYUSH" as is there in the Central Government in many states and Homoeopathy may be brought under an independent Director of Homoeopathy as its head with two Dy. Directors, one for Homoeopathic education in Medical education Department and another Dy Director for health care services in Public Health Dept or to amalgamate both the Public Health Dept and the Medical education Dept of Mantralaya under one ministry to implement the Government policies & schemes effectively to reach the common man as quicker as possible.
3. To request the Department of AYUSH, Govt. of India to have a special consideration for the state of Maharashtra so that Homoeopathic sector in Maharashtra can be improved. For this purpose the workshop recommended that necessary funds may be provided to the State for:

- Opening of homoeopathic ward for paediatric care in all the District & Civil Hospitals in Maharashtra under the supervision of Deputy Director, Homoeopathy
 - To establish specialty clinics for maternal care in all the District & Civil Hospitals in Maharashtra under the supervision of Deputy Director, Homoeopathy
 - To open homoeopathic wing in all the PHCs and CHCs.
- The NGO's who are interested to establish Centers of excellence in Homoeopathy through PPP model and avail the benefit of other schemes such as PHI, Local Health tradition, etc. may be given priority from the State since the qualified Homoeopaths in the state is the highest in the country
 - The State Government may establish one Government Homoeopathic Medical College under the Govt. sector to be the model for the private homoeopathic colleges. The Central Government may extend financial assistance for this purpose.



STATE LEVEL TRAINING OF TRAINERS PROGRAM

The first five-days State Level Training of Trainers Program was held at Nashik, Maharashtra from 7th to 11th Dec. 2009. It was organized in the premises of Maharashtra University of Health Sciences, Nashik. The program was inaugurated by Principal of Dapoli Homoeopathic Medical College. The entire event was video recorded for future use at other places.

Mrs. Shobha Tai Bacchav, State Minister for Health & Family Welfare along with Dr. M.P. Arya, Ex Principal, D.S. Homoeopathic Medical College, Pune graced the occasion.

Total number of participants- 50; Participants included teaching staff of various homoeopathic colleges of Maharashtra, practitioners from National Rural Health Mission, doctors from 18 different districts

Technical Activities

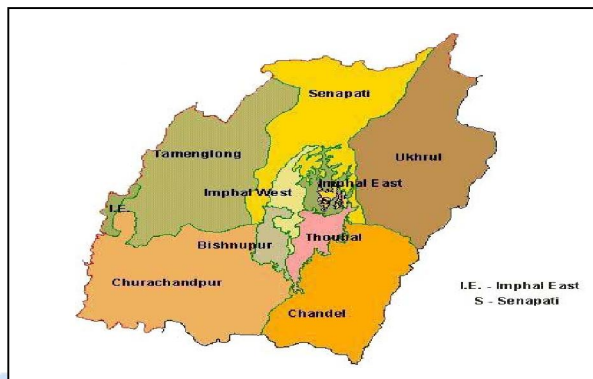
The 5 days long program provided 25 sessions & 40 hours of training to all the participants. Participants were provided with the copies of the training modules a month in advance. Exhaustive discussion was seen during all the sessions since the topics discussed were of keen interest of the participants. Some of the sessions discussed during the training program were:

- Complications during pregnancy
- Medical disorders in pregnancy
- Birth spacing & family planning
- Lactation & lactational complaints
- Respiratory disorders in children
- Common psychological complaints in children
- Fever in children
- First Aid
- Assignments covered on:
 - Preparation of case recording proforma
 - Recording of 10 ante-natal cases
 - Recording of 10 post-natal cases

Glimpse of activities in the state



MANIPUR



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	10
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	1
5.	Total no. of patients screened through Camps & Clinics	1557

STATE LEVEL TRAINING OF TRAINERS PROGRAM

The State Level Extensive 'Training of Trainers' on Homoeopathy for Mother & Child Care was held from 14th to 18th December, 2009 at the Conference Hall, MACS, RD Wing, Lamphelpat, Imphal. Dr. Prem Singh, State Mission Director, State Health Society, Manipur; Shri W. Motilal Singh, Director of Health Services, Manipur & Shri S. Adhikari, Professor & HOD, Paediatrics, National Institute of Homoeopathy, Kolkata graced the Inaugural Function of the Training Program as Chief Guest, President & Guest of Honour respectively.

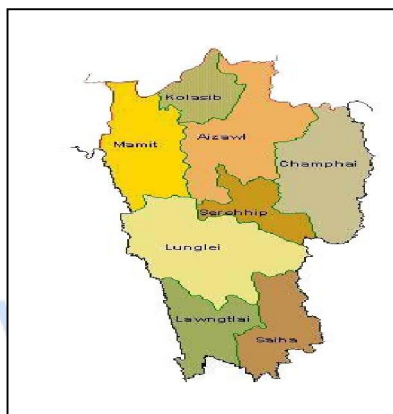


Glimpse of activities in the state





MIZORAM



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	22
3.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	1
4.	Total no. of patients screened through Camps & Clinics	3622

STATE LEVEL WORKSHOP


In collaboration with National Institute of Homoeopathy, Kolkata and Central Council for Research in Homoeopathy, New Delhi, the Department of AYUSH, Directorate of Health Services, Govt. of Mizoram organized a State Level Orientation Workshop on Homoeopathy for Mother and Child Care on 8th-9th Oct, 2009 at Conference Hall, Berawtlang, Aizawl. The Chief Guest for the workshop was Shri Lalrinliana Sailo, Hon'ble Minister for Health & Family Welfare, Govt. of Mizoram.

Views of dignitaries

Shri Lalrinliana Sailo, Hon'ble Minister for Health & Family Welfare, Govt of Mizoram, addressed the august gathering & stressed upon the following points:

- Lack of infrastructure for AYUSH system in the state & need for more AYUSH doctors
- Govt. of Mizoram is aware of the importance of AYUSH system of medicine & is thus working towards propagating and promoting AYUSH systems at the grass root level



- 
- High strategic planning by the Govt. of Mizoram will soon lead to establishment of a new separate directorate for AYUSH Department in the state
 - Requested all the participants to come forward & work together in facing the problems and issues of health care system, for the benefit of people of Mizoram
 - Homoeopathic treatment is essential and it is inevitable for the people of Mizoram because Homoeopathic medicines are economical and are easily available for each and every citizen of India

Dr. C. Lallunghnema, Programme Executive, Department of AYUSH, Directorate of Health Services, Mizoram in his keynote address, focused on the following points:

- The Government of India has recognized the importance and the potential role of traditional systems of medicines in health care sector
- He expressed his gratefulness to have given this opportunity to organize the workshop & expressed the commitment of the Department to achieve the objection mission & true spirit of AYUSH to the forefront of medical care.
- Sincere thanks to all those who have attended this graceful program and to those who offered assistance in making this workshop a success

Views of **Dr. Eswara Das, Director, National Institute of Homoeopathy, Kolkata:**

- Homoeopathy is safe, flexible and avoided from unwanted reaction for the treatment of all types of diseases and epidemics especially for mother and child
- Some of the North east States of India are suitable and arable for plantation of medicinal plants for the preparation of Homoeopathic drugs and medicines
- Wherever there are adequate Homoeopathic drugs and medicines, the affected people of the region are the first and foremost people who can utilize its benefits and prosperity
- Homoeopathy and Allopathy should reach one path and there should not be any kind of distinction and discrimination between the two

Technical Activities

Exhaustive hours of brainstorming went into the two days long session on different aspects of Mother & Child Health Care. Some of the important topics covered in the presentations were:

- Management of New born Baby
- Common problems of the New born
- Scope of Homoeopathy in Ante-natal Care
- Approach to complaints in Children & their management
- Psychological problems in Children
- Identification of high risk pregnancy

Exhibition / IEC material

Shri Lalrinliana Sailo, Hon'ble Minister for Health & Family Welfare, Govt. of Mizoram, released a booklet on Homoeopathy for Mother & Child Care which was later translated into Mizo language.

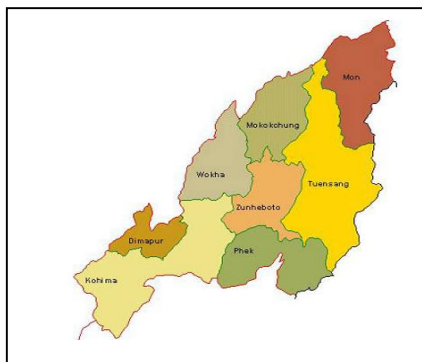
Resolutions/ Recommendations

1. To propagate the strength of Homoeopathy in Mother and Child Care through all available net work of health infrastructure in the State
2. To request the State Government to strengthen the infrastructure in Department of AYUSH, Govt. of Mizoram to achieve the objectives faster
3. To request Dept. of AYUSH, Govt. of India to have special consideration for the state of Mizoram so that the growth of AYUSH sector in Mizoram could be improved
4. Fourteen NGO's have shown keen interest in establishing Centers of Excellence in Homoeopathy through PPP mode and avail the benefit of other schemes such as PHI, Local Health tradition, etc. The Workshop resolved to request to the Dept. of AYUSH, Govt. of India to favorably consider these proposals
5. In view of the fact that there is a demand for more qualified Homoeopathic doctors and also as there is no Homoeopathic college in the State, the workshop recommended to the Govt. of India, to allot at least 5 seats every year in National Institute of Homoeopathy, Kolkata for BHMS course and 2 seats In MD (Homoeopathy) course for Mizo students
6. Since there is no State law to constitute a regulatory council, Ayurvedic and Homoeopathic Doctor's practicing in the state cannot register themselves as legal practitioner. There is an urgent need to enact laws to constitute Ayurvedic and Homoeopathic Council in order to have ISM&H practitioners registered in the State.





NAGALAND



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level training of Trainers Program (TOT)	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	9
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	1
5.	Total no. of patients screened through Camps & Clinics	782

STATE LEVEL WORKSHOP

The State level Workshop on Homoeopathy for Mother and Child Care in Nagaland State was organized by the Directorate of Health & Family Welfare, AYUSH Wing, Govt. of Nagaland on 13th -14th October, 2009 at the Circuit House, Kohima, Nagaland.

Agricultural Minister of Nagaland, Dr. Chumben Murry (who is also a Gynecologist) was the Chief Guest and Shri Menukhol John presided over the function as the Chairperson. Three Resource Persons for the workshop also delivered keynote addresses during the Inaugural session.

Views of dignitaries

Encouraging words from the mouth of the **Chief Guest**:

- AYUSH doctors to be the torch bearer in the State of Nagaland
- Nagaland has tremendous amount of diversity and potentials in rich natural resources which can be utilized for different AYUSH systems
- Need for awareness campaign, publicity and media support to promote Homoeopathy
- Homoeopathy fulfils a major concern of *affordability* amongst the common people



- Govt. of Nagaland will try to give policy support and extend help in the implementation of the Campaign in the State

Total number of participants- 100; Policy/Opinion makers, doctors from different streams– Allopathy, Homoeopathy, Ayurveda, Naturopathy (both from the Government and Private sector), Indigenous practitioners, representatives from different organization- The Women Association, Church, Socials Welfare Department & four NGO's involved in health activities

Exhibition / IEC material

Following resource/IEC materials were given to each participant

- Handouts of 17 disease conditions
- “Strategic Developments of Homoeopathy for Mother and Child Care”
- “Homoeopathy for Mother and Child Care: an overview”
- Soft copies of the presentations

Print media coverage was given by six of the leading newspapers in the State. Telecast of the workshop was also arranged by involving four different news & cable channels.



Technical Activities

The Power Point presentations were followed by an interactive session. The resource persons contributed greatly and gave valuable information and insights. The participants were inspired by the Case presentations and Success stories and were encouraged to know the tremendous strength of Homoeopathy in Mother and Child Care. The two days workshop focused on many important issues and witnessed unfolding of interesting ideas through discussions and engagement in strategic thinking and planning. List of scientific sessions conducted is given below:

- Scope and potential of Homoeopathy in Mother and Child Care
- Mainstreaming of Homoeopathy in Mother and Child Care
- Taking Homoeopathy in Mother and Child Care to the Community

- Homoeopathy for Complaints of a New Mother and Child care for Neonates/Infants
- Care, Caution and Limitation of Homoeopathy in Mother and Child Care
- Role of Homoeopathy in Attention Deficit Hyperactivity Disorder (ADHD) and Autism and other disabilities
- Safe Motherhood
- Care for Newborn and Infant

Resolutions/ Recommendations

1. To propagate the strengths of Homoeopathy in Mother and Child Care through all available network of health infrastructure in the State
2. The Workshop unanimously adopted to request the State Government to strengthen the infrastructure in Directorate of Health & Family Welfare. AYUSH Wing, Govt. of Nagaland to achieve the objectives quickly. For this purpose an independent Department of AYUSH and an independent Directorate of Homoeopathy may be established.
3. To request the Department of A YUSH, Govt. of India to have a special consideration for the State of Nagaland so that AYUSH sector in Nagaland can be improved
4. In near future maximum programs of AYUSH may also be held in the State of Nagaland
5. In view of the fact that there is a high demand for more qualified Homoeopaths in the state, workshop recommended to the Govt. of India to allot at least 5 seats every year in National Institute of Homoeopathy, Kolkata for BHMS course and 2 seats in MD (Homoeopathy) course to students from Nagaland as there is no Homoeopathic College in the state
6. Considering the fact that updating and reorientation of physicians are necessary for better patient care, the Homoeopathic physicians from Nagaland may be sent to National Institute of Homoeopathy, Kolkata for in-house Reorientation Programme/CME from time to time. The Director, National Institute of Homoeopathy may be requested to provide the infrastructure and facility for the training.

STATE LEVEL TRAINING OF TRAINERS PROGRAM

The State level Training of Trainers on Homoeopathy for Mother and Child Care in Nagaland State was held from 23rd to 27th February 2010, at Auditorium, Naga Hospital Authority Kohima (NHAK), Nagaland.

The Chief Guest for the training program was Shri Menukhol John, Commissioner and Secretary, Health and Family Welfare, Govt. of Nagaland, and the chairperson was Dr. D.K. Mero, Joint Director, AYUSH.

Total number of participants- 28; 6 AYUSH doctors from State Service and 22 NRHM doctors

Exhibition / IEC material/ Press Release

The following resource materials were distributed to all the participants one month ahead of the training:

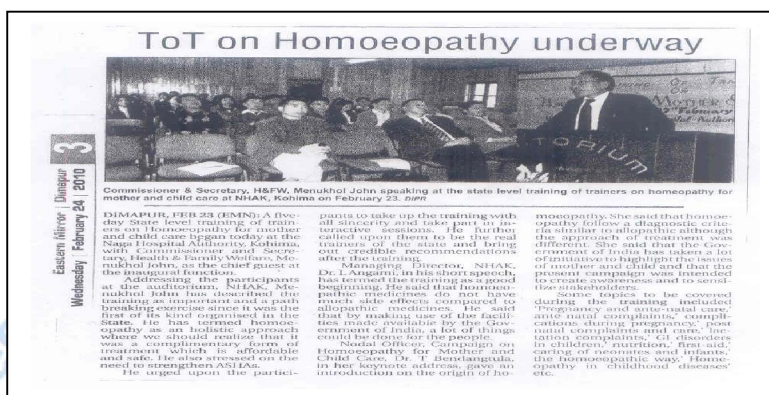
- Training Manual Volume I (Homoeopathy for Mother and Child Care-Obstetrics)
- Training Manual Volume II (Homoeopathy for Mother and Child Care-Pediatrics)

- Training Manual Volume III (Homoeopathy for Mother and Child Care-General Topics)

Print media coverage was given by four leading local News papers:

- The Nagaland Post
- Nagaland Page
- Morung Express
- Eastern Mirror

The program was also telecast on the local news on Doordarshan channel.



Technical Activities

The five days training program was conducted as per the guidelines given in the training module. Learned resource persons from different specialties of Obstetrics, Paediatrics, Gynaecology, Psychiatry, Dentistry, Nutrition & Homoeopathy were invited as speakers. All the sessions were informative & of much use for the participants. Certificates were also distributed on the last day of the program.

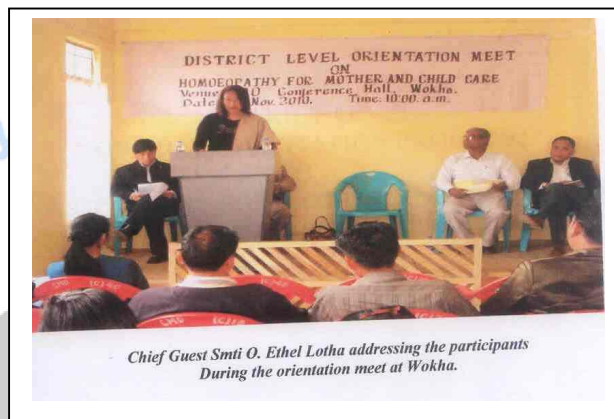
DISTRICT LEVEL PROGRAMS

ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program & IEC Activity(3,3)	17/11/10	Wokha District
	18/11/10	Mokokchung District
	23/11/10	Phek District
District Level Training Program (1)	25 th - 27 th Nov.'10	Drug Testing Laboratory Building, Dimapur, Nagaland

One day District Level Orientation Program on Homoeopathy for Mother and Child Care was conducted in three districts as per the action plan and guidelines given by the Department of AYUSH and Central Council for Research in Homoeopathy, Ministry of Health and Family Welfare, Govt. of India, New Delhi.

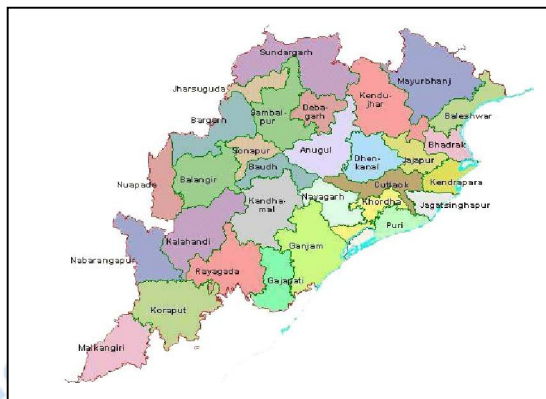
Representatives from different administrative & technical departments were invited as participants. Posters on Homoeopathy for Mother and Child Care were displayed and leaflets on

17 disease conditions on 'Homoeopathy for Mother and Child Care' were distributed to the participants. All the orientations programs were interactive and participatory & turned out to be a grand success, as the aim of promoting & creating awareness about Homoeopathy was achieved.



Chief Guest Smti O. Ethel Lotha addressing the participants During the orientation meet at Wokha.

ORISSA



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	57
3.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	5
4.	Total no. of patients screened through Camps & Clinics	19771

STATE LEVEL WORKSHOP

The Dept. of Health and Family Welfare and the Directorate of Indian Medicines and Homoeopathy, Bhubaneswar, Orissa through their flagship institute, Dr. Abhin Chandra Homoeopathic Medical College and Hospital, Bhubaneswar organized the Workshop on 5th & 6th November 2008 at Bhubaneswar.

The workshop was inaugurated at Soochana Bhawan by His Excellency Shri Murlidhar Chandrakant Bhandare, Hon'ble Governor of Orissa, by lighting the lamp and garlanding the bust of Dr. Samuel Hahnemann. At the outset, Prof. (Dr.) C. Nayak, Director, C.C.R.H. explained the objective of Dept. of AYUSH for such workshop. Dr. Sadananda Sahu, Deputy Advisor (H), Dept. of AYUSH, Ministry of Health & Family Welfare, Delhi briefed about different programs of Govt. of India which were being implemented for mainstreaming of Homoeopathy.



Views of dignitaries

Shri Sanatan Bisi, Hon'ble Minister, Health and Family Welfare, Orissa expressed the hope that homoeopathic doctors must be prepared to face the challenge of Mother and Child Health scenario in the State.

Shri Muralidhar Chandrakant Bhandare, Hon'ble Governor of Orissa shared a lively expression of his own experience concerning the health status of children and mothers of the State.

Exhibition / IEC material

The Hon'ble Governor released the **Souvenir** published on the occasion.

Technical Activities

All the relevant topics related to Mother & Child Health were dealt with during the two days long sessions during the workshop. Learned resource persons presented their experienced views on various topics. Prof. (Dr.) C. Nayak, Director, C.C.R.H., presented the "national and international research studies conducted in Homoeopathy for Mother and Child health Care. Some other topics were as follows:

- Scope and potential of Homoeopathy in Mother and Child Care
- Strategic area in mother and child health service where Homoeopathy can be integrated
- Need of Scientific Research in Homoeopathy
- Preventive Health Care practice in Paediatric cases through Homoeopathy
- Role of Homoeopathy in Autism Spectrum Disorder
- Role of Homoeopathy in R.C.H. Program
- Scope of Homoeopathy in the Treatment of Hernia in Infants and Children
- Concepts and Avenues of Referral, levels at which referral is to be made and avenues of two way referral among Homoeopathy and Allopathy

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	12
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	1
5.	Total no. of patients screened through Camps & Clinics	1931

State Level Orientation Workshop on Mother and Child Care was held from 23 Feb 2010 to 24 Feb 2010 at Mother Theresa Post Graduate and Research Institute of Health Sciences, Puducherry.

Total number of participants- 211

Homoeopathic resource persons from other states were invited to give their expert views on the diseases related to Mother & Child Health Care. Experts from the allopathic field of Obstetrics, Gynaecology & Paediatrics were invited from JIPMER Hospital and Indira Gandhi



Government General Hospital and Institute of Post Graduated, Puducherry. The speakers & the topics covered were well appreciated by all the participants.

STATE LEVEL TRAINING OF TRAINERS PROGRAM

Five-days State Level Training of Trainers Program in the beautiful & peaceful territory of Puducherry was organized by the Directorate of Indian System of Medicine and Homoeopathy from 23 March 2010 to 27 March 2010 at the Conference Hall of Vector Control Research Institute, Puducherry.

The training program was inaugurated by the Director, Vector Control Research Institute, Puducherry in the presence of the Director of Indian Systems of Medicine and Homoeopathy and Nodal Officer, AYUSH.

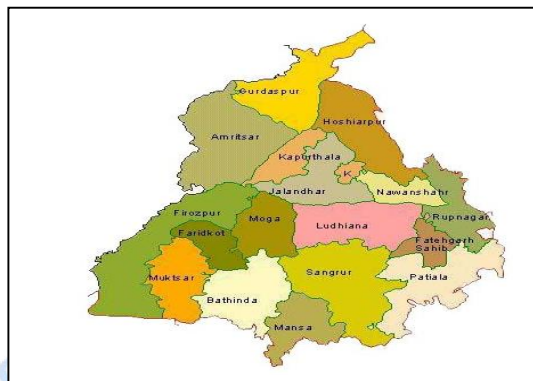
Total number of participants- 20 homoeopathic doctors

Technical Activities

The training sessions were held for 40 hours over five days. The time was aptly & strategically divided into 12 hours each for Paediatrics, Gynaecology & Homoeopathy and 4 hours for Health, Hygiene and Nutrition. Specialists for the technical sessions were invited from JIPMER Hospital, Indira Gandhi Govt. General Hospital and Post Graduate Institute, Puducherry. Experts in Homoeopathy were invited specially from Bangalore. Local Director from Puducherry was also invited to present on the topic related to Mother & Child Health Care.

All participants gained tremendously from the experience of the learned speakers. An interactive session at the end of last session helped participants to clear their doubts & understand the relevant topic in a better way. It was expected that these participants would further impart the knowledge gained from the program in their respective districts & take Homoeopathy reach to a bigger mass.

PUNJAB



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program (TOT)	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	12
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	1
5.	Total no. of patients screened through Camps & Clinics	3953

STATE LEVEL WORKSHOP

The State Level Workshop was organized in Punjab by Govt. of Punjab, Department of Homoeopathy on 5th & 6th September, 2009 at Homoeopathic Medical College and Hospital, Abohar, Distt. Ferozepur.

Aim of Workshop

- Focusing on the strength of Homoeopathy for Mother and Child Care
- Sensitizing policy makers, physicians of Allopathic, Ayurvedic, Unani and Homoeopathic systems of Medicine, Pharmaceutical Industry, Homoeopathic Pharmaceutical Companies, Non-Govt. Organizations (N.G.Os) working in the field of Homoeopathy among others regarding the strength of Homoeopathy in the area of Mother and Child Care



Sardar Tara Singh, President, Homoeopathic Medical College & Hospital, Abohar welcomed the participants, delegates, doctors of different systems of medicine, dignitaries and the chief guest for participating in the Workshop.

Views of dignitaries

Addressing the participants **Prof. Laxmi Kanta Chawla, Hon'ble Health and Family Welfare Minister, Punjab** emphatically narrated her own experiences of the efficacy of Homoeopathy for treating different diseases. She stressed upon:

- Homoeopathy can do miracles in treating the diseases in Mother & Child
- More people are now accustomed to the use of Homoeopathy as a safe system of treatment
- A homoeopathic doctor would soon be appointed as an independent, regular, full time Director of Homoeopathy under Govt. of Punjab
- Govt. of Punjab is determined for the progress of Homoeopathy in Punjab; keeping in view, a big Homoeopathic Hospital will be very shortly established in Punjab
- Advised the homoeopathic doctors to create awareness about Health & Hygiene among the school going children of primary and middle schools
- For the welfare of the Mother, a 30 bedded new ward will be established for female patients in the Civil Hospital, Abohar and Rs. 3.00 crore will be spent for the renovation of the building of this hospital
- Homoeopathy should be mainstreamed along with Allopathy as the former has great role in treating the sick individual

Smt. Vijay Laxmi Bhadu, Chairperson, Punjab State Social Welfare Board put forth some important points in the form of:

- Sanctioning of an amount of Rs. 50.00 lakhs for supply of sterilized sanitary pads for females during menses, & to prevent infections of any sorts
- More homoeopathic dispensaries should be opened under NRHM
- Govt. of Punjab should give employment to homoeopathic doctors, who have devoted 5 years for getting a degree in Homoeopathy

Technical Activities

Many eminent speakers from Punjab had spoken on various topics related to Mother & Child Health. Dr. D.P. Rastogi, former Director, Central Council of Research in Homoeopathy, Delhi narrated his success stories on the topic of scope of Homoeopathy in Mother & Child Care. He said that there is no toxicity in homoeopathic medicines and these can be prescribed with confidence in treatment of diseases during pregnancy. He stressed that Homoeopathy can do wonders when constitutional treatment is given to the mother and she is treated as a whole.



Dr. R.K. Manchanda, Deputy Director (H), Directorate of ISM & H, Delhi explained his clinical research work on the topic of, "An attempt towards symbiosis: Homoeopathy and Allopathy in Primary Health Care Unit". His research has shown that Homoeopathy is preferred as a system of treatment in most of the diseases.

Resolutions/ Recommendations

- 1) To create more awareness among the physicians of different systems of treatment regarding the strength of Homoeopathy in Mother & Child Health Care
- 2) To use homoeopathic medicines to allopathic medicines in diseases of mother & child as they are safer to administer
- 3) Treatment by homoeopathic medicines in early stages of the diseases has not only prevented and cured the diseases but has also help them to, remain healthy in the later part of their life by increasing the immunity/strength to fight diseases
- 4) To strengthen the infrastructure of homoeopathic department of Punjab by opening more homoeopathic dispensaries
- 5) To involve N.G.Os, Local Social Organizations, ASHA Workers and Panchayats in the Mother & Child Care Program
- 6) To involve homoeopathic doctors in the School Health Care Program
- 7) To provide homoeopathic medicines kits for common diseases of Mother & Child to ASHA Workers, for their use in rural and remote areas. ASHA workers should be trained for the use of this Mother & Child Care Kit.
- 8) To provide latest researches done in Homoeopathy to homoeopathic doctors to update their knowledge
- 9) To open Indoor Homoeopathic Hospitals in the State for the diseases of Mother & Child
- 10) To train homoeopaths in Obstetric and Gynecology & then to attach them with Allopathic Hospitals for attaining higher skills.
- 11) To popularize Homoeopathy through Health Mela/Workshop/Exhibitions/Seminars/ Refresher Courses etc.

STATE LEVEL TRAINING OF TRAINERS PROGRAM

Five day's extensive Training of Trainers Program for homoeopathic practitioners was held from 25th November 2009 to 29th November 2009 at Lord Mahavira Homoeopathic College and Hospital, Ludhiana. The Program was organized by Homoeopathic Department, Punjab under the able & dynamic guidance of Prof. Laxmi Kanta Chawla, Hon'ble Health and Family Welfare Minister, Punjab. The Program was meant to train Homoeopathic Doctors in effective treatment and management of diseases related to Mother and Child Care though Homoeopathy. TOT Program was inaugurated by Chief Guest, Sh. Vinod Kumar Bhalla, P.C.S., Additional Secretary Health-cum-Commissioner AYUSH, Punjab/Director Homoeopathy. Shri Hira Lal Jain, President, Management of Lord Mahavira Homoeopathic Medical College and Hospital, Ludhiana welcomed the Chief Guest and in his welcome address he emphatically stressed that Homoeopathy has a great role in Mother and Child Care.



Aim of Program

- To enhance the capacity and skills of homoeopathic practitioners in dealing with the issues related to Mother and Child Care
- To make homoeopathic practitioners fully aware of the potential & limitations of Homoeopathy while dealing with the Mother and Child in clinical practice and to remove the practical difficulties faced by them

Total number of participants- 50; 12 District Level Homoeopathic Medical Officers, 1 Homoeopathic Medical Officer appointed under N.R.H.M., Professors of Homoeopathic Medical Colleges & Private Homoeopathic practitioners

Technical Sessions

Learned experts from allopathic system of medicine who were mostly Assistant Professors/lecturers of allopathic medical colleges, enlightened the participants with their expert knowledge and practical experiences. These resource persons enhanced the capacity and skill of homoeopathic practitioners.

During all the sessions, interactions were held among resource persons and participants. The participants were asked questions regarding the practical difficulties faced by them in the O.P.D./I.P.D. in treating the Mother and Child cases. Two review and assessment sessions were held on 27th & 29th November, 2009 in which the participants were given 5 practical assignments, on the topics covered by them during this training, so as to assess their understanding of the subject.

Resolutions/ Recommendations

- 1) Homoeopathic treatment was considered as first line of treatment in Mother and Child care. Homoeopathic constitutional treatment which is without any side effects is the best and first line of treatment.
- 2) To assess limitations where surgical intervention or referrals of patients is needed and timely cross referral care by obstetrician, gynecologist, pediatrician is needed to further reduce morbidity and mortality of Mother and Child. Therefore, coordination and referral services between Homoeopathic Doctors and Allopathic Doctors is the need of the hour.
- 3) To take homoeopathic treatment to grass root level/primary health care level in all primary Health Centers (PHC) and Community Health centers (C.H.C.).
- 4) Continuing Medical Education programs and Refresher Courses for Homoeopathic Doctors in Obstetrics, Gynecology and Pediatrics to update their knowledge and skills in Mother and Child Care
- 5) To give practical training to homoeopathic doctors in allopathic Indoor Hospitals for Mother and Child Care

DISTRICT LEVEL PROGRAMS

ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program	08/10/10	Language Department, Patiala
	08/11/10	Auditorium, Indian Medical Association, Amritsar



(5)	13/12/10	Teacher Home, Bhatinda
	12/01/11	Hotel Residency, Hoshiarpur
	09/02/11	Ambedkar Bhawan, Faridkot
District Level IEC Activity (5)	15/10/10	Patiala
	15/11/10	Amritsar
	20/12/10	Bhatinda
	19/01/11	Hoshiarpur
	16/02/11	Faridkot
District Level Training Program (3)	29 - 31 Oct. '10	Ambedkar Bhawan, Patiala
	28- 30 Nov. '10	Divine Health Services Foundation, Amritsar
	26- 28 Dec. '10	Teacher Home, Bhatinda

The aim of organizing district level programs was to train the Homoeopathic Physicians to effectively manage Mother and Child Health problems in their respective clinical setups. The program was meant to create sensitization and awareness on strengths of Homoeopathy in Mother & Child Health Care among homoeopathic practitioners. It was organized to enhance the capacity and skills of homoeopathic practitioners while dealing with the issues related with Mother & Child Care.

District Level Officers of Punjab, regular homoeopathic Medical Officers and Homoeopathic Medical Officer appointed under N.R.H.M scheme, and known Private Homoeopathic Practitioners participated in various district level programs

Experts from different systems of medicine, Dr.Mukhtinder Singh, Dr.Tanvir Husain, Dr.Ravinder Kocchar, Dr.Ashwani Kumar Sharma, Dr. Mahajan & others enlightened the participants with their knowledge and experience .Their power point presentations, practical demonstrations enhanced the capacity and skills of the participants and explained to the participants the methodology and skills to be utilized in mother & Child Care. The knowledge and skills of the participants were greatly enhanced during the district programs. The main objectives achieved during the district level programs are as under:-

1. Homoeopathic practitioners were made aware of the strengths of Homoeopathy in Mother & Child Care. So, homoeopathic treatment was considered as FIRST LINE OF TREATMENT in Mother and Child care. Thus Homoeopathic constitutional and holistic treatment which is without any side effects was considered the best.
2. It was stressed that as this holistic system has great scope in treatment of diseases of mother and child, the general practitioners and public should be made aware of the scope and strength of Homoeopathy.
3. It was stressed that practitioners of other systems should also be made aware of the strength of Homoeopathy in Mother and Child Care.
4. There must be co-ordination and referral services between Allopathic and Homoeopathic doctors
5. Homoeopathic system being cost effective, safe, permanent and without side effects, it should be preferred at grass root level, in PHCs and CHCs. It is essential that one unit of



Homoeopathic dispensary should be opened at all PHCs and CHCs levels.

6. Continuing Medical Education (CME) programs and refresher courses should be conducted in Obstetrics, Gynae, and Pediatrics for Homoeopathic doctors to update their knowledge and skill in mother and child care
7. More exposure should be given to Homoeopathic doctors at PHC and CHC level



A map of the state of Rajasthan, India, divided into its administrative districts. Each district is labeled with its name in English. The districts shown are: Gandhinagar, Hanumangarh, Bikaner, Churu, Bhujnagar, Sikar, Alwar, Bharatpur, Jaipur, Nagaur, Jodhpur, Barmer, Pali, Ajmer, Tonk, Karauli, Banswara, Dungarpur, Udaipur, Chittorgarh, Kota, Baran, Pratapgarh, Bhilwara, Jalore, Sirohi, and Jaitsamer. The map uses different colors to distinguish between the various districts.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	91
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	4
5.	Total no. of patients screened through Camps & Clinics	19387

Department of Ayurveda, Rajasthan organized a State Level Workshop on Mother and Child Care during 9-10 **December** at Bhagwat Singh Mehta Hall, Harsh Chandra Mathur Public Administration Institution, Jaipur. The workshop was organized as per the direction & guidance given by Dept. of AYUSH, Govt. of India & C.C.R.H. New Delhi. The workshop was inaugurated by Shri. A.A Khan, Hon'ble Minister of Health and Family Welfare, Rajasthan.

Total no. of participants– 220; 40 policy makers, 40 doctors from Allopathy, Unani & Ayurveda, 130 homoeopathic doctors under NRHM, principal & lecturers of HMC's, 10 others including Media, NGOs, etc.



Views of dignitaries

Shri. A. A. Khan, Hon'ble Minister of Health and Family Welfare presented the following points:

1. The initiative of Central Government through Department of AYUSH is an important one & would help the State of Rajasthan in controlling the mortality rate due to of diseases related to Mother & Child.
2. Participation of Homoeopathic, Ayurvedic, Unani & Allopathic doctors made the workshop worthwhile
3. More and more scientific work should be carried out in the field of research in Homoeopathy
4. Homoeopathy medicines are safe and without any side effects and treat the disease from its root

Exhibition / IEC material

IEC material along with Training Modules were given to all the practitioners who attended the workshop & 17 different handouts on conditions related to Mother and Child Care, prepared by CCRH were released on the occasion.

Technical Sessions

Senior faculty members along with principals of homoeopathic medical colleges, Medical Officers specializing in Gynaecology, Obstetrics & Paediatrics gave informative Power Point Presentation during the sessions. Participants were also told about the importance of creating awareness about the role of Homoeopathy in Mother & Child Care among rural population. The following points were the main highlights:

1. To prevent, manage or treat cases related to mother & child health with proper, prior planning and intervention
2. To work in coordination with other systems of medicine to popularize Homoeopathy
3. To create awareness and popularize Homoeopathy in the rural areas of Rajasthan with the help of local agencies and to bring down the death rate of diseases related to mother and child health

Following topics were discussed during the sessions:

1. Respiratory Disorders in children
2. Autism & Homoeopathy
3. Anxiety Disorders in children
4. Cerebral Palsy in infants
5. Anaemia, Pruritis & Toxemia in pregnancy
6. Labor, Post labor & Lactation Troubles
7. Maternal & Infantile disorders



Resolutions/ Recommendations

Mrs. Vineeta Shrivastava, Director, Department of Ayurveda, Rajasthan presented the following resolutions at the end of workshop.

1. Homoeopathic medicines should be used as the first line of treatment in treating the conditions of Mother & Child Health
2. To promote Homoeopathy through coordination with other systems of medicine and create awareness among common man
3. To promote Homoeopathy as a line of treatment in rural areas through IEC material
4. To work in liaison with NGO's to publish & promote the benefits of Homoeopathy among common man
5. To reduce maternal & infant mortality rate with the help of homoeopathic medicines thus establishing the significance of Homoeopathy
6. To have one day every week special OPD for Mother & Child Health Care in all homoeopathic hospitals
7. To visit the areas/ schools near homoeopathic hospitals, once in every three months & assess the health status of children & also provide necessary information to them
8. Special emphasis on creating awareness about good health in rural areas where majority of people are ignorant about their health
9. To coordinate with Dept. of Ayurveda, Health and Family Welfare & Department of Female and Child Welfare Development to promote Homoeopathy at Anganwadi centers for the treatment of conditions related to Mother and Child
10. To create awareness about family planning & immunization and to make the homoeopathic medicines available at the right time

STATE LEVEL TRAINING OF TRAINERS PROGRAM

Deputy Director, Homoeopathy along with Department of Ayurveda Rajasthan, jointly organized five days State Level Training Program from 11th to 15th Feb.2010 at Harishchandra Mathur Lok Prashasan Sansthan, Jaipur.

The main focus of the training program was to educate the doctors & provide practical knowledge about the conditions related to Mother & Child Care thus boosting the confidence of the practitioners in diagnosing, preventing or treating such conditions. By doing so, the aim is to reduce the maternal & infant mortality rate & establish the efficacy of the homoeopathic system.

Total no. of participants– 57; including homoeopathic doctors from medical colleges, Govt. departments, doctors under NRHM, working at PHC/ CHC's

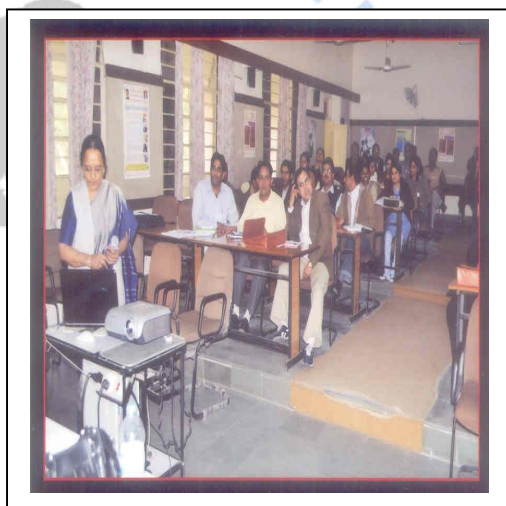
Technical Sessions

40 hours of training was divided evenly over five days. Specialists of Gynaecology, Obstetrics, Paediatrics, Dental, nutrition & Homoeopathy were invited as resource persons & to enlighten

the participants with their experiences. Some of the important topics discussed during the training program were as follows:

1. Ante-natal, Natal & Post-natal Care
2. Care & Treatment of the New Born & Children
3. Healthy and Nutritional Food for children
4. Prevention of Diseases
5. Primary line of Treatment

Each session ended with a discussion along with questions related to the session. By doing so, all the participants were confident of knowing the topics discussed during the sessions. One of the assessment forms on Obstetrics (scanned copy) is placed below.

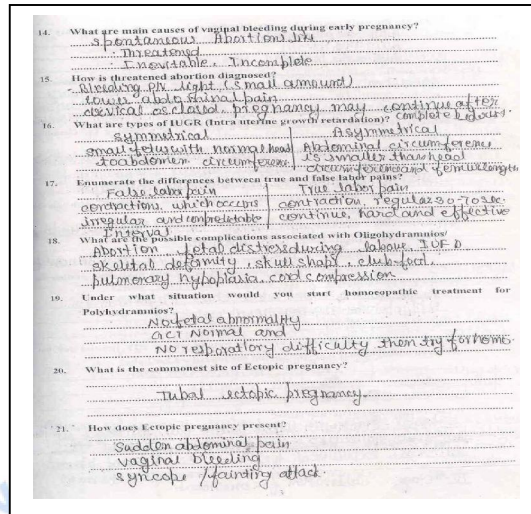


DEPUTY DIRECTOR HOMOEOPATHIC AYURVED DEPARTMENT,
RAJASTHAN (JANVAR)
Assessment on complete Obstetrics

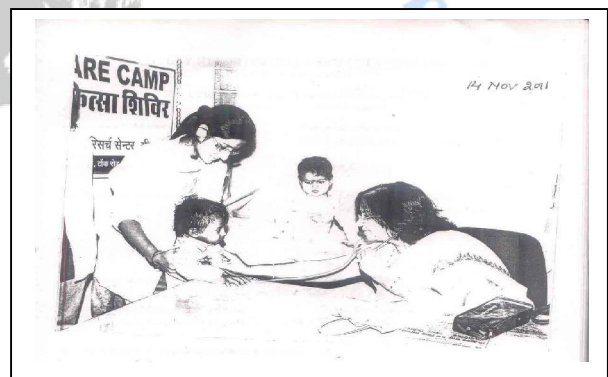
Name: Dr. Manda Verma Place of Posting: CHC Dedi
Date: 13-2-2018

- What are the minimum antenatal visits recommended by WHO?
1. antenatal visit is necessary.
1st visit at 11th trimester at 16 wk. 2nd - 24-28 wks
3rd - 32 wks 4th at 36 wks
- What are the routine investigations done in 1st antenatal visit?
(a) Blood exam - Hb% and hemoglobin, ABO & Rh grouping
(b) Urine exam - BUN, creatinine, ESR, sugar
(c) Routine exam - CBC
(d) Ultrasound scan at 18-20 wks
- What are quickening and when does it occur?
Quickening means first active fetal movement.
It occurs at 20th wk of gestation.
- What is the immunization schedule for tetanus vaccine?
In protected women - 2 doses (0.5 ml im) at 6 weeks and
first at 16-24 wks.
Protected (immunized) - A booster dose of 0.5 ml (im)
- What are the risks associated with anaemia during pregnancy?
Maternal: intercurrent infections, Preterm labour, PIH, obst shock, Preterm birth
Fetal: Placental CCF, Pulmonary Hypertension, Neonatal Anemia, Jaundice, Fetal mortality
- What is the per cent weight gain per week during 2nd and 3rd trimester of pregnancy?
0.3-0.5 kg/week during second and 3rd trimester.

- In which conditions screening of blood glucose during pregnancy is required?
The family history of DM, previous sibling, resistant glycosuria, previous birth of a very high baby of >4 kg, previous stillbirth, unexplained fetal loss, age over 30 yrs, obesity
- What is the recommended dosage of iron and folic acid supplements during pregnancy?
one tablet of 100 mg iron + 5 mg folic acid once a day at least 100 days
- Enumerate the conditions when a pregnant woman needs to report to hospital immediately.
Excessive vomiting, Any PV bleeding during pregnancy, severe headache with blurred vision, convulsions, high fever with without abdominal pain, late onset of heavy vaginal bleeding, decreased fetal movements, Nausea/vomiting, Pica, anxiety and fear, headache, heart burn and constipation, piles, Backache, varicose, pedal edema, false labour pain.
- What are the general measures to prevent nausea and vomiting in pregnancy?
1. Take small frequent meals instead of 3 major meals
2. Avoid spicy, fried, rich, greasy, and cold foods, Legumes
3. Eat food rich in protein like nuts
4. Avoid citrus fruits, coffee, tea, alcohol, and spicy food
- What are the conditions that may cause abnormal vaginal discharge?
Candida infection, Trichomonas infection, Bacterial vaginosis
- What is the criterion of diagnosis of pregnancy induced hypertension (PIH)?
(a) Absolute blood pressure of 160 mmHg or higher
(b) Rise after 20th wk of pregnancy
(c) Mean arterial pressure of 105 mmHg
(d) B.P. returning to normal 12 wk postpartum



Glimpse of activities in the state



TAMIL NADU



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
6.	State Level Workshop	1
7.	State Level Training of Trainers Program (TOT)	1
8.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	102
9.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	7
10.	Total no. of patients screened through Camps & Clinics	17379

STATE LEVEL WORKSHOP

The State Workshop on “Homoeopathy for Healthy Mother & Happy Child” was organized by the Directorate of Indian Medicine & Homoeopathy, Govt. of Tamil Nadu at Anna Institute of Management, Chennai during 10- 11 October 2008.

Resolutions/ Recommendations

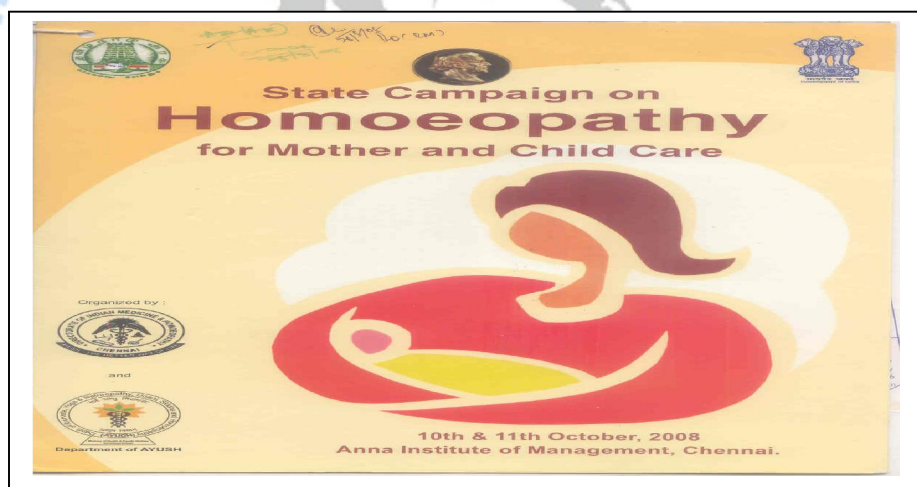
The State Workshop adopted the following resolutions unanimously:

1. To declare Govt. Homoeopathy Medical College as the State Institute of Excellence in Homoeopathy and request the State Government to take immediate steps to introduce MD (Hom) courses in all disciplines approved by the CCH in the Government Homoeopathic Medical College, Thirumangalam
2. To establish a new Government Homoeopathic Medical College at Chennai.



3. To organize the district level campaigns in all the 31 districts of Tamil Nadu as a follow up action to keep the campaign a sustainable one. Regular awareness camps on the strengths of Homoeopathy may be organized in rural areas to educate the people about the efficacy of Homoeopathy in Mother and Child Care by involving the ANM workers, Women's self help groups and Community Health workers. The State Resource Centre may provide proper publicity material in local language about homoeopathy and its role. The Department of AYUSH, GOI may provide additional financial support to conduct such programs.
4. To educate and orient the rural homoeopathic practitioners for the effective use of homoeopathy in mother and child care by supplying the standard reference material in the subject. The private Homoeopathic Medical Colleges and NGOs may be involved in effective implementation of the program.
5. All the Homoeopathic medical colleges may establish special clinics for Maternal and child care in their hospitals.
6. Special training and CME programs on Mother and Child care for the practitioners and paramedics may be introduced by Dept. of AYUSH through the State Resource center and the Colleges under Public and Private Sector. Necessary material and support may be provided by the National Institute of Homoeopathy, Kolkata/Central Council for Research in Homoeopathy, New Delhi to create more awareness about this system in Tamil Nadu.
7. The teachers in the Obstetrics/Gynaecology department may be given special training in conducting labour and management of Pregnancy through Integrative Medicine Training which would help mainstreaming Homoeopathy in Mother and Child care effectively.
8. To request the National Institute of Health and Family Welfare, New Delhi, State Family Welfare Training Institute and National Institute of Homoeopathy, Kolkata to train Homoeopathic doctors on the National Health Programs from time to time. Special practical training programs may be introduced for the teachers of Homoeopathic Colleges on management of pregnancies and labour in reputed allopathic hospitals. Posting of the interns in allopathic hospitals on management of pregnancies may be made compulsory.
9. To design and provide proper audio visual and printed materials in local language about homoeopathy and its role in Mother and Child Health care
10. To request the state government particularly the Mission Director to set up more Homoeopathic Indoor and Outdoor treatment facilities under the NRHM in the existing Allopathic hospitals, PHCs/CHCs
11. The administrative set up for Homoeopathy in the Directorate of Indian Medicine and Homoeopathy requires to be strengthened by recreating required supporting staff
12. The Homoeopathic Medical Colleges, NGOs, working in the health sector and social service sector should be involved in the campaign.
13. The Panchayati Raj Institutions and Urban Self-Government Institutions should also be included in the School Health Programs.

14. To extend financial assistance to all private Homoeopathic Medical Colleges as both development and maintenance grants for establishing collegiate hospital with a view to provide public health care and for making facilities for efficient clinical training to the students
15. Request the Tamil Nadu Dr. MGR Medical University to establish a Department of Homoeopathy under the University by utilizing the Central Grant available under the 11th five year plan scheme for the conduct of programs like faculty improvement, curriculum development, development of text books and teaching aids besides research and advance studies in Homoeopathy.
16. Request the State Government to revise the fee fixed for the Homoeopathy Degree course rationally and reasonably with a view to facilitate the Management to run the Homoeopathy colleges with the required standards as per the CCH Regulations.
17. Request the State Government to take necessary steps for establishing a Homoeopathic Medicine Manufacturing unit with a Drug Testing Lab in the State.
18. Request the State Government to take immediate steps to appoint a Drug Controller with necessary administrative setup with a view to maintain the quality control of Homoeopathic Medicines in the State.



STATE LEVEL 'TRAINING OF TRAINERS' PROGRAM

The state campaign on Homoeopathy for Mother and Child Care & TOT on Healthy Mother and Happy Child were held at Coimbatore from 19th to 23rd August, 2010 at Golden Jubilee Auditorium of Tamil Nadu Agricultural University. The five days workshop was inaugurated by the Union State Health Minister, Hon'ble Shri Thiru. M. Gandhiselvan.

Technical Activities

Total of 25 sessions were held during the five days' program. Each session had taken 45 minutes, hence 18 hours and 45 minutes of total time was utilized in making the participants aware of the conditions related to Mother & Child Care. 25 resource persons had given their



contribution on different subjects through LCD projectors. Senior eminent Homoeopaths, retired Principals of Homoeopathic Medical Colleges and Professors from different colleges had contributed as resource persons. Medical Officers from Govt. dispensaries under NRHM, Homoeopathic Consultants, (Govt. and Private) from Homoeopathic Medical Colleges had participated in the program. The modules were given to every participant 30 days prior to the workshop as per the guidance of CCRH.

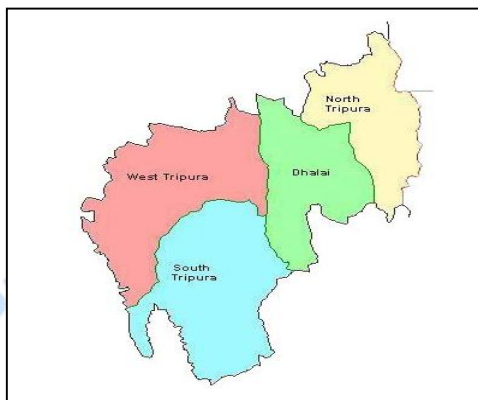
The following topics were discussed during the five days sessions:-

1. The use of Nosodes in Mother and Child Care – A clinical study
2. Growth and Development of the Child
3. Psychological Problems in Children and Homoeopathic Management
4. Obstacles for Pregnancy
5. Polycystic Ovary and Homoeopathy
6. Infertility in males
7. Homoeopathy on Dysfunctional Uterine Bleeding
8. Endocrine and Expectant Mother
9. Prevent Tonsillitis by Homoeopathy
10. Renal Calculus in Childhood and Multiple Abortions in Cervical Incompetence
11. H1N1 and Pregnancy
12. Plants used for Mother and Child Health Care in Homoeopathy





TRIPURA



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	22
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	1
5.	Total no. of patients screened through Camps & Clinics	1202

STATE LEVEL WORKSHOP

The workshop on Homoeopathy for Healthy Mother & Happy Child was held during 19th to 20th May 2008 at Pragna Bhavan, Agartala. The workshop was inaugurated by the Hon'ble Minister In-charge of Social Education & Social Welfare Smt. Bijita Nath. The Principal of Agartala Govt. Medical College was Guest of Honour. The Principal expressed his gratitude for conducting such workshop which will have long lasting effects.

Views of dignitaries

Hon'ble minister, Smt. Bijita Nath stressed upon the following points:

- Effort should be taken to spread the homoeopathic treatment all over Tripura even up to grass-root level



- Homoeopathic hospital may be provided with all facilities of intra-natal delivery along with postnatal care

Technical Activities

Various aspects of diseases related to Mother & Child were discussed over two days during the sessions. Experts from different fields were invited to share their views on the topic. Dr. Eswara Das, Deputy Advisor, Homoeopathy, Govt. of India gave lecture on the Status of Homoeopathy in India, with regard to Regulation, Researches, and Statistics etc. He vividly narrated all the matters which were informative & cleared up all confusions of the participants.

Dr. Akilesh Singh, Post Graduate Co-ordinator, Shri Sainath P.G. Institution of Homoeopathy, Allahabad presented a paper on Attention Deficit Hyperactivity Disease (ADHD). He discussed the topic at length & elaborated on the role of homoeopathic medicines in ADHD.

Dr. Praveen Oberoi, Assistant Director (Homoeopathy), CCRH, Delhi spoke upon the work delivered by CCRH at Agartala through its Unit. She further discussed the year wise outcome of some work of the dispensary at Agartala.

Some of the other papers presented were:

- Complaints of Women during Pregnancy
- Delivery & Post-Partum
- Prevention of Danger Conditions
- Global Research on Homoeopathy for Maternal & Child Care
- Infections during Ante-natal period
- Paediatric Diseases & Experiences with Homoeopathic Treatment

Resolutions/ Recommendations

- Homoeopathic hospital should have all the facilities of conducting Antenatal, Intranatal, and Postnatal Care
- Upgrade the National State Homoeopathic Hospital up to the level of State Hospitals of other system of medicine so that crisis management care can be taken up

STATE LEVEL TRAINING OF TRAINERS PROGRAM

Five day's State Level Training of Trainers Program was held on 29/01/11 at Hall of Agartala Govt. Medical College & Hospital. The Principal of the college had inaugurated the program. Topics discussed during the workshop were as per the training manuals provided to the participants before the beginning of the program. 27 Medical Officers (Homoeopathy) participated in the training program.



DISTRICT LEVEL PROGRAMS

ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program & IEC Activity (4,4)	15/07/11	Kailashahar Circuit House Hall (North District)
	18/05/11	DHFWS Training Institute (Dhalai District)
	29/01/11	Pragna Bhavan, Agartala (West District)
	27/01/11	Conference Hall, Tripura District Zilla Parishad (South District)
District Level Training Program (4)	16 th - 18 th July '11	Kailashahar Circuit House Hall
	19 th - 21 st July '11	DHFWS Training Institute (Dhalai District)
	21 st - 23 rd March '11	Royal Guest House, Agartala (West District)
	28 th - 30 th March '11	AYUSH Building, T.S. District Hospital, Udaipur (South District)

As many as **440** delegates participated in various district level activities. All the district activities were appreciated by those attending them & proved to be of much significance in adding to their existing knowledge on the conditions related to Mother & Child Care. Topics covered in all four districts are mentioned below:

1. Prevailing diseases in Tripura among Mother & Child and Homoeopathic Treatment
2. Immunization
3. Scope of Homoeopathy with Special Reference to Maternal & Child Health Care
4. National Vector Borne Disease Control Program
5. T.B. Control Program

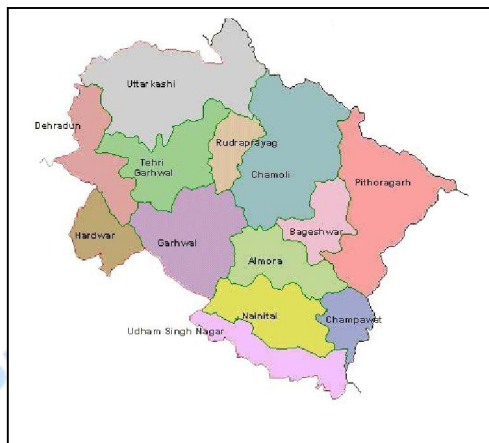
The Workshop and Training Programs were fruitfully organized in all Districts, in close coordination amongst the existing health care system. Participation of key dignitaries as resource persons in the workshop to address the local communities has amply reflected that AYUSH systems have important role to play in promoting healthy life which has now been made accessible and affordable under NRHM.

Glimpse of activities in the state





UTTARANCHAL



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	17
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	1
5.	Total no. of patients screened through Camps & Clinics	4919

STATE LEVEL WORKSHOP

State Level Workshop on 'Homoeopathy for Healthy Mother and Happy Child' was held at Hotel Aketa, Dehradun, Uttarakhand on 8 - 9 January 2010. The workshop was organized by the Department of Homoeopathy, Government of Uttarakhand and Department of AYUSH, Ministry of Health and Family Welfare, Government of India.

Workshop was inaugurated by Shri Ramesh Pokhriyal 'Nishank', Hon'ble Chief Minister of Uttarakhand; Shri B.S. Bhauryal, Hon'ble State Minister of Health and Family Welfare and Shri Govind Singh Bisht, Hon'ble Minister of Education, Govt. of Uttarakhand.

Aim of workshop

- To propagate the inherent strengths and potential of Homoeopathy for its role in Mother and Child Care



- To assist the participants in acquisition of practical knowledge that will allow them in future to replicate this workshop at state and district levels and become active participants in the Women and Child Health Programs in the state, through Homoeopathy

Views of dignitaries

Addressing the workshop, **Shri Ramesh pokhrial 'Nishank' Hon'ble Chief Minister of Uttarakhand**, highlighted the growing acceptance and popularity of Homoeopathy all over the world and stressed upon the following:

- Homoeopathy has a definite role to play in the delivery of healthcare to the people in the country
- Homoeopathy being effective, safe and affordable has become very popular throughout the country
- Proposed to open a Govt. Homoeopathic College in Uttarakhand as 'Centre of Excellence in Homoeopathy'
- Integration of AYUSH systems with mainstream healthcare has been a long standing policy objective of the Govt. of Uttaranchal
- Asked the State Govts. to take immediate action to establish wider healthcare facilities under Homoeopathy and other Indian systems at the PHC, CHC and district level hospitals
- Need to generate public awareness about the effectiveness and availability of homoeopathic treatment in skin diseases and conditions affecting mothers and children
- Urged that the National Campaign on Homoeopathy must focus on generating awareness about the strengths of Homoeopathy in Mother and Child Care and that it should pave way for Integration of Homoeopathy and other Indian systems of medicine into the mainstream healthcare organization of the country

Total number of participants-200; including of policy makers, allopathic physicians (Director, Addl. Director, CMO, CMS, Gynecologists, Obstetricians, and Paediatricians), Ayurvedic physicians, Homoeopathic physicians from Govt. and private sector, representatives from homoeopathic pharmaceutical laboratories and medical colleges, NGOs and persons from print & electronic media

Exhibition / IEC material

A Souvenir on "Homoeopathy for Mother and Child Care" with successful stories and translated copies of two posters, two brochures & handouts were released. Promotion of the campaign was done through print media as well.



Technical Activities

Much was discussed about the role of Homoeopathy in the diseases of mother & child. Many learned speakers from the state of Uttarakhand & outside, presented their papers on common yet important topics related to mother & child health. Various sessions discussed were as follows:

1. Introduction and scope of Homoeopathy in mother and child health
2. Homoeopathy in Gynae/ Obs practice
3. Homoeopathy as first line of treatment for mother and child
4. Advantages of homoeopathic treatment in pediatrics
5. Mainstreaming of homoeopathy using campaign as strategy



STATE LEVEL TRAINING OF TRAINERS PROGRAM

State level Training of Trainers Program on Homoeopathy for Mother & Child Care was held at Hotel Aketa, Dehradun, Uttarakhand from 24th March to 28th March 2010. The Program was organized by the Dept. of Homeopathy, Govt. of Uttarakhand and CCRH, New Delhi. The strength and potential of Homeopathy was discussed with Homoeopathic physicians.

Workshop was inaugurated by Shri Keshv Desi Raju, Principle Secretary, AYUSH, Govt. of Uttarakhand. Welcome address was delivered by Dr. Sunil Kumar Dimri, Nodal Officer for Training of Trainers Program.

Aim of Program

To propagate the inherent strengths and potential of Homoeopathy for its role in mother and child care

Total number of participants- 50

Technical Activities

Following topics were discussed over five days time to create awareness & enhance knowledge of the participants. The topics were:

1. Normal Pregnancy & Child Care

2. Common psychological problems of Children
3. Complaints of Infants & Children
4. Role of Homoeopathic in Antenatal Care
5. Role of Homoeopathic Medicines in fever and & respiratory Disorders in Children.
6. Role of homoeopathic medicine in Infants and Children
7. Identification of levels of prevention in Women and Children
8. First Aid for Common Emergency Conditions
9. Management with Homoeopathic Medicines in Case of Labor, Child birth and Lactation Complaints
10. Dental problems in Pregnancy and Oral Health in Children

Assignments related to the subject were given to the participants & feedback was taken from them after the program. Group discussion took place among the participants/trainers thereafter.

This session was held at Doon Mahila Hospital with practical demonstration of Instruments related to the pediatric problem by Dr. Archana Srivastava of pediatric department.

In the last session, participants gave their views regarding the five days Training Program and duly filled feedback forms were obtained from the participants. A copy of one of the forms is placed in this report for reference.

Feed Back Form

State level training for trainer for homoeopathy on Mother and Child Care
held on 24th to 28th March 2010
Aketa Hotel, Dehradun, Uttarakhand.

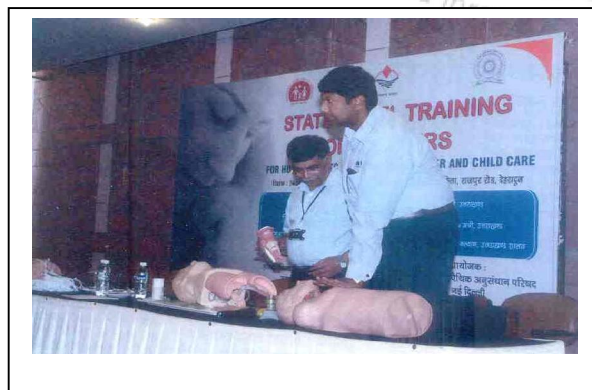
Homoeopathic Medical Services Uttarakhand, Dehradun.
7-A, Street No-01 Shastri Nagar, Dehradun- 248001

1. Name: Dr. Indrajit Naranda
2. Designation: ENT/MS / Paediatrician
3. Distt.: Dehradun
4. Address: 12/5 Indira Nagar, Dehradun

Your valuable comment on the below mentioned are desired for the betterment of the training conducted in the near future.

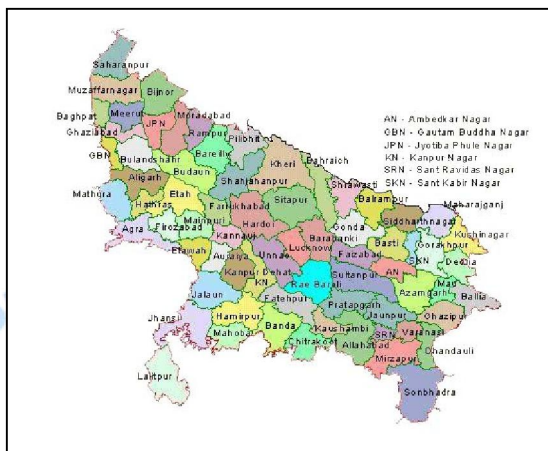
No.	Type	Poor	Good	Very Good	Excellent	Your Rating
(1)	Knowledge you gain	Poor	Good	Very Good	Excellent	Very Good
(2)	Resource Material	Poor	Good	Very Good	Excellent	Excellent
(3)	Resource Person	Poor	Good	Very Good	Excellent	Very Good
(4)	Conference Aids	Poor	Good	Very Good	Excellent	Very Good
(5)	Transport	Poor	Good	Very Good	Excellent	Very Good
(6)	Food	Poor	Good	Very Good	Excellent	Very Good
(7)	Accommodation	Poor	Good	Very Good	Excellent	Very Good
(8)	Over all arrangement	Poor	Good	Very Good	Excellent	Very Good

Suggestions/Comment :
- I would like to have more more
- I would like to have more more
- Few speakers with practical demonstration
- Comparison with international training
Signature: Dr. Indrajit Naranda
Name: Dr. Indrajit Naranda
Phone No: 9410651485





UTTAR PRADESH



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program	2
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	105
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	8
5.	Total no. of patients screened through Camps & Clinics	26900

STATE LEVEL WORKSHOP

A state level workshop was organized on the 17th & 18th of March, 2008 at the Scientific Convention Center, Lucknow. The commitment of the Govt. of Uttar Pradesh for the purpose of Healthy Mother & Happy Child through Homoeopathy was reflected by the presence of Ministers, Secretaries & other Officials of Govt. of Uttar Pradesh. Mr. Rajesh Tripathi, Hon'ble State Minister, Religious Affairs & Homoeopathy inaugurated the workshop.

Objectives of workshop

- Sensitization of District Level Officers
- Co-ordination with other systems of medicine
- Upgradation in the field of Mother & Child Care
- Knowledge of various schemes of Dept. of AYUSH





Views of dignitaries

In his inaugural address, **Shri S.K. Raghuvanshi, Special Secretary, Health Education, Govt. of Uttar Pradesh** said that the National Campaign is an important & challenging task for the Health Dept. of Uttar Pradesh

Dr. S.P. Singh Advisor, AYUSH, Govt. of India in his address, stressed upon the following points:

- Many complex diseases are cured by Homoeopathy. Govt. of India has decided to provide Rs. 35 lakhs for the O.P.D facilities in the district level hospitals of the AYUSH systems
- Main emphasis of W.H.O. is on reducing Infant Mortality Rate and Maternal Mortality Rate and improving the health care delivery system
- Main causes of high I.M.R. are diarrhea, pneumonia, septicemia, pulmonary infection, meningitis etc. Deaths due to diarrhea can be checked by O.R.S.

Dr. S.P.S. Bakshi, President, CCH, Govt. of India enthralled the audience by saying that by 2010 the sale of Homoeopathy is going to be about 26 billion dollars in India This speaks about the popularity of Homoeopathy growing at a fast pace.

Total number of participants- Participants for the workshop included homoeopathic & allopathic physicians, policy makers, NGO representatives, drug manufacturers, media persons & officers of Dept. of Homoeopathy of Uttar Pradesh

Press meet

A pre-workshop press meet was organized by Prof. B.N. Singh, Director of Homoeopathy, Uttar Pradesh on 30th March, 2008. The media persons interacted with Prof. Singh asking various question about Mother and Child Care. Prof. Singh briefed about the role of homoeopathy in various diseases of women and children.

Exhibition

An exhibition during workshop was organized at the same venue. The following drug manufacturers participated in the exhibition.

1. S.B.L., Sahibabad, U.P.
2. W.S.I., Noida, U.P.
3. Allen's Homoeo Lab, Hyderabad
4. Bakson Laboratory, India.

A Souvenir was released & given to all the delegates along with the handouts of 17 diseases in local language, which were provided by C.C.R.H.

Technical Activities

The two days workshop was divided into various sessions. During the plenary sessions, six scientific discussions on various subjects were held. There was a detailed discussion on various topics related to Mother & Child Health Care & 14 resolutions were drafted & produced before Sh. P.K. Mishra, Chief Secretary, Uttar Pradesh, which were accepted as well.



Resolutions/ Recommendations

1. To promote & create awareness about Homoeopathy in conditions related to Mother & Child Care at primary & secondary health care levels
2. To create awareness about the role of Homoeopathy in diseases of Mother & Child
3. To seek for financial & technical support from the Central Govt. for regulating the activities related to information, education & broadcasting
4. To provide homoeopathic treatment facility in the OPD & IPD of all allopathic hospitals/ dispensaries with the help & support of NRHM
5. There is a need to integrate & strengthen the administrative structure of Homoeopathy at Departmental, District & Divisional levels
6. To involve Homoeopathic Medical Colleges, NGO's, Gram Panchayats in the National Campaign
7. To include basic information about diseases & their homoeopathic treatment in the School Health Scheme so as to create awareness about Homoeopathy
8. To set up Primary Homoeopathic Health Centers on the lines of Primary/ Community Health Centers & to be given basic infrastructure on the same guidelines
9. To have better facilities/ practical training for students in medical colleges in the diseases of Gynaecology & Obstetrics. For this students should be sent to allopathic hospitals for training purposes.
10. To organize Continuing Medical Education Program for homoeopathic doctors on topics related to Mother & Child Care on regular basis
11. To promote & create awareness about the role of Homoeopathy by means of electronic & print media
12. To establish State Level Resource Centers of Homoeopathy in the state

13. To request the State Govt. to recognize the guidelines of homoeopathic treatment given by Dr. M.L. Dhware Trust
14. To motivate the Village Panchayats & Urban Administrative Depts. to promote & contribute to the development of Homeopathy in the state

STATE LEVEL TRAINING OF TRAINERS PROGRAM

Director, Homoeopathy, Uttar Pradesh organized two State Level Training Programs , as per the directions & guidelines given by C.C.R.H.

1. First Training Program was organized through the State National Homoeopathic Medical College & Hospital, Lucknow from 9th to 13th Feb. 2010
2. Second Training Program was organized through the State Pandit Jawahar Lal Nehru Homoeopathic Medical College & Hospital, Kanpur from 23rd to 27th Feb. 2010

All the participants were provided with the Training Manuals, 30 days before the Training Program, for self study.

DISTRICT LEVEL PROGRAMS

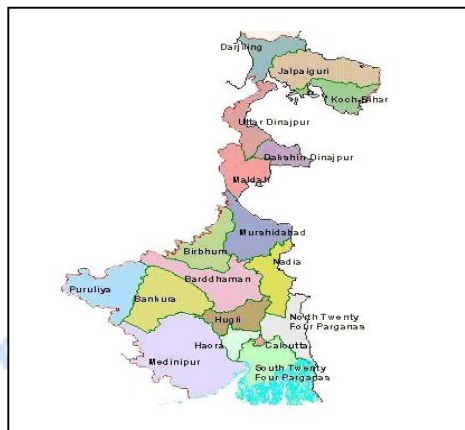
The District Level Activities were conducted by the District Level Task Force. The main aim of the programs was to create awareness about the role of Homoeopathy in diseases of Mother & Child Care.

ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program & (6,6)	22.02.2010	Allahabad
	26.02.2010	Faizabad
	03.03.2010	Azamgarh
	05.03.2010	Moradabad
	09.03.2010	Kanpur
	10.03.2010	Ghazipur
IEC Activity(6)	15.02.2010	All 6 venues same as above
District Level Training Program (6)	23 rd - 25 th Feb.10	Lucknow
	4 th - 6 th March 10	Azamgarh
	4 th - 6 th March 10	Faizabad
	8 th - 10 th March 10	Moradabad
	12 th - 14 th March 10	Allahabad
	16 th - 18 th March 10	Kanpur

Glimpse of activities in the state



WEST BENGAL



The state accomplished the following activities under the National Campaign as laid in the table below thus contributing to the success of the National Campaign.

S. No.	Activities held in the state	No. of activities
1.	State Level Workshop	1
2.	State Level Training of Trainers Program	1
3.	Community Awareness Camps through CCRH Research Centers & Homoeopathic Medical colleges	68
4.	MCH OPD Clinics through CCRH Research Centers & Homoeopathic Medical colleges	7
5.	Total no. of patients screened through Camps & Clinics	17046

DISTRICT LEVEL PROGRAMS

ACTIVITY	DATE OF PROGRAM	VENUE
District Level Orientation Program & IEC Activity (6,6) District Level Training Program (6)	7.9.2009	24 Parganas (South)
	4.9.2009	Howrah
	26.8.2009	Paschim Medinipore
	24.8.2009	Burdwan
	2.9.2009	Birbhum
	7.9.2009	24 Parganas (North)

The program was launched with an aim to sensitize personnel of present health system irrespective of branches, the PRI's and ICDS officers and health workers regarding the strength & efficacy of homoeopathic system of medicine in the field of Mother & Child Care and provide a platform for exchange and orientation of knowledge among physicians of different branches in the districts. Out of 19 districts, the above said 5 were chosen for One Day Orientation Program and thereafter three days Training Program on Homoeopathy for Mother & Child Care.

The training schedule included scientific seminar, case presentation by State Resource Persons and discussion on the implementation of MCH Program at Village Level.

Venue: District Head Quarters

Total number of participants- 180; number restricted according to the set up of the districts. Dignitaries, CMOHs, Dy. CMOH's. District Welfare Officer, Swasthya Karmadhakshya (PRIs) BMOHs, all HOMs, HMOs of Panchayat Dispensaries

A **block level training program** was organized after the district program on homoeopathic system of medicine for the ANM for treatment of a few common ailments of mother and children. A total number of 121 Blocks were chosen from the above mentioned districts. Training was held at the Block headquarters.

The main objective of the campaign was to train all ANMs at Gram Panchayats within the Block where GP or a State Homoeopathic Dispensary manned by a HMO existed. Medicine kit containing 25 medicines for first line management as per guidelines of CCRH, Government of India along with sundries were provided from State Headquarters.

Training Module and training materials prepared in Bengali, containing details about common ailments of pregnant mother & children and their homoeopathic management in accordance with the guidelines of CCRH, Govt. of India was distributed from State Headquarters for the purpose.

Glimpse of activities in the state





BENEFIT TO PATIENTS AT LARGE

The Campaign benefitted a large number of people & turned out to be a huge success. The total number of patients screened during the Campaign, from inception till end was an impressive i.e. **4, 23,995.**

FEEDBACK PROFORMA ON NATIONAL CAMPAIGN

As the Campaign came to an end in the month of March 2012, Council decided to call for a “Feedback” on the activities of National Campaign from all State AYUSH Depts., Homoeopathic Medical Colleges & CCRH Research Centers. As a result, a Feedback Proforma was designed by Council & sent to all concerned for their views/ opinions on the Campaign.

Responses have been received from **22** CCRH Research Centers, **50** Homoeopathic Medical Colleges & **5** State AYUSH Depts., on the basis of which final assessment was made.

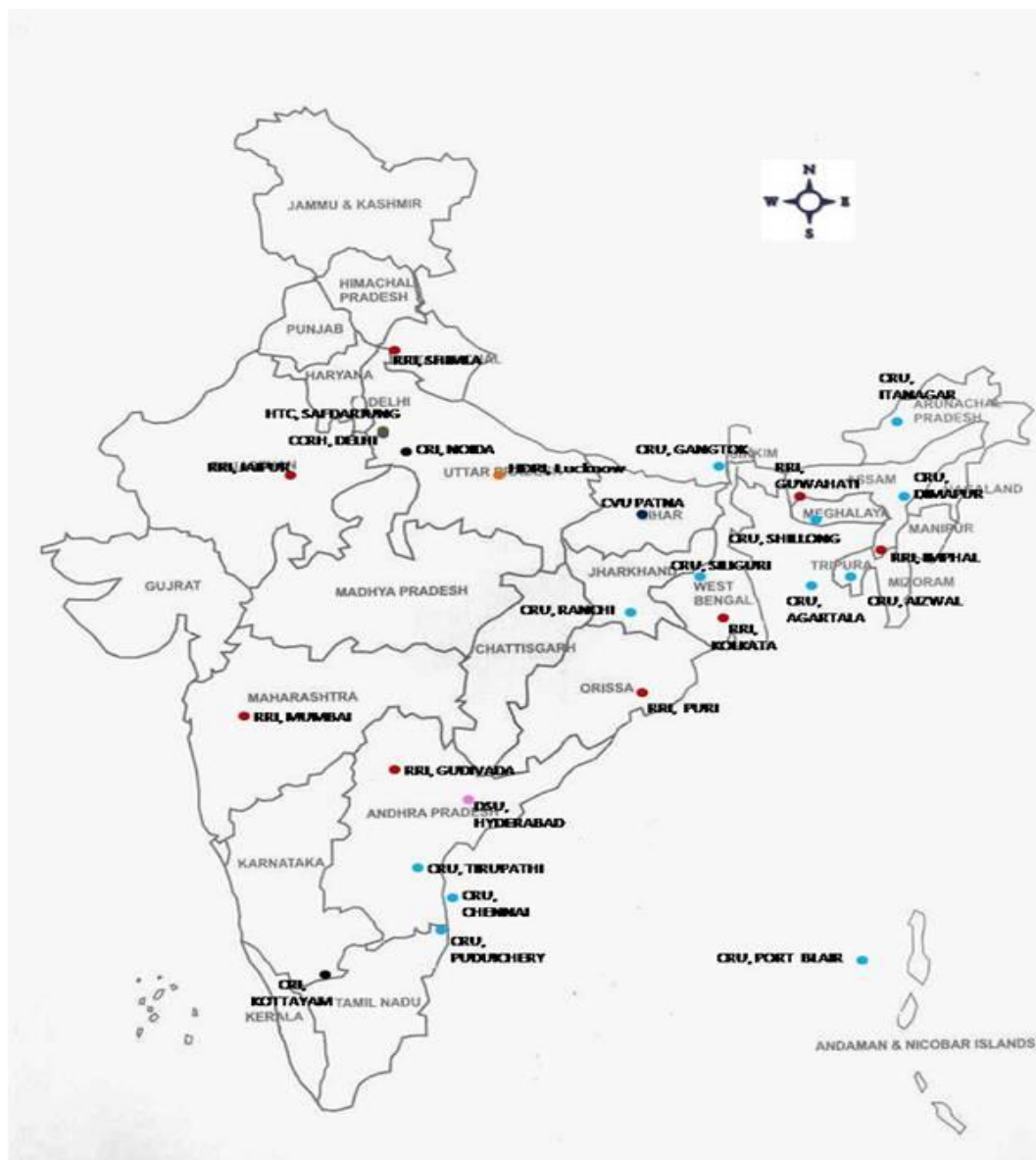
S. No.	Homoeopathic Medical Colleges	S. No.	Homoeopathic Medical Colleges
1	M.S. Pathak Homoeopathic Medical College & Hospital, Vadodra, Gujarat	26	Dr. Hahnemann Homoeopathy Medical College, & Research Centre, Rasipuram
2	Shri Shamlaji Homoeopathic Medical College and Research Institute, Godhra, Gujarat	27	R.V.S.Medical Trust Homoeopathic Medical College, Coimbatore
3	Anand Homoeopathic Medical College and Research Institute, Anand, Gujarat	28	White Memorial Homoeopathic Medical College, Veeyanoor
4	Smt. Malini Kishore Sanghavi Homoeopathic Medical College, Vadodra, Gujarat	29	Sarada Krishna Homoeopathy Medical College, Kulasekharam
5	Rajkot Homoeopathic medical College, Rajkot	30	Anushree Homoeopathic Medical College, Jabalpur
6	C.N Kothari Homoeopathic Medical College and Research centre, Tapi	31	Sendhwa Homoeopathic Medical College & Hospital, Sendhwa
7	Chandravatiben Dhansukhlal Pachchigar College of Homoeopathic Medicine and Hospital, Surat	32	Narayan Shree Homoeopathic Medical College and Hospital, Bhopal
8	Dr.V.H.Dave Homoeopathic Medical College and Smt. S.I. Patel (Ipcowala) Homoeopathic Hospital, Anand	33	Dr.Rambalak Singh Gaya Homoeopathic Medical College & Hospital, Gaya
9	Gulabrao Patil Homoeopathic Medical College, Miraj	34	Magadh Homoeopathic Medical College, Nalanda
10	D.S. Homoeopathic Medical College, Pune	35	R.B.T.S. Govt. homoeopathic Medical College, Muzzaffarpur
11	Purushottamdas Bagla homoeopathic	36	Singhbhum Homoeopathic Medical



	Medical College and Hospital, Chandrapur		College and Hospital , Jamshedpur
12	Dr. M.L. Dhawale Memorial Homoeopathic Institute, Palghar	37	Bhagwan Buddha Homoeopathic Medical College and Hospital, Bangalore
13	Dr.J.J.Magdum Trust's Homoeopathic Medical College, Kolhapur	38	Bhartesh Homoeopathic Medical College, Belgaum
14	Shri Janta Homoeopathic Medical College, Akola	39	Father Muller Homoeopathic Medical College & Hospital, Mangalore
15	Motiwala(National)Homoeopathic Medical College and Hospital, Nashik	40	Swasthya Kalyan Homoeopathic Medical College & Research Centre, Jaipur
16	SMPSK Homoeopathic Medical College & Hospital, New Nanded	41	Solan Homoeopathic Medical College & Hospital (Under Health Trust of India), Solan
17	Ahmednagar Homoeopathic Medical College, Ahmednagar	42	Homoeopathic Medical College and Hospital, Chandigarh
18	M.H.F.'s Homoeopathic Medical College and Hospital, Sangamner	43	Kalyan Homoeopathic Medical College, Tarn Taran
19	National Medical College of Homoeo. Science (Vamanrao Ithape Homoeopathic Medical College), Sangamner	44	J.R. Kissan Homoeopathic Medical College and Hospital, Rohtak.
20	Bakson Homoeopathic Medical College & Hospital, Grater Noida (UP)	45	Dr. J.K.Saikia Govt. Homoeopathic Medical College, Jorhat
21	State Shri Durgaji Homoeopathic Medical College and Hospital, Azamgarh	46	Kamaxi Devi Homoeopathic Medical College, Goa-
22	State Ghazipur Homoeopathic Medical College and Hospital, Ghazipur		
23	State National Homoeopathic Medical College and Hospital, Lucknow		
24	J.S.P.S Govt. Homoeopathic Medical college, Hyderabad		
25	Govt. Homoeopathic Medical College, Cuddapah		

S. No.	State AYUSH Depts.
1.	Govt. of Delhi
2.	Govt. of Goa
3.	Govt. of Mizoram
4.	Govt. of Arunachal Pradesh
5.	Govt. of Chhattisgarh

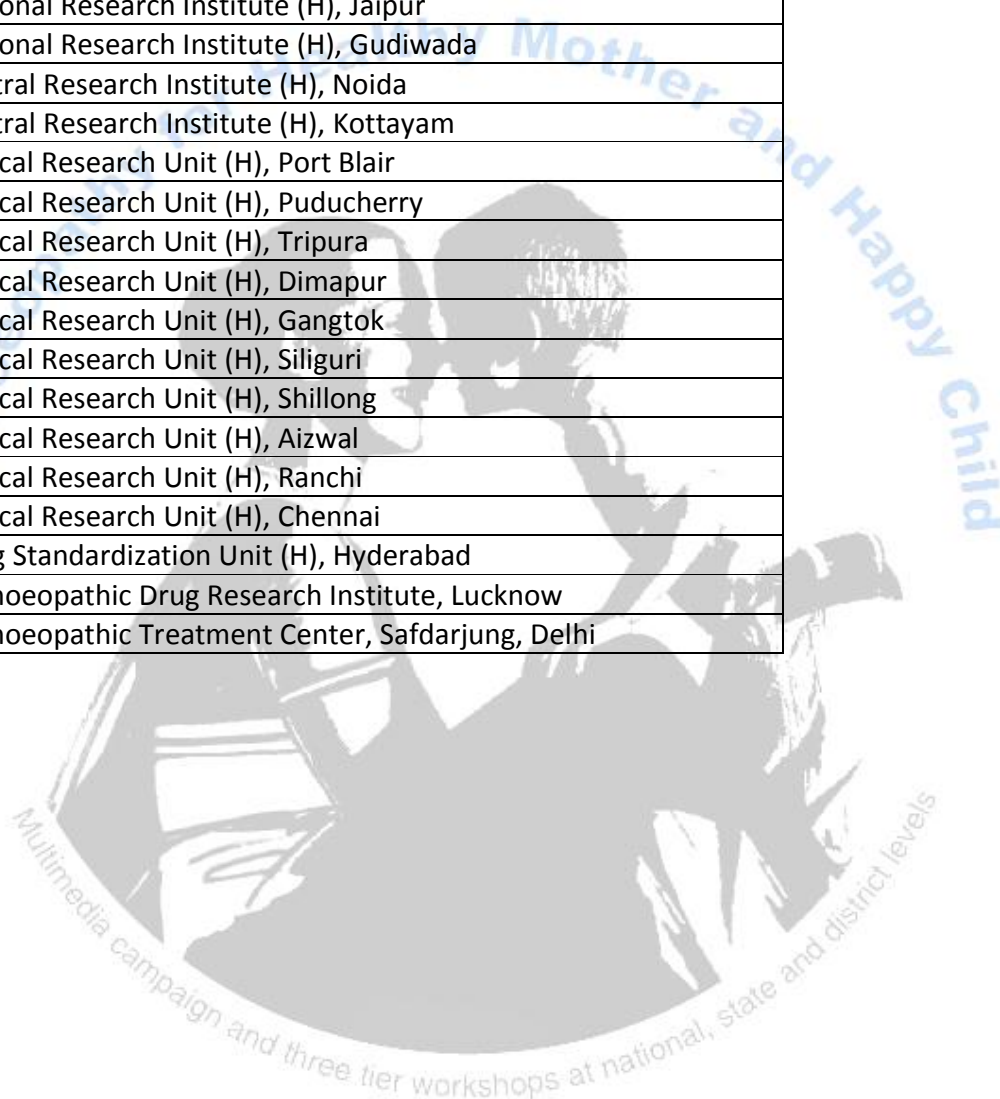
CCRH NETWORK OF INSTITUTE/ UNIT



- **CCRH HEADQUARTERS**
- **HTC, SAFADARJUNG**
- **CENTRAL RESEARCH INSTITUTE**
- **REGIONAL RESEARCH INSTITUTE**
- **HOMOEOPATHIC DRUG RESEARCH INSTITUTE**
- **REGIONAL RESEARCH INSTITUTE**
- **DRUG STANDARDIZATION UNIT**
- **REGIONAL RESEARCH INSTITUTE**

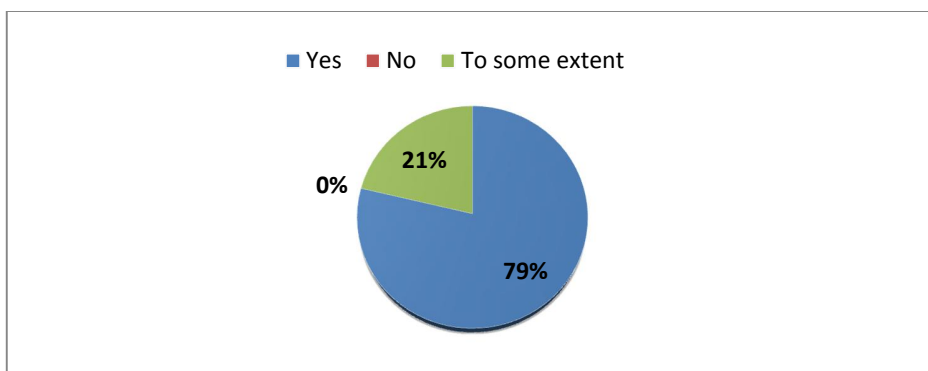


S. No.	CCRH Research Centers
1.	Regional Research Institute (H), Guwahati
2.	Regional Research Institute (H), Shimla
3.	Regional Research Institute (H), Imphal
4.	Regional Research Institute (H), Puri
5.	Regional Research Institute (H), Jaipur
6.	Regional Research Institute (H), Gudiwada
7.	Central Research Institute (H), Noida
8.	Central Research Institute (H), Kottayam
9.	Clinical Research Unit (H), Port Blair
10.	Clinical Research Unit (H), Puducherry
11.	Clinical Research Unit (H), Tripura
12.	Clinical Research Unit (H), Dimapur
13.	Clinical Research Unit (H), Gangtok
14.	Clinical Research Unit (H), Siliguri
15.	Clinical Research Unit (H), Shillong
16.	Clinical Research Unit (H), Aizwal
17.	Clinical Research Unit (H), Ranchi
18.	Clinical Research Unit (H), Chennai
19.	Drug Standardization Unit (H), Hyderabad
20.	Homoeopathic Drug Research Institute, Lucknow
21.	Homoeopathic Treatment Center, Safdarjung, Delhi

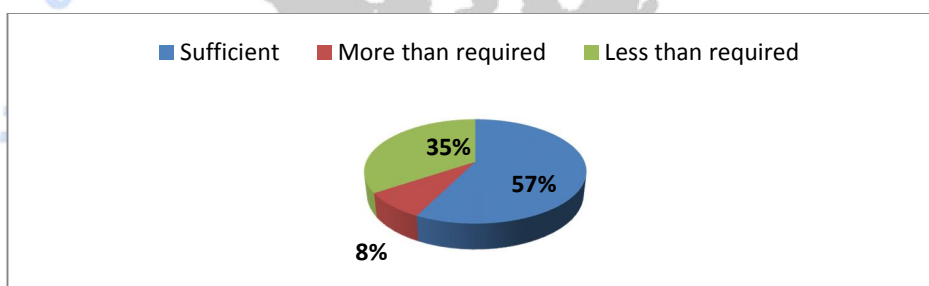


REVIEW OF FEEDBACK Highlights of important points

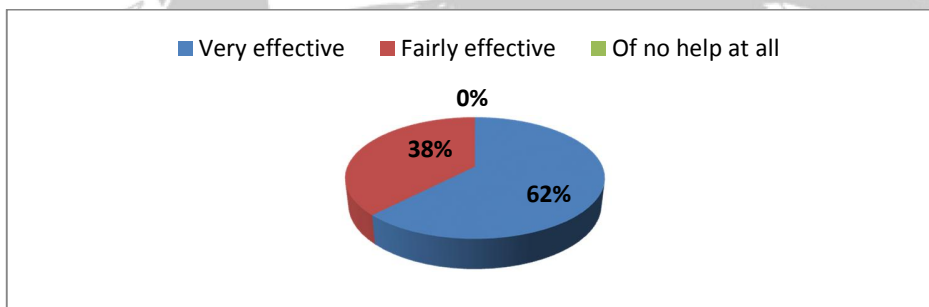
1. Was the purpose of creating awareness about role of Homoeopathy in Mother & Child Care achieved through Community Awareness Camps & MCH Clinics?



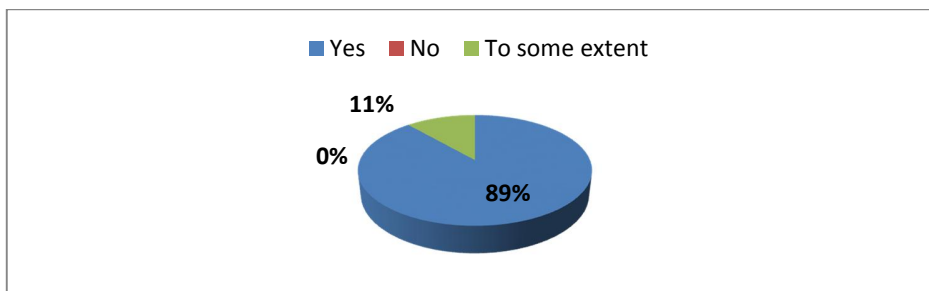
2. Was the number of Community Awareness Camps assigned sufficient enough to create awareness at grass root levels?



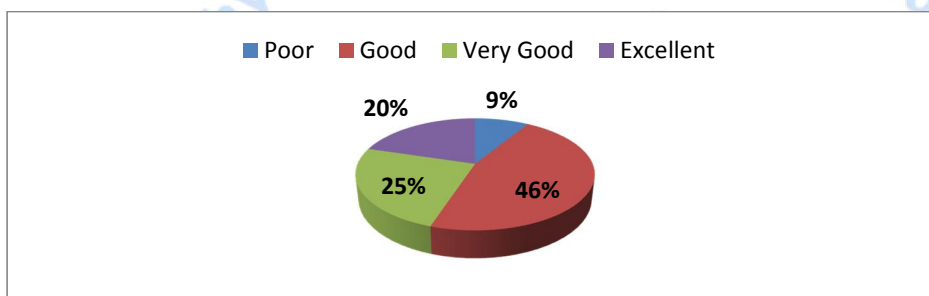
3. Did you feel that the promotion through handouts/posters was effective in communicating the contents & topics related to Mother & Child Health?



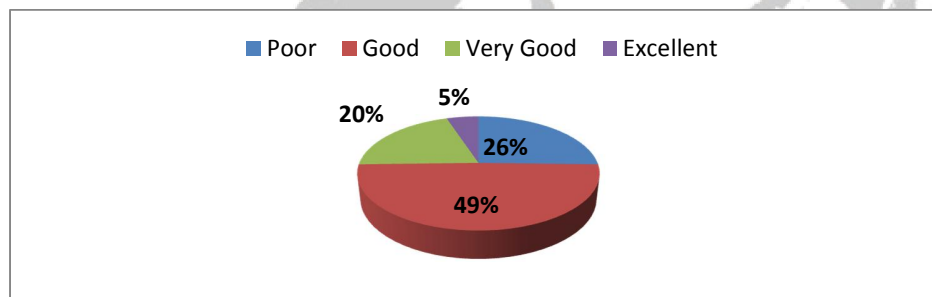
4. Did the camps deliver a positive outlook & approach on role of Homoeopathy in Mother & Child Care?



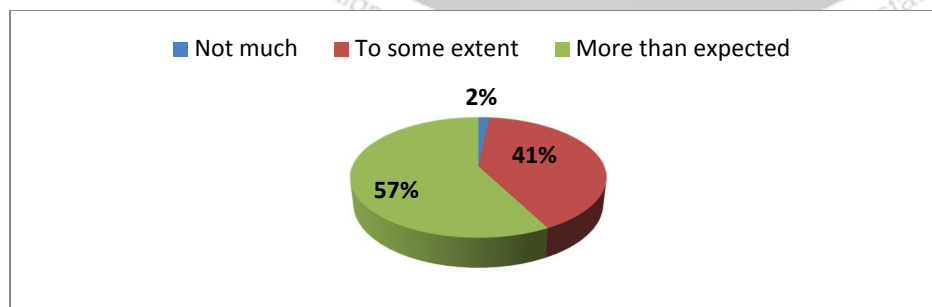
5. How was the response of MCH OPD clinic in your area?



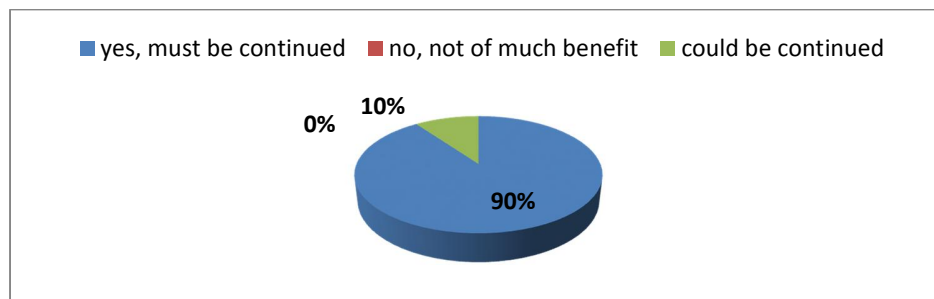
6. What was the level of awareness among common people about the role of Homoeopathy in Mother & Child Care?



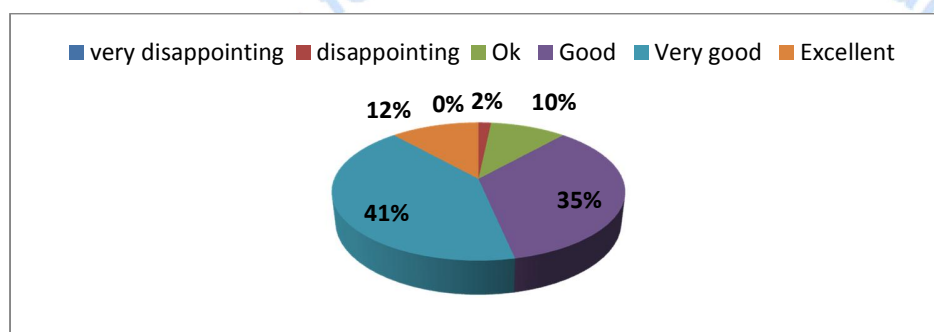
7. To what extent did Homoeopathy helped in reducing the ailments of Mother & Child?



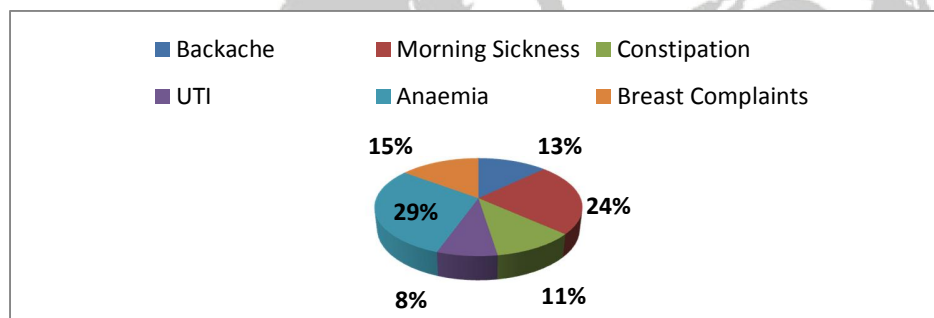
8. Would you recommend continuation of MCH clinics & community camps in future?



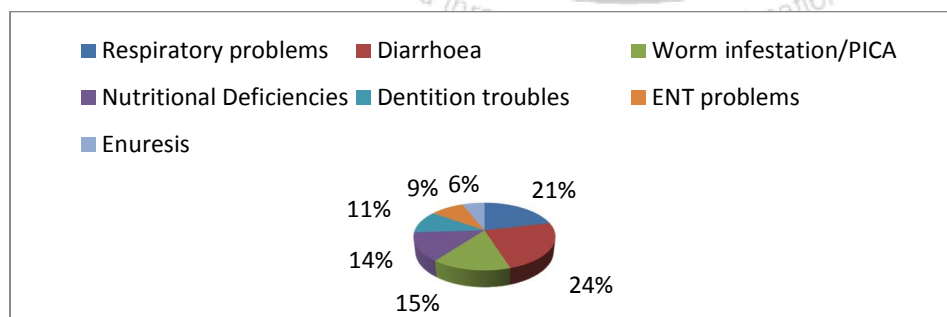
9. Overall rating for the National Campaign on Homoeopathy for Mother & Child Care?



10. What were the commonest conditions dealt at the MCH Obstetric Clinic?



11. What were the commonest conditions dealt at the MCH Paediatric Clinic?





12. What were the high points of National Campaign?

- Misconceptions regarding Homoeopathy could be cleared
- Good number of patients attended the MCH Camps
- General patients were also attracted to camps & hence were benefitted
- Awareness created about the role of Homoeopathy in diseases of Mother & Child
- Popularity of Homoeopathy increased through the Campaign; patients were treated at their doorsteps
- Benefit of the poor people at large
- IEC material helped in creating awareness about the role of Homoeopathy
- Campaign conducted in coordination with the local NGO's, PHC's, CHC's
- Safe & easy mode of administration of medicines
- Cost effective & economical
- Good exposure for students/interns/ PG Students who attended the camps & clinics
- Importance of vaccination was established
- Direct communication with local people and understanding their problems in a better way
- Paediatricians & Gynaecologists also provided services in the camps

13. What were the low points of National Campaign?

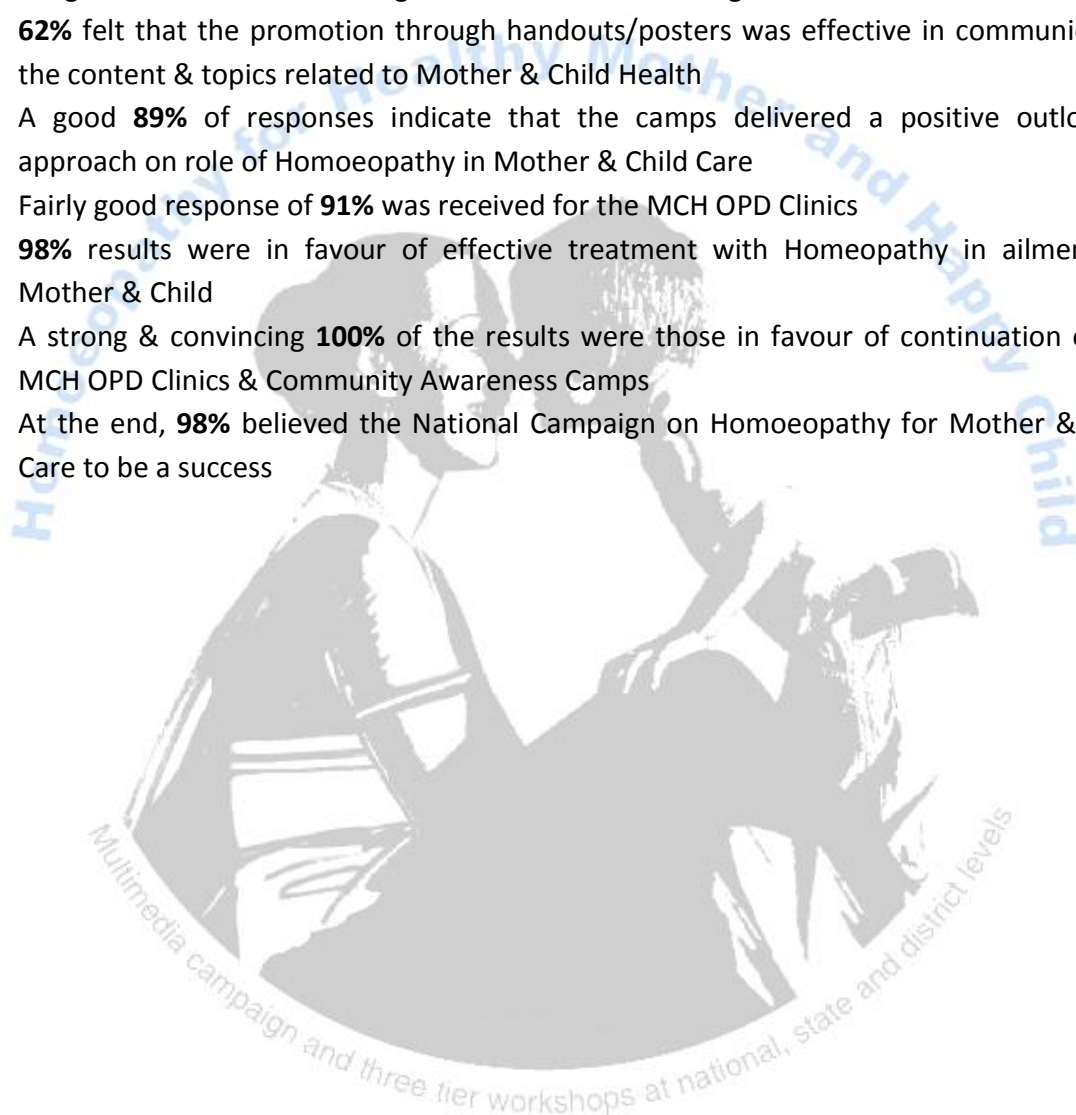
- Only 12 camps assigned per year & the venue was not to be repeated
- Selection of location for camp within a radius of 40 kms is difficult, especially in mountain region
- Since the camp site was far away from Research Center, in few camps, desired number of patients could not attend due to paucity of time
- No proper follow up of camps
- Limitation of conducting camps in the island territories
- Less number of obstetric patients were attracted to the camps
- Lack of staff including doctors at the CCRH Research Centers
- Budget assigned for medicines was less
- Number of Ante-natal cases were very few
- Tough task to explain about benefits of Homoeopathy to poor, illiterate people
- Lack of laboratory facilities at the camp site
- Lack of skills of homoeopathic doctors in treating obstetric & paediatric cases, which should be strengthened by means of State/ District Level training
- Lack of planning at base level to follow up the cases at the camps
- Better integrated approach with focus on nutrition as majority of cases dealt were due to malnutrition, vitamin deficiencies & poor hygiene



CONCLUSION

On basis of the reviews received in the Feedback Proforma, following inferences could be made:

- The purpose of creating awareness about role of Homoeopathy in Mother & Child Care was achieved greatly through Community Awareness Camps & MCH Clinics
- **57%** of the respondents believed that the number of Community Awareness Camps assigned were sufficient enough to create awareness at grass root levels
- **62%** felt that the promotion through handouts/posters was effective in communicating the content & topics related to Mother & Child Health
- A good **89%** of responses indicate that the camps delivered a positive outlook & approach on role of Homoeopathy in Mother & Child Care
- Fairly good response of **91%** was received for the MCH OPD Clinics
- **98%** results were in favour of effective treatment with Homeopathy in ailments of Mother & Child
- A strong & convincing **100%** of the results were those in favour of continuation of the MCH OPD Clinics & Community Awareness Camps
- At the end, **98%** believed the National Campaign on Homoeopathy for Mother & Child Care to be a success






SWOT ANALYSIS

STRENGTHS

- Homoeopathic concept to health & approach to health is holistic. It has been described as a multidimensional process involving the well-being of the whole person (mind, body, soul) in the background of his environmental influences. Therefore, all the symptoms are verified & analyzed both at the subjective & objective level.
- The holistic homoeopathic treatment enables us to correct not only the physio- biochemical disturbances & pathology involved in the disease process, but also to identify & manage the predisposing factors involved in the causation of the disease.
- As homoeopathic treatment is holistic in nature, it can take care of other diseases along with the one dealt thereby improving the overall health status of the individual.
- With the constitutional homoeopathic treatment, we can retard the progress of the disease, & keep the disease under latent state, especially in cases where cure is not possible by both conventional & homoeopathic treatment
- It is a well known fact that those children, who have been on homoeopathic medication since their birth, grow healthier & develop a better immune system
- Numbers of medicines in Materia Medica are immense, & the treatment plan can be tailored to suit each individual patient
- Improvement indices, both subjective & objective, & favorable pathological changes can be appreciated easily with the help of investigations
- Creating awareness among policy makers, health providers & common man
- Community outreach at large through Community Awareness Camps all across the country
- Homoeopathy, a safe mode of treatment, especially for children
- Children like sweet pills; easy administration of medicine
- No side effects
- Low cost & easily affordable
- Builds up the immune system complex
- Assurance of a safe delivery
- Improves lactation
- Best mode of treatment to deal with common complaints of pregnancy
- Important role in stabilization in cases of pre & post surgical intervention (for e.g. APH, PPH)
- Constitutional treatment during pregnancy helps in preventing the hereditary transmission of specific diseases

WEAKNESSES

- There has been limited assessment of the efficacy of homoeopathic treatment, especially with respect to the mechanism of action of drugs & to the standardization of intervention plan
- No assurance to the patient regarding the duration of the treatment due to the obstacles in the way of treatment
- Lack of proper coordination between the Council & State AYUSH authorities

- 
- Poor follow up of cases seen during the camps or at MCH Clinics
 - Quantitative data; no qualitative data
 - Authentication of data questionable
 - No thorough assessment of trainers after the training program conducted at state/ district level
 - Poor coordination of state level activities in some states

OPPORTUNITIES

- Increase in the number of patients for a better analysis of the effect of the homoeopathic drugs. For this, there should be more referrals from the general OPD of the institution, other hospitals & from peripheral centers.
- **Continuation of Community Awareness Camps all across the country to provide basic healthcare through Homoeopathy**
- Continuation of district level training programs
- **Continuation of the National Campaign as a whole to popularize the homoeopathic system of medicine & to reach more people at grass root levels**

THREATS

- Non-cooperation from the State Govts. lead to incomplete Campaign at State/ District Level



INDIVIDUAL ACHIEVEMENTS

BEST STATES- STATE LEVEL ACTIVITIES

On the basis of the targets & achievements of the activities conducted at State/ District Levels under the National Campaign, the following five States, out of 35 (including U.T.'s), have been found to be the most efficient as maximum number of activities were conducted in these states which in turn created maximum awareness about the role of Homoeopathy in Mother & Child Health Care. The top five states are as follows:

S. No.	STATE	TOTAL NUMBER OF ACTIVITIES CONDUCTED AT STATE/ DISTRICT LEVELS
1.	Delhi	29
2.	Uttar Pradesh	21
3.	West Bengal	20
4.	Punjab	15
5.	Andhra Pradesh, Tripura	14

BEST STATES- COMMUNITY AWARENESS CAMPS & CLINICS THROUGH HOMOEOPATHIC MEDICAL COLLEGES & CCRH RESEARCH CENTERS

Ninety Six Homoeopathic Medical Colleges & twenty six Research Centers of CCRH were enlisted for conducting Community Awareness Camps & to run MCH OPD Clinics both having reaped maximum benefit for the Campaign in the form of taking Homoeopathy to large number of population at grass root level & to establish the efficacy of homoeopathic system of medicine in the diseases of mother & child.

On the basis of conducting the maximum number of camps & thus benefitting a large group of population, following five states have been found to be efficient. The name of states & the total number of camps along with beneficiaries is listed below in the table.

S. No.	STATE	TOTAL NUMBER OF CAMPS CONDUCTED THROUGH HOMOEOPATHIC MEDICAL COLLEGES & CCRH RESEARCH CENTERS	TOTAL NUMBER OF PATIENTS BENEFITTED
1.	Maharashtra	238	49,845
2.	Gujarat	246	43,633
3.	Uttar Pradesh	105	26,900
4.	Madhya Pradesh	36	24,974
5.	Karnataka	91	22,011



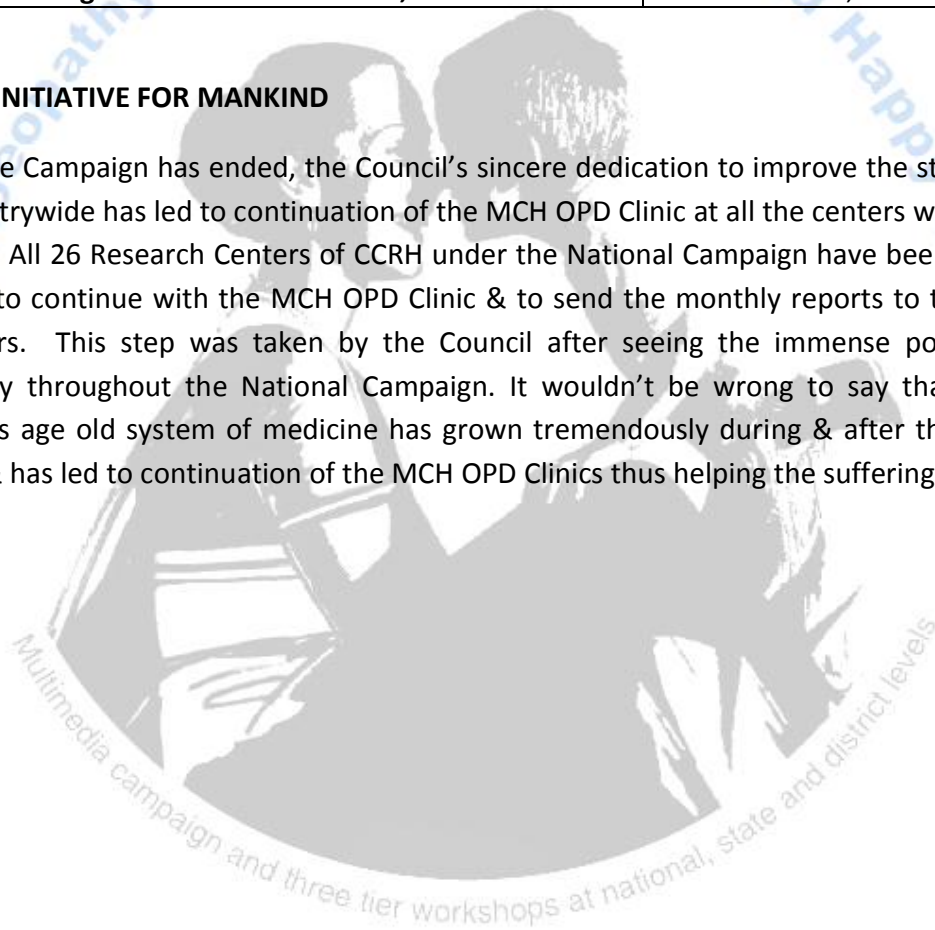
BEST CCRH RESEARCH CENTERS- COMMUNITY AWARENESS CAMPS & CLINICS

Out of the network of 26 Research Centers of CCRH, five best Centers have been listed below for carrying out exceptional work during the National Campaign. The names have been shortlisted on the basis of total number of patients benefitted through camps & clinics.

S. No.	CCRH RESEARCH CENTERS	TOTAL NUMBER OF PATIENTS BENEFITTED
1.	Central Research Institute, Noida	11,720
2.	Regional Research Institute, Navi Mumbai	8,737
3.	Central Research Unit, Siliguri	6,159
4.	Regional Research Institute, Jaipur	4,954
5.	Regional Research Institute, Gudivada	4,834

COUNCIL'S INITIATIVE FOR MANKIND

Although the Campaign has ended, the Council's sincere dedication to improve the standards of health countrywide has led to continuation of the MCH OPD Clinic at all the centers where it was established. All 26 Research Centers of CCRH under the National Campaign have been informed & directed to continue with the MCH OPD Clinic & to send the monthly reports to the Council headquarters. This step was taken by the Council after seeing the immense popularity of Homeopathy throughout the National Campaign. It wouldn't be wrong to say that people's belief in this age old system of medicine has grown tremendously during & after the National Campaign & has led to continuation of the MCH OPD Clinics thus helping the suffering humanity.



A MEMORABILIA OF ACTIVITIES UNDER NATIONAL CAMPAIGN

